

Moving the Moment

Come Experience this Creative Dance Class and Meet the Instructor on Wednesday, January 28th from 9:30-10:30!

Moving the Moment sessions are designed to relieve physical tension, and increase vitality, flexibility, coordination, grace, and creative confidence.

Dance is for Everyone!

Regular classes begin February 4th
Wednesdays, 9:30am - 10:30am

Milton CHEER Center
24855 Broadkill Road

For more information contact:

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Janaea Rose Lyn
Dance Artist & Educator

