

JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1 Shrimp Creole Grits Shredded Cheese Steamed Broccoli Fresh Fruit Whole Wheat Roll/Bread Skim Milk</p>	<p>2 Chicken And Dumplings Peas And Carrots Whole Wheat Roll/Bread Fruit Of The Day Skim Milk</p>	 <p>3 ALL CENTERS CLOSED In Observance of INDEPENDENCE DAY</p>
<p>6 Rigatoni Bolognese Garlic Green Beans Chilled Peaches Whole Wheat Roll/Bread Skim Milk</p>	<p>7 Turkey Divan Baked Mashed Potatoes Green Peas Applesauce Whole Wheat Roll/Bread Skim Milk</p>	<p>8 Baked Fish Florentine Mushroom Risotto Stewed Tomatoes Whole Wheat Roll/Bread Brownie Skim Milk</p>	<p>9 Chicken Cacciatore Garlic Herb Gnocchi Whole Wheat Roll/Bread Fresh Fruit Skim Milk</p>	<p>10 Minestrone Soup Cheese Pizza Cucumber Dill Salad Ice Cream Skim Milk</p>
<p>13 Hot Dog On Bun Baked Beans Vegetarian Cole Slaw Applesauce Skim Milk</p>	<p>14 Vegetable Frittata Breakfast Potatoes Spinach Mushroom Fresh Orange Whole Wheat Roll/Bread Skim Milk</p>	<p>15 Beef and Rice Casserole Capri Blend Vegetables Whole Wheat Roll/Bread Banana Cream Pie Skim Milk</p>	<p>16 Honey BBQ Chicken Baked Sweet Potato Half Broccoli Slaw Whole Wheat Roll/Bread Pudding Cup Skim Milk</p>	<p>17 Hamburger Barley Soup Tuna Pasta Salad Fruit Of The Day Saltine Crackers Skim Milk</p>
<p>20 Pork & Veg Stir Fry Lo Mein Noodles Whole Wheat Roll/Bread Chilled Fruit Cup Skim Milk</p>	<p>21 BBQ Turkey Sandwich Baked Sweet Potato Fries Green Beans Mushroom Diced Peach Fluff Skim Milk</p>	<p>22 Crispy Beef Taco Mexican Street Corn Cilantro Lime Black Beans Fresh Fruit Cup Skim Milk</p>	<p>23 Chicken Paprika Brown Rice Pilaf Candied Carrots Whole Wheat Roll/Bread Ice Cream Skim Milk</p>	<p>24 Shrimp Salad Dill Havarti Sandwich Vegetable Pasta Salad Lettuce And Tomato Rice Crispy Bar Skim Milk</p>
<p>27 Swedish Meatballs Buttered Noodles Steamed Carrots Whole Wheat Roll/Bread Sponge Cake Skim Milk</p>	<p>28 Lemon Pepper Fish Steamed or Baked Rice Capri Blend Vegetables Whole Wheat Roll/Bread Fresh Fruit Skim Milk</p>	<p>29 Mushroom Pork Chop Baked Sweet Potato Half Brussels Sprouts Whole Wheat Roll/Bread Fresh Banana Skim Milk</p>	<p>30 Honey Mustard Chicken Twice Baked Potato Casserole, Turnip Greens Whole Wheat Roll/Bread Assorted Cookies Skim Milk</p>	<p>31 Tomato Basil Soup Cuban Turkey Salad Dutch Potato Salad Chilled Pineapple Saltine Crackers Skim Milk</p>