










# Harbour Lights CHEER Center

34211 Woods Edge Drive  
Lewes, DE 19958 • 302.645.9239

January 2026



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Membership Dues are due...Please see Crissy to renew! ☺</p>	 <p>“This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities.”</p>	<p>CHEER Academy</p> <p>Creative Art Class Thursday's 4:30 p.m. - 6:30 p.m.</p> <p>Be Yoga Fresh Wednesday's 6:00 p.m. - 7:00 p.m.</p>	<p>1</p> <p>Happy New Year</p> <p>Center Closed</p> 	<p>2</p> <p>8:00 Center Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 New Life Thrift Store 10:30 Blood Pressure Checks with PAM Rehab 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo 12:30 Fitness Center Opens</p>
<p>5</p> <p>8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Milford Wal-Mart 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Nickel Bingo 12:30 Fitness Center Opens</p>	<p>6</p> <p>8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Peddler's Alley Thrift Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Bible Study with Angela 12:30 Fitness Center Opens</p>	<p>7</p> <p>8:00 Center Opens 8:00 Fitness Room Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo</p>	<p>8</p> <p>8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Redner's 11:00 Grab and Go 11:30 Lunch 12:15 Abstract Art with Michael</p>	<p>9</p> <p>9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Acme and Marshall's 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo 12:30 Fitness Center Opens</p> 

Monday	Tuesday	Wednesday	Thursday	Friday
12 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Milton Food Lion and Family Dollar 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo 12:30 Fitness Center Opens 	13 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 HomeSense, Aldi's and TJ Maxx 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bible Study with Angela 12:30 Fitness Center Opens	14 8:00 Center Opens 8:00 Fitness Room Opens 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo 	15 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:15 Wordle and Memory Games 9:45 Five Below and Barnes and Noble 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Soul Collage with Dee	16 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:30 Beat the Winter Blues Entertainment provided by DJ. Carroll 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo 12:30 Fitness Center Opens
19  Martin Luther King Jr. Day Center Closed 	20 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Wal-Mart and Dollar Tree 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bible Study with Angela 12:30 Fitness Center Opens	21 8:00 Center Opens 8:00 Fitness Center Opens 9:15 Memory Game 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 11:30 January Birthday's 12:15 Nickel Bingo	22 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:15 Wordle and Memory Games 9:45 The Grocery Outlet 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Diamond Painting	23 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Uno and Games 11:00 Grab and Go 11:30 Lunch 11:45 Well Care Presentation on Medicare Benefits 12:15 Prize Bingo 12:30 Fitness Center Opens
26 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Mystery Trip Lunch on your own 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Games 12:30 Fitness Center Opens	27 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Dollar General 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bible Study with Angela 12:30 Fitness Center Opens 	28 8:00 Center Opens 8:00 Fitness Center Opens 9:15 Memory Game 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Heritage Antique Market 12:30 AARP Defensive Driving Refresher Course	29 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 9:15 Wordle and Memory Games 9:45 Salvation Army Thrift Store (Milford) 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Mingo 	30 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 American Veterans Thrift Store (Rehoboth) 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo 12:30 Fitness Center Opens