



Harbour Lights CHEER Center

34211 Woods Edge Drive
Lewes, DE 19958 • 302.645.9239



February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
2 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:30 Georgetown Wal-Mart 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Bingocize with PAM Health 12:30 Fitness Center Opens	3 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Habitat for Humanity Restore 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Bible Study with Angela 12:30 Fitness Center Opens	4 8:00 Center Opens 8:00 Fitness Room Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo	5 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 T.J. Maxx, Aldi's and HomeSense 10:00 Chair Yoga 11:00 Grab and Go 11:30 Lunch 12:15 Soul Collage with Dee 1:00 Electric Slide with Jean	6 8:00 Center Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Uno 10:30 Blood Pressure Checks with PAM Rehab 11:00 Grab and Go 11:30 Lunch 11:45 Heart Disease Information 12:15 Prize Bingo 12:30 Fitness Center Opens Heart Disease National Wear Red Day
9 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Acme, Marshall's and Staples 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Bingocize with PAM Health 12:30 Fitness Center Opens	10 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Food Lion and Family Dollar in Milton 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Bible Study with Angela 12:30 Fitness Center Opens	11 8:00 Center Opens 8:00 Fitness Room Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo	12 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Black History Documentary 10:00 Chair Yoga 11:00 Grab and Go 11:30 Lunch 12:15 Abstract Art with Michael 1:00 Electric Slide with Jean	13 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Valentine's Day Party 10:30 Entertainment provided by Lisa Miller 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo 12:30 Fitness Center Opens

Monday	Tuesday	Wednesday	Thursday	Friday
16 Presidents' Day Center Closed 	17 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Redner's 10:00 Skip Bo 10:30 Pet Therapy with Paris 11:00 Grab and Go 11:30 Lunch 12:15 Bible Study with Angela 12:30 Fitness Center Opens	18 8:00 Center Opens 8:00 Fitness Room Opens 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go  11:30 Lunch 11:30 February Birthday's 12:15 Nickel Bingo Ash Wednesday	19 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 9:15 Wordle and Memory Games 10:00 Lewes Public Library 10:00 Chair Yoga 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Soul Collage with Dee	20 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Wal-Mart and Dollar Tree 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo 12:30 Fitness Center Opens

23 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:30 Millsboro Goodwill 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bingocize with PAM Health 12:30 Fitness Center Opens 	24 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bible Study with Angela 12:30 Fitness Center Opens	25 8:00 Center Opens 8:00 Fitness Center Opens 9:15 Memory Game 9:45 Hobby Lobby and Dover Mall Lunch at Hollywood Diner 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Defensive Driving 	26 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:15 Wordle and Memory Games 10:00 Diamond Painting with Crissy 10:00 Chair Yoga 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Chic at the Beach	27 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 American Veterans Thrift Store 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo 12:30 Fitness Center Opens 
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	 Happy Valentine's Day!		 "This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities."
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