

Mayo

2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Roxana CHEER Center 34314 Pyle Center Road Frankford, DE 19945 302-515-0001 ext. 1861 Jnorwood@cheerde.com</p>		<p>1 CHEERful Café 8:30 Walking Club 9:00 Morning Chat and Snack 9:15 Social, Mind, Meditation 10:00 Chair Yoga w/ Barbara 12 Week Course— CHEER ACADEMY 10:30 Spiritual Sound Healing 11:30 Lunch, \$ Donation 12:00 Memory Cafe 12:30 Discussion Group 1:00 Family Feud</p>
<p>4 CHEERful Café "Happy Birthday Joan S." 8:30 Walking Club 9:00 Morning Chat and Snack 9:15 Socialize and Meditation Gospel Music & Mind Relaxation 9:45 The Bible Quiz- Bible Trivia 10:00 Pastor Dan and Betsy: Inspirational Music and Bible Study 11:30 Lunch, \$ Donation 12:00 SHOPPING— Grocery Store and Dollar Tree 12:30 Discussion Group Wordsearch Puzzles 1:00 Garden Therapy/ Gardening</p>	<p>5 CHEERful Café  8:30 Walking Club 9:00 Morning Chat and Snack 9:15 Music Jam and Social 9:45 Wordsearch Puzzle 10:00 PRIZE BINGO, \$1 11-12 Lutheran Food Pantry 11:30 Lunch, \$ Donation 12:00 DAVE CONSONO: Time- less Music, Joyful Memories Entertainment 12:15 Discussion Group</p>	<p>6 CHEERful Café  8:30 Walking Club 9:00 Breakfast, \$2.50 Morning Chat and Snack 9:15 Music Jam and Social 9:45 Wordsearch Puzzle 10:00 Membership Meeting 10:30 Sunshine Singers 11:30 Lunch, \$ Donation 12:15 Discussion Group 12:30 Group Games 1:00 The Price is Right </p>	<p>7 TRIP DAY **Please sign up—Thanks!** 8:00 Bus Depart Center 8:30 Walking Club 9:00 Morning Chat and Snack 9:15 Social and Music Jam 9:45 Delmarva Discovery Museum with Otter Feeding and Dockside Bar and Grill, Pocomoke, MD, \$8 10:00 Alone Morning 11:30 Lunch, \$ Donation 12:00 Alone-Afternoon 12:30 Discussion Group 1:00 Movie Entertainment</p>	<p>8 CHEERful Café 8:30 Walking Club 9:00 Morning Chat and Snack 9:15 Social, Mind, Meditation 10:00 Blood Pressure Checks Erin (PAM HEALTH) 10:00 Chair Yoga w/ Barbara 12 Week Course— CHEER ACADEMY 10:30 Spiritual Sound Healing 11:30 Lunch, \$ Donation 12:00 Rehoboth Art League: Artful Journey Class 12:30 Discussion Group 1:00 Family Feud</p>



Mayo





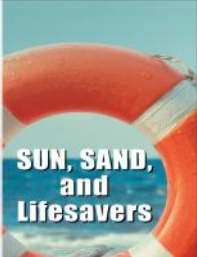


OLDER AMERICANS MONTH



\$1 LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>11 CHEERful Café 8:30 Walking Club 9:00 Morning Chat and Snack 9:15 Meditation Music Social 9:45 Wordsearch Puzzle 10:00 SHOPPING— 11:30 Lunch, \$ Donation 12:00 Cory C.—Medicare 101 Aetna Medicare Talk 12:30 Discussion Group 1:00 Virtual Entertainment</p>	<p>12 CHEERful Café 8:30 Walking Club 9:00 Morning Chat and Snack 9:15 Music Jam and Social 9:45 Wordsearch Puzzle 10:00 PRIZE MINGO, \$1 11:30 Lunch, \$ Donation 12:15 Discussion Group 12:30 UNO CHALLENGE 1:00 Virtual Trivia</p> 	<p>13 CHEERful Café 8:30 Walking Club 9:00 Breakfast, \$2.50 Morning Chat and Snack 9:15 Music Jam and Social 9:45 Wordsearch Puzzle 10:00 Membership Meeting 11:30 Lunch, \$ Donation 11:30 Nutrition ED w/ Lisa H. 12:15 Discussion Group 12:30 Group Games 1:00 The Price is Right</p>	<p>14 TRIP DAY **Please sign up—Thanks!** 9:00 Morning Chat and Snack 9:15 Social and Music Jam 9:45 Cape Henlopen State Park and CHEER Picnic Lunch, \$2 10:00 Alone Morning 11:30 Lunch, \$ Donation 12:00 Alone-Afternoon 12:30 Discussion Group 1:00 Movie Entertainment</p>	<p>15 CHEERful Café 8:30 Walking Club 9:00 Morning Chat and Snack 9:15 Social, Mind, Meditation 10:00 Chair Yoga w/ Barbara 12 Week Course— CHEER ACADEMY 10:30 Spiritual Sound Healing 11:30 Lunch, \$ Donation 12:00 BINGOCIZE w/ ERIN 12:30 Discussion Group 1:00 Family Feud</p>
<p>18 CHEERful Café 8:30 Walking Club 9:00 Morning Chat and Snack 9:15 Social, Mediate, & Music 10:00 Pastor Dan and Betsy: Inspirational Music & Bible Study 11:30 Lunch, \$ Donation 12:00 SHOPPING— 12:30 Discussion Group Wordsearch Puzzles 1:00 Gardening</p>	<p>19 CHEERful Café 8:30 Walking Club 9:00 Morning Chat and Snack 9:15 Music Jam and Social 9:45 Wordsearch Puzzle 10:00 PRIZE BINGO, \$1 Full Card Bingo 11:30 Lunch, \$ Donation 12:15 Discussion Group 12:30 UNO CHALLENGE 1:00 Virtual Trivia</p>	<p>20 CHEERful Café 8:30 Walking Club 9:00 Breakfast, \$2.50 Morning Chat and Snack 9:15 Music Jam and Social 10:00 Discover Senior Wellness & Resources w/ Logan Jarrell 11:30 Lunch, \$ Donation 12:15 Discussion Group Wordsearch Puzzle 12:30 Group Games 1:00 Family Feud</p> 	<p>21 TRIP DAY **Please sign up—Thanks!** 9:00 Morning Chat and Snack 9:15 Social and Music Jam 9:45 Wal-Mart Trip and Choice of Food 10:00 Alone Morning 11:30 Lunch, \$ Donation 12:00 Alone-Afternoon 12:30 Discussion Group 1:00 Movie Entertainment</p>	<p>22 CELEBRATE</p>  <p>10am - 2pm at the Community Center</p>
<p>25 CHEER CLOSED</p>  <p>CLOSED ON Memorial Day</p>	<p>26 HAPPY</p> <p>8:30 Walking Club 9:00 Morning Chat and Snack 9:15 Music Jam and Social 9:45 Wordsearch Puzzle 10:00 PRIZE BINGO, \$1 Full Card Bingo 11:30 Lunch, \$ Donation 12:15 Discussion Group 12:30 UNO CHALLENGE 1:00 Virtual Trivia</p>	<p>27 MEMORIAL</p> <p>8:30 Walking Club 9:00 Breakfast, \$2.50 Morning Chat and Snack 9:15 Music Jam and Social 10:00 STUMP THE DJ-DAN FETH 11:30 Lunch, \$ Donation 12:15 Discussion Group Wordsearch Puzzle 12:30 Group Games 1:00 Family Feud Gardening Therapy</p>	<p>28 DAY</p> <p>**Please sign up—Thanks!** 9:00 Morning Chat and Snack 9:15 Social and Music Jam 9:45 Boscov's and Food Court—Salsbury, MD 10:00 Alone Morning 11:30 Lunch, \$ Donation 12:00 Alone-Afternoon 12:30 Discussion Group 1:00 Movie Entertainment</p>	<p>29 CENTER CLOSED</p>  <p>2026 Volunteer Appreciation Brunch</p> <p>DATE: Friday, May 29, 2026 TIME: 10 am CHEER Community Center 20520 Sand Hill Road Georgetown, DE 19947</p> <p>RSVP DEADLINE: Friday, May 1, 2026 FREE for All Active CHEER Volunteers \$15 Invited Guests</p> <p>Roxana Members will be at the Oceanview CHEER Center for the Day!!!</p>