



*Did you know
that you can get
a healthy,
delicious meal
"to go" every day
at CHEER?*

GRAB & GO MEALS

*Minimum
Suggested
Donation
\$3.50*

Meals are available at CHEER Senior Activity Centers located in Georgetown, Greenwood, Harbour Lights Lewes, Long Neck, Milton, Ocean View and Roxana

We are now offering
Grab and Go Meals!

We love when you have lunch with us, but if you are on the go, just stop by any CHEER Senior Activity Center and pick up a meal to go!

Know someone who can't leave the house? They should consider applying for home-delivered meals. Contact Megan at 302-515-0001 x1165

 **CHEER**

Over 50 Years Serving Sussex Seniors

302-515-0001

cheerde.com