



# FEBRUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Spaghetti And Meat Sauce Italian Vegetables Whole Wheat Roll/Bread Orange Sherbet Skim Milk	<b>3</b> Shrimp Fried Rice Steamed Broccoli Fresh Fruit Soft Whole Wheat Roll/Bread/Marg Skim Milk	<b>4</b> Pulled Bbq Pork On Bun Baked Sweet Potato Fries Cole Slaw Cinnamon Apples Skim Milk	<b>5</b> Moroccan Chicken Basmati Rice Peas And Carrots Whole Wheat Roll/Bread Fruit Of The Day Skim Milk	<b>6</b> New England Clam Chowder Egg Salad Sandwich Pickled Beets Fig Cookie Bar Skim Milk
<b>9</b> Goulash Garlic Green Beans Chilled Peaches Whole Wheat Roll/Bread Skim Milk	<b>10</b> Turkey A La King Steamed Or Baked Rice Green Peas Applesauce Whole Wheat Roll/Bread Skim Milk	<b>11</b> Pork Carnitas Taco Chuck-wagon Corn Cilantro Lime Black Beans Spanish Rice Pudding Skim Milk	<b>12</b> Bbq Chicken Mashed Sweet Potatoes Collard Greens Whole Wheat Roll/Bread Ice Cream Skim Milk	<b>13</b> Cheeseburger On Bun French Fries Baked Baked Beans Chilled Fruit Cup Skim Milk
<b>16</b> <b>ALL CENTERS CLOSED</b>	<b>17</b> Baked Egg Omelet American Fried Potatoes Steamed Spinach Fresh Banana Whole Wheat Roll/Bread Skim Milk	<b>18</b> Beef Stroganoff Buttered Noodles Winter Mix Vegetable Whole Wheat Roll/Bread Skim Milk	<b>19</b> Apple Glazed Chicken Baked Sweet Potato Half Brussels Sprouts Whole Wheat Roll/Bread Pudding Cup Skim Milk	<b>20</b> Cream Of Tomato Soup Tuna Salad Sandwich Macaroni Salad Fruit Of The Day Skim Milk
<b>23</b> Cheese Manicotti Italian Vegetables Whole Wheat Roll/Bread Chilled Fruit Cup Skim Milk	<b>24</b> Open Face Turkey Sandwich Garlic Mashed Potatoes French Style Green Beans Pumpkin Custard Skim Milk	<b>25</b> Ground Beef Stew Five Way Mixed Vegetables Chilled Blushing Pears Biscuit Skim Milk	<b>26</b> Tandoori Chicken Yellow Rice Cauliflower And Peas Tapioca Pudding Whole Wheat Roll/Bread Skim Milk	<b>27</b> Corn Chowder Seafood Salad Crackers Mixed Green Salad Rice Crispy Bar Skim Milk



DELAWARE HEALTH AND SOCIAL SERVICES

Division of Services for Aging and Adults with Physical Disabilities

"This agency receives funding from  
the DHSS Division of Services for Aging  
and Adults with Physical Disabilities"

Menu items subject to change due to availability.



Celebrating 55 Years of Serving Sussex Seniors



2026 MEMBER