



MONDAY

TUESDAY

WEDNESDAY

THURSDAY



CHEER Center 34314 Pyle Center Road Frankford, DE 19945 (302) 732- 3662

5 **CHEERful Café**

9:00 Inspirational Music

9:30 Virtual Bible Study

9:30 Bible Trivia

9:30 Snacks and Social

9:30 Morning Chat

10:00 Pastor Dan and Betsy: Bible Study

11:00 Discussion Group

11:30 Lunch, \$ donation

12:00 Shopping—

Grocery Store and

Dollar Store



CHEERful Café

Please sign up in advance-Thank You!

9:00 Music Iam

9:30 Morning Chat 9:30 Snacks and Social

10:00 Prize Bingo, \$1

11-12:00 Lutheran Church Food Pantry (Need a min. of 4)

11:30 Lunch, \$ donation 12:00 UNO and Puzzles



CHEERful Café

9:00 Meditation Music 9:30 Breakfast, \$2.50

9:30 Morning Chat

10:00 Snacks and Social

10:30 Group Games:

11:30 Lunch, \$ donation 12:00 Movie



TRIP DAY

Please sign up in advance -

Thank You!

9:00 Morning Chat

9:30 Snacks and Music

10:00 Walmart Shopping

(Need a min. of 7)

10:00 Movie Social

10:00 Group Choice of

Restaurants

11:30 Lunch, \$ donation

12:00 Virtual Trivia: Family Feud, Wheel of Fortune,

Price is Right

12:00 Games: WII Sports, Corn Hole, Wordsearch, Puzzle

FRIDAY

ROXANA CLOSED

9:00-1:30 Spending the Day at Ocean View CHEER Center

Happy Birthday Jay!

CHEERful Café

9:00 Meditation Jam

9:00 Snacks with Social

9:30 Morning Chat

10:30 Chair Yoga w/ Barb

11:00 Mind Relaxation

11:30 Lunch, \$ donation

12:00 Discussion Group

12:15 Memory Café

Happy Birthday Delores



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12 CHEERful Café 9:00 Shopping - Bank and Pharmacy/Post Office 9:00 Morning Chat 9:30 Snacks and Social 9:30 Inspirational Music 10:00 Painting Class- Painting on a Canvas 11:00 Discussion Group 11:30 Lunch, \$ donation 12:00 Shopping - Grocery Store and Dollar Store	13 CHEERful Café 9:00 Morning Chat 9:00 Snacks and Social 9:30 Prize Bingo, \$1 11:30 Lunch, \$ donation 12:00 UNO Challenge 1:00 Discussion Grou- Roxana Birthday Pizza Party!!!	14 CHEERful Café 9:00 Breakfast, \$2.50 9:30 Morning Chat 9:30 Snacks and Social 10:00 Visit A Friend - TBD Due to Weather 11:00 (Packed Lunch) 11:30 Lunch, \$ donation 12:00 Games: Hand & Foot, Dominos, UNO, WII Games, Corn Hole	Please sign up—Thanks! 9:00 Morning Chat 9:30 Snacks and Music 10:00 Wordsearch 10:00 TBD- Due to Weather 10:30 Discussion Group 11:30 Lunch, \$ donation 12:00 Movie Social 12:00 Virtual Trivia	16 CHEERful Café 9:30 Snacks with Music 10:00 Blood Pressure Checks 10:30 Fall Prevention Talk with Erin- PAM Health 11:30 Lunch, \$ donation 12:15 Memory Café
Closed Monday Martin Luther King Day INTEL MARKE SE ARERE	20 CHEERful Café 9:00 Music Meditation 9:00 Morning Chat 9:30Snacks and Social 10:00Prize Mingo, \$1 11-12:00 Lutheran Church Food Pantry (Need a min. of 4) 11:30 Lunch, \$ donation 12:00 Games	CHEERful Café 9:00 Breakfast, \$2.50 9:30Snacks and Social 10:00 Prize Bingo, \$1 11:30 Lunch, \$ donation 12:00 Movie Trivia 12:00 Games	22 CHEERful Café 9:00 Morning Chat 9:30 Snacks and Music 9:30 Movie Social 10:00 Dan Feth-Stump the DJ Birthday Edition Sing Along 11:30 Lunch, \$ donation 12:00 Birthday Party for the month of January 12:00 Games	23 CHEERful Café 9:00 Morning Chat Social 9:30 Snacks with Music 10:30 Chair Yoga With Barb 11:30 Lunch, \$ donation 12:15 Memory Café
26 CHEERful Café 9:00 Shopping - Bank and Pharmacy/Post Office 9:00 Morning Chat 9:30 Snacks and Social 9:30 Inspirational Music 10:00 Bible Trivia 10:00 Pastor Dan and Betsy: Bible Study 11:30 Lunch, \$ donation 12:00 Shopping - Grocery	27 CHEERful Café 9:00 Morning Chat 9:30 Snacks and Social 10:00 Prize Bingo, \$1 10:30 Discussion Group 11:30 Lunch, \$ donation 12:00 Games	CHEERful Café 9:00 Morning Chat 9:00 Music Jam 9:00 Breakfast, \$2.50 10:00 Dan Feth Entertainment 10:00 Snacks and Social 11:30 Lunch, \$ donation 12:00 Group Trivia 1:00 Discussion Group	9:00 Morning Chat 9:00 Eating Snacks 10:00 Music Jam 10:30 Social 10:30 Discussion Group 10:00 Walmart 11:00 Food Choice 11:30 Lunch, \$ donation 12:00 Games	30 CHEERful Café 9:00 Music Jam 9:30 Morning Chat 9:30 Snacks with Music 10:00 Dabber Bingo, \$1 11:30 Lunch, \$ donation 12:00 Discussion Group 12:15 Memory Café

Store and Dollar Store