










# Harbour Lights CHEER Center

34211 Woods Edge Drive  
Lewes, DE 19958 • 302.645.9239

June 2026



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games <b>9:30 Georgetown Wal-Mart</b> 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens <b>12:15 Nickel Bingo</b> <b>12:30 Fitness Center Opens</b></p> 	<p>2</p> <p>9:00 Puzzle Corner 9:15 Wordle and Memory Games <b>9:45 Redner's</b> 10:00 Skip Bo 11:00 Grab and Go <b>11:00 PT Works Presentation</b> 11:30 Lunch 12:30 Fitness Room Opens <b>12:15 Bible Study with Angela</b> <b>12:30 Fitness Center Opens</b></p>	<p>3</p> <p>8:00 Center Opens 8:00 Fitness Room Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Memory Games <b>9:30 Grocery Store, Bank, Post Office, and Drug Store</b> 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch <b>12:15 Nickel Bingo</b> <b>1:00 Chair Yoga</b></p>	<p>4</p> <p>8:00 Center Opens 8:00 Fitness Room Opens 9:00 Puzzle Corner 9:15 Wordle and Memory Games <b>10:00 Uno NO Mercy!!!</b> 11:00 Grab and Go 11:30 Lunch <b>12:15 Abstract Art with Michael</b></p> 	<p>5</p> <p>9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games <b>10:00 The Real Women: Veteran's of Vietnam</b> <b>10:30 Blood Pressure Checks with PAM Rehab</b> 11:00 Grab and Go 11:30 Lunch <b>11:45 Ice Cream Sundae's \$2</b> <b>12:15 Prize Bingo</b> <b>12:30 Fitness Center Opens</b></p>
<p>8</p> <p>8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games <b>9:45 Ocean Blue Thrift Store</b> 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens <b>12:15 Nickel Bingo</b> <b>12:30 Fitness Center Opens</b></p>	<p>9</p> <p>9:00 Puzzle Corner 9:15 Wordle and Memory Games <b>9:45 Acme, Marshall's and Staples</b> 10:00 Skip Bo <b>10:00 FREE Chair Exercises with Pace Your Life</b> 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens <b>12:15 Bible Study with Angela</b> <b>12:30 Fitness Center Opens</b></p>	<p>10</p> <p>8:00 Center Opens 8:00 Fitness Room Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Memory Games <b>9:30 Grocery Store, Bank, Post Office, and Drug Store</b> 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch <b>12:15 Nickel Bingo</b> <b>1:00 Chair Yoga</b></p> 	<p>11</p> <p>8:00 Center Opens 8:00 Fitness Room Opens <b>8:30 Breakfast Bash \$</b> 9:00 Puzzle Corner 9:15 Wordle and Memory Games <b>10:00 New Life Thrift Store</b> 11:00 Grab and Go 11:30 Lunch <b>12:15 Bloom Bar with Erin from PAM Rehab</b></p>	<p>12</p> <p>9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games <b>10:00 Crafts with Suzy</b> 11:00 Grab and Go 11:30 Lunch <b>11:45 Medicare Advantage with Keri Meadows</b> <b>12:15 Prize Bingo</b> <b>12:30 Fitness Center Opens</b></p> 

Monday	Tuesday	Wednesday	Thursday	Friday
<p>15 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games <b>9:45 Milton Food Lion and Family Dollar</b> 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 11:45 World Elder Abuse 12:15 Nickel Bingo 12:30 Fitness Center Opens</p> 	<p>16 9:00 Puzzle Corner 9:15 Wordle and Memory Games <b>9:30 Hobby Lobby, Dover Mall and lunch at Hollywood Diner</b> 10:00 Skip Bo 11:30 Lunch/Grab and Go 12:15 Bible Study with Angela 12:30 Fitness Center Opens</p>	<p>17 8:00 Center Opens 8:00 Fitness Room Opens 9:15 Memory Games <b>9:30 Grocery Store, Bank, Post Office, and Drug Store</b> 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 11:30 June Birthday's &amp; Nutrition Ed 12:15 Nickel Bingo 1:00 Chair Yoga</p>	<p>18 8:00 Center Opens 8:00 Fitness Room Opens 9:15 Wordle and Memory Games <b>10:00 Uno No Mercy!!!</b> 10:00 Skip Bo 10:30 Pet Therapy with Paris 11:00 Grab and Go 11:30 Lunch <b>12:15 Soul Collage with Dee</b></p> 	<p>19</p> <p style="text-align: center;"><b>Juneteenth Center Closed</b></p> 
<p>22 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games <b>9:45 Vintage Vault Thrift and Consignment</b> 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo 12:30 Fitness Center Opens</p>	<p>23 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bible Study with Angela 12:30 Fitness Center Opens 1:30 Bus Pick-ups begin 2:30 Games 5:00 Membership Dinner and Entertainment</p> 	<p>24 8:00 Center Opens 8:00 Fitness Center Opens 9:15 Memory Game <b>9:30 Grocery Store, Bank, Post Office, and Drug Store</b> 11:00 Grab and Go 11:30 Lunch 12:15 Dairy Queen 12:30 AARP Defensive Driving Course 1:00 Chair Yoga</p>	<p>25 8:00 Center Opens 8:00 Fitness Room Opens <b>8:30 Breakfast Bash \$</b> 9:15 Wordle and Memory Games <b>9:45 Aldi's, Tj Maxx and HomeSense</b> 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch <b>12:15 Diamond Painting with Crissy</b></p>	<p>26 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games <b>10:00 Uno No Mercy!!</b> 11:00 Grab and Go 11:30 Lunch <b>11:45 Well Care Presentation on Men's Health</b> <b>12:15 Prize Bingo</b> 12:30 Fitness Center Opens</p>
<p>29 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games <b>9:30 Ollies in Milford</b> 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo 12:30 Fitness Center Opens</p> 	<p>30 9:00 Puzzle Corner 9:15 Wordle and Memory Games <b>9:45 Rehoboth Boardwalk</b> 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bible Study with Angela 12:30 Fitness Center Opens</p>	<div style="text-align: center;">  </div> <div style="text-align: right; padding-right: 50px;"> <p>“This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities.”</p> </div> <div style="text-align: right;">  <p><b>CHEER</b> Celebrating 55 Years of Serving Sussex Seniors</p> </div>		