





### **MONDAY**

### **CHEERful Café** 3

9:00 Shopping—Bank, Pharmacy and or Post Office

9:30 Snacks and Social

9:30 Inspirational Music

10:00 Virtual Bible Study:

The Word Church

10:00 Book Club: Bible Verse

10:30 Pastor Dan and Betsy **Taylor: Bible Study** 

11:30 Lunch, \$ donation

12:00 Shopping—Grocery Store

and Dollar Store

### **TUESDAY**

### 4 CHEERful Café

9:00 Morning Chat 9:30 Snacks and Social 10:00 Prize Bingo, \$1 11-12:00 Food Pantry @

**Lutheran Church** 11:30 Lunch, \$ donation 12:00 UNO Challenge/Puzzles



### **WEDNESDAY**

### 5 **Happy Birthday Louise!** 9:30 Snacks and Socializing

10:00 Breakfast, \$2.50 10:30 The Real Women: **Veterans of Vietnam-Nancy** 11:30 Lunch, \$ donation 12:00 STUMP THE DJ-Dan 1:00 Games: Hand & Foot,

Dominos, UNO, WII Games, Corn Hole, Scrabble + More

### **THURSDAY**

### 6 **TRIP DAY**

\*\*Please sign up—Thanks!\*\* 9:30 Snacks and Music 9:30 Movie Social 10:00 Delmarva Adult & Teen **Challenge-Thrift Store** 11:00 Smiths Café-Seaford, DE

11:30 Lunch, \$ donation 12:00 Music and Wordsearch 1:00 Discussion Group

### **FRIDAY**

### **CHEERful Café**

9:00 Morning Chat 9:30 Snacks with Social

9:30 Meditation Music

10:30 Imagine Singers 11:00 Mind Relaxation

Stretch

11:30 Lunch, \$ donation 12:15 Memory Café

**Happy Heavenly** Birthday 11.8



### 10 CHEERful Café

9:00 Shopping—Bank, Pharmacy and or Post Office

9:00 Morning Chat

9:30 Snacks and Social

9:30 Inspirational Music

10:00 Public Health-

**Natashia Cooking Club** 

11:30 Lunch, \$ donation

12:00 Shopping/Grocery Store/ **Dollar Store** 



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# 11 CHEERful Café

9:00 Morning Chat 9:30 Snacks and Social **10:00 Prize Mingo, \$1** 

Dan Feth 11:30 Lunch. \$ donation 12:00 Memory Game-Basta!



### 12 CHEERful Café

9:30 Snacks and Social 10:00 Breakfast, \$2.50

**10:00 Meditation Music** 

10:30 Gardeners By The

Sea Fall Craft

11:00 Mind Relaxation Stretch

11:30 Lunch, \$ donation 12:00 Games: Hand & Foot, Dominos, UNO, WII

Games, Corn Hole,

**Scrabble + More Games** 

### 13 TRIP DAY

\*\*Please sign up—Thanks!\*\* 9:30 Snacks and Music

9:30 Movie Social 10:00 Label Shopper and

Food Choice-Seaford

11:30 Lunch. \$ donation

12:00 General Trivia 1:00 Wordsearch: Clothing 14

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9:00 Morning Chat 9:30 Snacks with Social

9:30 Meditation Music

10-11:00 Lisa Miller -**Playing the Piano** 

11:00 Mind Relaxation

Stretch

11:30 Lunch, \$ donation 12:15 Memory Café











# 17 CHEERful Café 9:00 Shopping— Bank, Pharmacy and or Post Office 9:30 Snacks and Social 9:30 Inspirational Music 10:00 Pastor Dan and Betsy: Bible Study

**MONDAY** 

11:00 Discussion Group 11:30 Lunch, \$ donation 12:00 Shopping/Grocery Store

Dollar Store



18 CHEERful Café 9:00 Morning Chat 9:30 Snacks and Social 10:00 Fall Cookie Craft with Debra 11-12:00 Food Pantry @ Lutheran Church

Lutheran Church 11:30 Lunch, \$ donation 12:00 Prize Bingo, \$1



### WEDNESDAY

19 CHEERful Café
9:00 Breakfast, \$2.50
9:30 Snacks and Social
10:00 Sun Shine Singers
11:30 Lunch, \$ donation
12:00 Holiday Movie
12:00 Games: Hand & Foot,
Dominos, UNO, WII Games,
Corn Hole, Scrabble + More



### **THURSDAY**

# DayTRIP

\*\*Please sign up—Thanks!\*\*

9:30 Snacks and Music

10:00 Movie Social

10:00 Walmart

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11:00 Group Choice Restaurant

11:30 Lunch. \$ donation

12:00 Wordsearch

12:00 Virtual Trivia

### **FRIDAY**

9:00 Morning Chat and Social 9:30 Snacks with Music 10:00 Fall Word Puzzles 10:30 Blood Pressure Check 11:00 PAM HEALTH-Chair

21 CHEERful Café

Exercise With Erin
11:30 Lunch, \$ donation
12:15 Memory Café



### 24 CHEERful Café

9:00 Shopping/Bank,
Pharmacy and Post Office
9:30 Snacks and Social
9:30 Inspirational Music
10:00 Membership MeetingSeasons

10:00 Wordle/Word Games 11:30 Lunch, \$ donation 12:00 Shopping/Grocery and Dollar Store

### 25 CHEERful Café 9:00 Snacks and Social 10:00Prize Bingo, \$1 11:30 Lunch, \$ donation 12:00 Memory Dice Game-Candy Prize Winner



## 26 CHEERful Café

9:00 Breakfast, \$2.50 9:00 Morning Chat 9:30 November Birthday

9:30 November Birthday Celebration

10:00 Snacks and Social 10:00 Movie Trivia 11:30 Lunch, \$ donation 12:00 Games: Hand & Foot, Dominos, UNO, WII Games, Corn Hole, Scrabble + More



