

Moving the Moment

NEW
Starting February 4th

A Creative Dance Class for Everyone!

Express yourself and engage with others in a supportive setting.

Moving the Moment sessions are designed to relieve physical tension, and increase vitality, flexibility, coordination, grace, and creative confidence.

Wednesdays

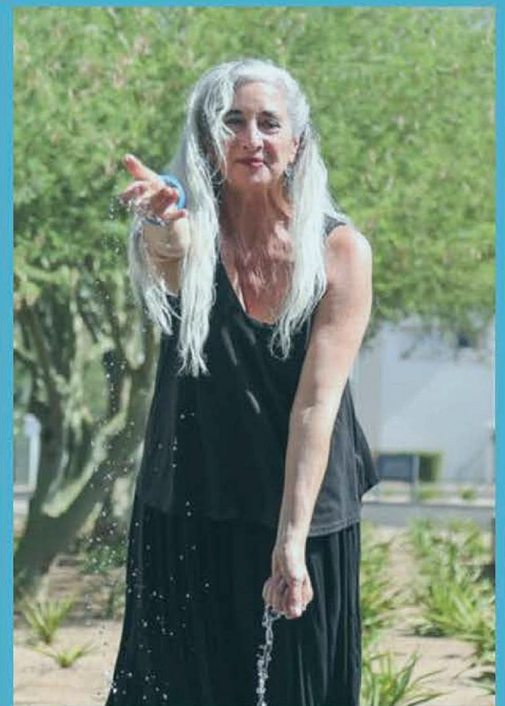
9:30am - 10:30am

\$5

Milton CHEER Center

24855 Broadkill Road

Janaea Rose Lyn
Dance Artist & Educator



For more information contact:

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 **CHEER**

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