



# MILTON CHEER CENTER APRIL ACTIVITIES 2026



**24855 BROADKILL ROAD, MILTON DE Tel # 302-684-4819**

	<p><b>1 WEDNESDAY</b> 8-4:00 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 9:30 - 10:30 Creative Dance w/Janaea 10:30 Bible Study 11:00-12:15 YOGA 11:30 Lunch 12:00 Wordle 12:30 Bank PO, &amp; Drug Store 1:00 Bridge Club</p>	<p><b>2 THURSDAY</b> 8-4:00 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 9:30 Memory Café 11:15-12:30 Chair YOGA 11:30 Lunch 12:00 Easter Egg Decorating 12:30 Mahjong Computer and Smartphone clinics every Thursday by Appointment Only. Call to get your time.</p>	<p><b>3 FRIDAY</b></p> <p style="text-align: center;"><b>GOOD FRIDAY CENTER CLOSED</b></p> <div style="text-align: center;">  <p><i>Good Friday</i></p> </div>	
<p><b>6 MONDAY</b> 8-4:00 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 9:00 Taichi 10:00 Foot Health Info and no cost private screenings 11:00-12:15 Yoga 11:30 Lunch 12:00 Mingo w/ Dan Feth <b>EASTER MONDAY</b></p> <div style="text-align: right;">  </div>	<p><b>7 TUESDAY</b> 8-4:00 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 10:00 Blood Pressure Checks 10:30am Arts &amp; Crafts 11:00-12:15 Chair YOGA 11:30 Lunch 12:00 Bingo 12:45 Mexican Train/ GAMES Room B 1:00 TaiChi/ Qihong Room A <b>World Health Day</b></p>	<p><b>8 WEDNESDAY</b> 8-4:00 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 9:30 - 10:30 Creative Dance w/Janaea 10:30 Bible Study 11:00-12:15 YOGA 11:30 Lunch 12:00 Wordle 12:30 Bank PO, &amp; Drug Store 1:00 Bridge Club</p>	<p><b>9 THURSDAY</b> 8-4:00 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 9:30 Memory Café 11:15-12:30 Chair YOGA 11:30 Lunch 12:00 Birthday Celebrations 12:30 Mahjong Computer and Smartphone clinics every Thursday by Appointment Only. Call to get your time.</p>	<p><b>10 FRIDAY</b> 8-4:00 Fitness Room Open 9:00 Breakfast Café 9:30 Morning Chat, Snack, and Socialize 10:00 Prize Bingo 11:30 Lunch 12:30 Prize Bingo 1:00 Dollar General</p>
<p><b>13 MONDAY</b> 8-4:00 Fitness Room Open 8:00 Milford Dunkin Donuts <b>Bus Depart - 8:00 am</b> 9:00 Morning Chat, Snack and Socialize 9:00 Taichi 11:00-12:15 Yoga 11:30 Lunch 12:00 Mingo w/Dan Feth 1:00 - 2:00 Drum Circle and Rhythm Dance Room A</p>	<p><b>14 TUESDAY</b> 8-4:00 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 10:00 CARDS 10:30am Arts &amp; Crafts 11:00-12:15 Chair YOGA 11:30 Lunch 12:00 Bingo 12:45 Mexican Train/ GAMES Room B 1:00 TaiChi/Qihong Room A</p>	<p><b>15 WEDNESDAY</b> 8-4:00 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 9:30 - 10:30 Creative Dance w/Janaea 10:30 Bible Study 11:00-12:15 YOGA 11:30 Lunch 12:00 Wordle 12:30 Bank PO, &amp; Drug Store 1:00 Bridge Club <b>Dinner and Bingo Entertainment 4:00 - 6:00pm</b></p>	<p><b>16 THURSDAY</b> 8-4:00 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 9:30 Memory Café 11:15-12:30 Chair YOGA 11:30 Lunch 12:00 Arts and Crafts 12:30 Mahjong Computer and Smartphone clinics every Thursday by Appointment Only. Call to get your time.</p>	<p><b>17 FRIDAY</b> 8-4:00 Fitness Room Open 9:00 Breakfast Café 9:30 Morning Chat, Snack, and Socialize 10:00 Prize Bingo 11:30 Lunch 12:30 Prize Bingo 1:00 Dollar General</p>



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April 2026



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<p><b>20 MONDAY</b>              8-4:00 Fitness Room Open              9:00 Morning Chat, Snack and Socialize              9:00 <b>Taichi</b>              11:00-12:15 <b>Yoga</b>              11:30 Lunch              12:00 <b>Mingo w/ Dan Feth</b></p>	<p><b>21 TUESDAY</b>              8-4:00 Fitness Room Open              9:00 Morning Chat, Snack and Socialize              10:00 <b>Personal Safety/ Home Security and Fraud w/DSP Corporal Jackson</b>              11:00-12:15 <b>Chair YOGA</b>              11:30 Lunch              12:00 <b>Bingo</b>              12:45 <b>Mexican Train/ GAMES Room B</b>              1:00 <b>TaiChi/ Qihong Room A</b></p>	<p><b>22 WEDNESDAY</b>              8-4:00 Fitness Room Open              9:00 Morning Chat, Snack and Socialize              9:30am- 10:30am <b>Creative Dance w/ Janaea</b>              10:30 <b>Bible Study</b>              11:00-12:15 <b>YOGA</b>              11:30 Lunch              12:00 <b>Earth Day Walk / Scavenger Hunt</b>              12:30 <b>Bank PO, &amp; Drug Store</b>              1:00 <b>Bridge Club</b></p>	<p><b>23 THURSDAY</b>              8-4:00 Fitness Room Open              9:00 Morning Chat, Snack and Socialize              9:30 <b>Memory Café</b>              11:15-12:30 <b>Chair YOGA</b>              11:30 Lunch              12:30 <b>Mahjong</b>              Computer and Smartphone clinics every Thursday by Appointment Only Call to get your time.</p>	<p><b>24 FRIDAY</b>              8-4:00 Fitness Room Open              9:00 <b>Breakfast Café</b>              9:30 Morning Chat, Snack, and Socialize              10:00 <b>Prize Bingo</b>              11:30 Lunch              12:30 <b>Prize Bingo</b>              1:00 <b>Dollar General</b></p>
<p><b>27 MONDAY</b>              8-4:00 Fitness Room Open              9:00 Morning Chat, Snack and Socialize              9:00 <b>Taichi</b>              10:00 <b>Foot Health Info and no cost private screenings</b>              11:00-12:15 <b>Yoga</b>              11:30 Lunch              12:00 <b>Bingocize w/ PACE your LIFE</b></p>	<p><b>28 TUESDAY</b>              8-4:00 Fitness Room Open              9:00 Morning Chat, Snack and Socialize              10:00 <b>CARDS</b>              10:30am <b>Arts &amp; Crafts</b>              11:00-12:15 <b>Chair YOGA</b>              11:30 Lunch              12:00 <b>Bingo</b>              12:45 <b>Mexican Train/ GAMES Room B</b>              1:00 <b>TaiChi/ Qihong Room A</b></p>	<p><b>29 WEDNESDAY</b>              8-4:00 Fitness Room Open              9:00 Morning Chat, Snack and Socialize              9:30am- 10:30am <b>Creative Dance w/ Janaea</b>              10:30 <b>Bible Study</b>              11:00-12:15 <b>YOGA</b>              11:30 Lunch              12:00 <b>Wordle</b>              12:30 <b>Bank PO, &amp; Drug Store</b>              1:00 <b>Bridge Club</b></p>	<p><b>30 THURSDAY</b>              8-4:00 Fitness Room Open              9:00 Morning Chat, Snack and Socialize              9:30 <b>Memory Café</b>              11:15-12:30 <b>Chair YOGA</b>              11:30 Lunch              12:30 <b>Mahjong</b>              Computer and Smartphone clinics every Thursday by Appointment Only Call to get your time.</p>	

Milton CHEER  
 Center  
 Welcomes you!!



Lets All Please use the TOUCH SCREEN in the Lobby Area and don't forget to choose socialize, and morning chat!