



Harbour Lights CHEER Center

34211 Woods Edge Drive
Lewes, DE 19958 • 302.645.9239

August 2026



Monday	Tuesday	Wednesday	Thursday	Friday
3 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:30 Milford Wal-Mart 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Nickel Bingo 12:30 Fitness Center Opens	4 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Conley Chapel Thrift Store & Fresh Produce Sale (Cash Only) 10:00 Skip Bo 11:30 Lunch/Grab and Go 11:45 PT Works Presentation with Dr. George 12:15 Bible Study with Angela 12:30 Fitness Center Opens	5 8:00 Center Opens 8:00 Fitness Room Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Memory Games 9:30 Grocery Store, Bank, Post Office, and Drug Store 10:00 Tech Hour 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo	6 8:00 Center Opens 8:00 Fitness Room Opens 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Aldi's, TJ Maxx and HomeSense 11:00 Grab and Go 11:30 Lunch 12:15 Mingo	7 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 UNO No Mercy! 10:30 Blood Pressure Checks with PAM Rehab 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo 12:30 Fitness Center Opens
10 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Ocean Blue Thrift Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Memory Café 12:30 Fitness Center Opens	11 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Milon Family Dollar and Food Lion 10:00 Skip Bo 11:30 Lunch/Grab and Go with Dr. George 12:15 Bible Study with Angela 12:30 Fitness Center Opens	12 8:00 Center Opens 8:00 Fitness Room Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Memory Games 9:30 Grocery Store, Bank, Post Office, and Drug Store 10:00 Tech Hour 11:00 Grab and Go 11:30 Lunch 11:45 Nutrition Ed 12:15 Nickel Bingo	13 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Breakfast Bash \$ 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Barnes and Noble and 5 Below 10:30 Pet Therapy with Paris 11:00 Grab and Go 11:30 Lunch 12:15 Uno No Mercy!	14 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Crafts with Suzie 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo 12:30 Fitness Center Opens



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17 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:30 Ollies in Milford 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Memory Café 12:30 Fitness Center Opens 	18 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Acme, Marshall's and Staples 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Bible Study with Angela 12:30 Fitness Center Opens 	19 8:00 Center Opens 8:00 Fitness Room Opens 9:15 Memory Games 9:30 Grocery Store, Bank, Post Office, and Drug Store 10:00 Tech Hour 11:00 Grab and Go 11:30 Lunch 11:30 August Birthday's 12:15 Nickel Bingo 	20 8:00 Center Opens 8:00 Fitness Room Opens 9:15 Wordle and Memory Games 9:45 Rehoboth Boardwalk 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Soul Collage with Dee 	21 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Uno No Mercy!! 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo hosted by WellCare 12:30 Fitness Center Opens 
24 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Wal-Mart and Dollar Tree 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Memory Café 12:30 Fitness Center Opens 	25 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bible Study with Angela 12:30 Fitness Center Opens 1:00 Bus Pick-Ups begin 3:00 Uno No Mercy!!! 5:00 Dinner 5:45 Prize Bingo 	26 8:00 Center Opens 8:00 Fitness Center Opens 9:15 Memory Game 9:30 Produce Junction and Dover Mall Lunch at Hollywood Diner 10:00 Tech Hour 11:00 Grab and Go 11:30 Lunch 12:30 AARP Defensive Driving Course 	27 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Breakfast Bash \$ 9:15 Wordle and Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Diamond Painting with Crissy 	28 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Uno No Mercy!! 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo 12:30 Fitness Center Opens 
31 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Veteran's Thrift Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Memory Café 12:30 Fitness Center Opens 	 55 YEARS 1971-2026 CHEER Celebrating 55 Years of Serving Sussex Seniors "This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities."			