



Café Salud

Actividades/Activities

Septiembre/September

2026



Lunes/Monday	Martes/Tuesday	Miercoles/Wednesday	Jueves/Thursday	Viernes/Friday
	1 4:00pm– Decorative fairy light lanterns 5:30 – La cena 7-8:00– Memory games —Socialize	2 4:00pm— Sewing workshop w/ Ruthy: fabric frogs 5:30—La cena 6:15-8:00- BINGOCIZE Socialize		
	8 4:00pm– The Food Bank of Delaware Guest Speaker: Chad Robinson 5:30 – La cena 6:15-7– Spanish Class 7-8:00— Loteria, Socialize	9 4:00pm– Gods eye craft 5:30 – La cena 6:15-8:00– Game: Yo Tengo Quien Tiene BINGOCIZE, Socialize		
	15 4:00pm– Hispanic Heritage Month Celebration 5:30— La cena 7-8:00– Cactus crafts Loteria —Socialize	16 4:00pm– Arts and crafts w/ Maria Rehoboth Art League 5:30 – La cena 6:15-7:00 – BINGOCIZE 7-8:00 - Socialize		



Café Salud

Actividades/Activities Septiembre/September 2026



Lunes/Monday	Martes/Tuesday	Miercoles/Wednesday	Jueves/Thursday	Viernes/Friday
	22 4:00pm – ZUMBA! 5:30– La Cena 6:15-8:00–Rock painting Socialize	23 4:00 PM— Piñata making 5:30—La Cena 6:15-8:00 – Games: Trivia BINGOCIZE Socialize		
	29 4:00pm – Paint Night! 5:30– La Cena 6:15-8:00– Loteria Socialize	30 4:00pm – Senior Wellness and Resource Speaker: Logan Jarrell BSN & RN 5:30– La Cena 6:15-8:00– Arts and crafts– coffee and bread felts —Bingocize Socialize		
				