

Monday	Tuesday	Wednesday	Thursday	Friday
3 8:00 -Gym 8:30 - Weight Watchers 9:15 Walmart 10:15 Chair Yoga 11:30 -Lunch 12:00 - Nickel Poker 12:00 - Knitting & Crocheting 12:30 - Penny Bingo 1:30 - Cards 1:30 Table Tennis	4 8:00 - Gym 8:00 - Texercise 9:00 -Zumba 10:15 - Tai Chi 11:30 - Lunch 1:00 - Mahjongg 1:00 - Memory Café 1:00- Caregiver Support 	5 8:00 - Gym 8:00 - Texercise 9:00 - Michigan Rummy and Scrabble 9:30 -Bank, P.O., Drug Store 11:30 - Lunch 12:00 Bunco 12:30 Prize Bingo	6 8:00 - Gym 8:15 –Chair yoga/ exercise 9:00 - Zumba 9:15 Spence's Bazaar in Dover (eat lunch there) 10:00 - Spades 10:15 -Tai Chi 11:30 -Lunch 12:00 - Nickel Poker 12:30 -Nickel poker	7 8:00- Gym 8:00 - Texercise 8:30 Breakfast 10:00– Bible Study 10:00 Dollar tree 11:30 - Lunch 12:30 - Penny Bingo 1:30 –Bridge
10 8:00 -Gym 8:30 - Weight Watchers 9:15 Walmart 10:15 Chair Yoga 11:30 -Lunch 12:00 - Nickel Poker 12:00 - Knitting & Crocheting 12:30 - Penny Bingo 1:30 - Cards 1:30 Table Tennis 	11 8:00 - Gym 8:00 - Texercise 9:00 -Zumba 9:15– Nanticoke Indian Museum \$5 (return for lunch) 10:15 - Tai Chi 12:00 Dr. George-PT Works 11:30 - Lunch 1:00 - Mahjongg 1:00 - Memory Cafe	12 8:00 - Gym 8:00 - Texercise 9:00 - Michigan Rummy and Scrabble 9:30 -Bank, P.O., Drug Store 11:30 - Lunch 12:00 Bunco 12:00 Membership Meeting 12:30 Prize Bingo 4:00-6:00 Prize Bingo and Dinner	13 8:00 - Gym 8:15–Chair yoga/ exercise 9:00 - Zumba 10:00 - Spades 10:15 -Tai Chi 11:30 -Lunch 12:00 - Nickel Poker 12:30 -Nickel poker 1:00 Blind Support DE 	14 8:00- Gym 8:00 - Texercise 8:30 Breakfast 10:00– Bible Study 10:00 Dollar tree 11:30 - Lunch 12:30 - Penny Bingo 1:30 –Bridge

Monday	Tuesday	Wednesday	Thursday	Friday
17 8:00 Gym 8:30 Weight Watchers 9:30 Wal-Mart 10:15 Chair Yoga 11:30 Lunch 12:00 - Nickel Poker 12:00 Knitting & Crocheting 12:30 Penny Bingo 1:30 Cards 1:30 Table Tennis	18 8:00 Gym 8:00 Texercise 9:00 Zumba 9:15– Target and IHop in Doveer 10:15 Tai Chi 11:30 Lunch 1:00 Mahjongg 1:00 - Memory Café 1:00– Caregiver Support	19 8:00 - Gym 8:00 - Texercise 9:00 - Michigan Rummy and Scrabble 9:30 -Bank, P.O., Drug Store 11:30 - Lunch 11:30 Nutrition Ed 12:00 Bunco 12:30 Prize Bingo	20 8:00 Gym 8:15 –Chair yoga/ exercise 9:00 Zumba 9:15 - Christian Storehouse (return for lunch) 10:00 - Spades 10:15-Tai Chi 11:30 Lunch 12:00 - Nickel Poker 12:30 Nickel poker	21 8:00-Gym 8:00 Texercise 8:30 Breakfast 10:00– Bible Study 10:00 Dollar Tree 11:30 Lunch 12:30 Penny Bingo 1:30 –Bridge 
24 8:00 Gym 8:30 Weight Watchers 9:30 Wal-Mart 10:15 Chair Yoga 11:30 Lunch 12:00 - Nickel Poker 12:00 Knitting & Crocheting 12:30 Penny Bingo 1:30 Cards 1:30 Table Tennis	25 8:00 Gym 8:00 Texercise 9:00 Zumba 10:15 Tai Chi 11:30 Lunch 1:00 Mahjongg 1:00 - Memory Cafe	26 8:00 - Gym 8:00 - Texercise 9:00 - Michigan Rummy and Scrabble 9:30 -Bank, P.O., Drug Store 11:30 - Lunch 12:00 Bunco 12:30 Prize Bingo	27 8:00 Gym 8:15 –Chair yoga/ exercise 9:00 Zumba 9:30 –Trap Pond boat tour and picnic \$10.50 10:00 - Spades 10:15 Tai Chi 11:30 Lunch 12:00 - Nickel Poker 12:30 Nickel poker	28 8:00-Gym 8:00 Texercise 8:30 Breakfast 10:00– Bible Study 10:00 Dollar Tree 11:30 Lunch 12:30 Penny Bingo 1:30 –Bridge
31 8:00 Gym 8:30 Weight Watchers 9:30 Wal-Mart 10:15 Chair Yoga 11:30 Lunch 12:00 - Nickel Poker 12:00 Knitting & Crocheting 12:30 Penny Bingo 1:30 Cards	 			