

				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Lemon Pepper Fish Steamed Or Baked Rice Capri Blend Vegetables Whole Wheat Roll/Bread Fresh Fruit Skim Milk	2 Mushroom Pork Chop Baked Sweet Potato Half Brussels Sprouts Whole Wheat Roll/Bread Fresh Banana Skim Milk	3 Honey Mustard Chicken Twice Baked Potato Casserole Turnip Greens Whole Wheat Roll/Bread Assorted Cookies Skim Milk	4 ACTIVITY CENTERS CLOSED
7 CLOSED LABOR DAY	8 Ratatouille Wild Rice Blend Buttered Spinach Whole Wheat Roll/Bread Applesauce Skim Milk	9 Shrimp Creole Grits Shredded Cheese Steamed Broccoli Fresh Fruit Whole Wheat Roll/Bread Skim Milk	10 Chicken and Dumplings Peas and Carrots Whole Wheat Roll/Bread Fruit Of The Day Skim Milk	11 Crab Soup Chef Salad Fig Cookie Bar Saltine Crackers Skim Milk
14 Rigatoni Bolognese Garlic Green Beans Chilled Peaches Whole Wheat Roll/Bread Skim Milk	15 Turkey Divan Baked Mashed Potatoes Green Peas Applesauce Whole Wheat Roll/Bread Skim Milk	16 Baked Fish Florentine Mushroom Risotto Stewed Tomatoes Whole Wheat Roll/Bread Brownie Skim Milk	17 Chicken Cacciatore Garlic Herb Gnocchi Whole Wheat Roll/Bread Fresh Fruit Skim Milk	18 Minestrone Soup Cheese Pizza Cucumber Dill Salad Ice Cream Skim Milk
21 Hot Dog On Bun Baked Beans Vegetarian Cole Slaw Applesauce Skim Milk	22 Vegetable Frittata Breakfast Potatoes Spinach Mushroom Fresh Orange Whole Wheat Roll/Bread Skim Milk	23 Beef and Rice Casserole Capri Blend Vegetables Whole Wheat Roll/Bread Banana Cream Pie Skim Milk	24 Honey BBQ Chicken Baked Sweet Potato Half Broccoli Slaw Whole Wheat Roll/Bread Pudding Cup Skim Milk	25 Hamburger Barley Soup Tuna Pasta Salad Fruit Of The Day Saltine Crackers Skim Milk
28 Pork & Veg Stir Fry Lo Mein Noodles Whole Wheat Roll/Bread Chilled Fruit Cup Skim Milk	29 BBQ Turkey Sandwich Baked Sweet Potato Fries Green Beans Mushroom Diced Peach Fluff Skim Milk	30 Crispy Beef Taco Mexican Street Corn Cilantro Lime Black Beans Fresh Fruit Cup Skim Milk		