



Harbour Lights CHEER Center

34211 Woods Edge Drive
Lewes, DE 19958 • 302.645.9239

April 2026



Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>8:00 Center Opens 8:00 Fitness Room Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo 1:00 Chair Yoga</p> 	<p>2</p> <p>8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Michael's and The Grocery Outlet 11:00 Grab and Go 11:30 Lunch 12:15 Soul Collage with Dee</p>	<p>3</p> <p>Good Friday!!!</p> <p>Center Closed</p> 
	<p>5</p> <p>8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:30 Georgetown Wal-Mart 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Bingo 12:30 Fitness Center Opens</p> 	<p>6</p> <p>8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Acme, Marshall's and Staples 10:00 Skip Bo 11:00 Grab and Go 11:00 PT Works Presentation 11:30 Lunch 12:30 Fitness Room Opens 12:15 Bible Study with Angela 12:30 Fitness Center Opens</p>	<p>7</p> <p>8:00 Center Opens 8:00 Fitness Room Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo 1:00 Chair Yoga</p>	<p>8</p> <p>8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 HomeSense, Aldi's and TJ Maxx 11:00 Grab and Go 11:30 Lunch 12:15 Mingo</p> 

Monday	Tuesday	Wednesday	Thursday	Friday
<p>13 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Dover Mall, Produce Junction and Lunch at Hollywood Diner 10:00 Skip Bo  11:00 Grab and Go 11:30 Lunch 12:15 Games 12:30 Fitness Center Opens</p>	<p>14 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Redner's 10:00 Skip Bo 10:00 FREE Chair Exercises with Pace Your Life 11:00 Grab and Go 11:30 Lunch 12:15 Bible Study with Angela 12:30 Fitness Center Opens</p>	<p>15 8:00 Center Opens 8:00 Fitness Room Opens 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 11:30 April Birthday's 12:15 Nickel Bingo 1:00 Chair Yoga</p>	<p>16 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 9:15 Wordle and Memory Games 9:45 American Veteran's Thrift Store 10:00 Skip Bo 10:30 Pet Therapy with Paris 11:00 Grab and Go 11:30 Lunch 12:15 Soul Collage with Dee</p>	<p>17 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Uno and Games 11:00 Grab and Go 11:30 Lunch 11:45 Well Care Presentation on Stress Awareness 12:15 Prize Bingo 12:30 Fitness Center Opens </p>
<p>20 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Homegoods and Kitchen Collection 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bingo 12:30 Fitness Center Opens</p>	<p>21 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Milton Food Lion and Family Dollar 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bible Study with Angela 12:30 Fitness Center Opens</p>	<p>22 8:00 Center Opens 8:00 Fitness Center Opens 9:15 Memory Game 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Defensive Driving 12:15 Dairy Queen 1:00 Chair Yoga </p>	<p>23 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:15 Wordle and Memory Games 9:45 Wal-Mart and Dollar Tree 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Abstract Art with Michael</p>	<p>24  9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Monthly Party 10:30 Entertainment provided by DJ Carroll 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo 12:30 Fitness Center Opens</p>
<p>27 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:30 Millsboro Goodwill 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bingo 12:30 Fitness Center Opens</p>	<p>28 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bible Study with Angela 12:30 Fitness Center Opens 1:30 Bus Pick-ups begin 4:30 Dinner and Prize Bingo</p>	<p>29 8:00 Center Opens 8:00 Fitness Room Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo 1:00 Chair Yoga</p>	<p>30 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Rehoboth Boardwalk 11:00 Grab and Go 11:30 Lunch 12:15 Diamond Painting with Crissy </p>	<p> <i>Over 50 Years Serving Sussex Seniors</i></p> <p>“This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities.”</p>