



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Minestrone Soup Cheese Pizza Cucumber Dill Salad Ice Cream Skim Milk
4 Hot Dog On Bun Baked Beans Vegetarian Cole Slaw Applesauce Skim Milk	5 Vegetable Frittata Breakfast Potatoes Spinach Mushroom Fresh Orange Whole Wheat Roll/Bread Skim Milk	6 Beef and Rice Casserole Capri Blend Vegetables Whole Wheat Roll/Bread Banana Cream Pie Skim Milk	7 Honey BBQ Chicken Baked Sweet Potato Broccoli Slaw Whole Wheat Roll/Bread Pudding Cup Skim Milk	8 Hamburger Barley Soup Tuna Pasta Salad Skim Milk Fruit Of The Day Skim Milk
11 Pork & Veg Stir Fry Lo Mein Noodles Whole Wheat Roll/Bread Chilled Fruit Cup Skim Milk	12 BBQ Turkey Sandwich Baked Sweet Potato Fries Green Beans Mushroom Diced Peach Fluff Skim Milk	13 Crispy Beef Taco Mexican Street Corn Cilantro Lime Black Beans Fresh Fruit Cup Skim Milk	14 Chicken Paprika Brown Rice Pilaf Candied Carrots Whole Wheat Roll/Bread Ice Cream Skim Milk	15 Shrimp Salad Dill Havarti Sandwich Vegetable Pasta Salad Lettuce And Tomato Rice Crispy Bar Skim Milk
18 Swedish Meatballs Buttered Noodles Steamed Carrots Whole Wheat Roll/Bread Sponge Cake Skim Milk	19 Lemon Pepper Fish Steamed or Baked Rice Capri Blend Vegetables Whole Wheat Roll/Bread Fresh Fruit Skim Milk	20 Mushroom Pork Chop Baked Sweet Potato Half Brussels Sprouts Whole Wheat Roll/Bread Fresh Banana Skim Milk	21 Honey Mustard Chicken Twice Baked Potato Casserole, Turnip Greens Whole Wheat Roll/Bread Assorted Cookies Skim Milk	22 <p style="text-align: center;">CLOSED Celebrate Older Americans CHEER Community Center</p>
25 <p style="text-align: center;">CLOSED Memorial Day</p>	26 Ratatouille Wild Rice Blend Buttered Spinach Whole Wheat Roll/Bread Applesauce Skim Milk	27 Shrimp Creole Grits Shredded Cheese Steamed Broccoli Fresh Fruit Wheat Roll/Bread/Marg Skim Milk	28 Chicken and Dumplings Peas And Carrots Whole Wheat Roll/Bread Fruit Of The Day Skim Milk	29 Crab Soup Chef Salad Cookie Bar Saltine Crackers Skim Milk



DELAWARE HEALTH AND SOCIAL SERVICES
 Division of Services for Aging and Adults with Physical Disabilities

"This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities"

Menu items subject to change due to availability.



CHEER

Celebrating 55 Years of Serving Sussex Seniors

