MILTON CHEER CENTER NOVEMBER ACTIVITIES 2025

24855 Broadkill Road, Milton DE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 8-4:00 Fitness Room 9:00 Morning Chat, Snack and Socialize 9:00 Tai Chi w/ Deb 10:00 Penny Bingo 11:00 Yoga 11:30 Lunch 12:00 Mingo 1:30 Seated Tai Chi/Seated Qigong with Deb	4 8-4:00 Fitness Room 9:00 Morning Chat, Snack and Socialize 10:00 Blood Pressure Chair Exercise 11 Chair YOGA 11:30 Lunch 12:00 Bingo 1:00 Tai Chi/ Qigong w/Deb	5 8-4:00 Fitness Room 9:00 Morning Chat, Snack and Socialize 10:30 Bible Study 11:00am YOGA 11:30 Lunch 12:30 Bank PO, & Drug Store 1:00 Bridge Club	6 8-4:00 Fitness Room 9:00 Morning Chat, Snack and Socialize 9:30 Memory Café 11 Chair YOGA 11:30 Lunch 12:00 Movie 12:30 Mahjong	8-4:00 Fitness Room 9:00 Breakfast Café 9:30 Morning Chat, Snack, and Socialize 10:00 Prize Bingo 11:30 Lunch 12:30 Prize Bingo 1:00 Dollar General Veterans Day Dinner/Dance 5pm— 9pm FREE to Veterans \$10 for spouse and guest.
10 8-4:00 Fitness Room 9:00 Morning Chat, Snack and Socialize 9:00 Tai Chi w/Deb 10:00 TRIP TO MILFORD PAM REHAB 11:00 Yoga 11:30 Lunch 1:30 Seated Tai Chi/ Seated Qigong w/Deb	11 8-4:00 Fitness Room 9:00 Morning Chat, Snack and Socialize 9:30 Membership Meeting 11 Chair YOGA 11:30 Lunch 12:00 Bingo 1:00 Tai Chi/ Qigong w/Deb	12 8-4:00 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 10:30 Bible Study 11:00 YOGA 11:30 Lunch 12:30 Bank PO, & Drug Store	13 8-4:00 Fitness Room 9:00 Morning Chat, Snack and Socialize 9:30 Memory Café 11 Chair YOGA 11:30 Lunch 12:00 Birthday Celebrations 12:30 Mahjong	14 8-4:00 Fitness Room 9:00 Breakfast Café 9:30 Morning Chat, Snack, and Socialize 10:00 Prize Bingo 11:30 Lunch 12:30 Prize Bingo 1:00 Dollar General
8-4:00 Fitness Room 9:00 Morning Chat, Snack and Socialize 9:00 Tai Chi w/Deb 10:00 Penny bingo 11:00 Yoga 11:30 Lunch 12:00 Mingo Dan 1:30 Seated Tai Chi/ Seated Qigong w/Deb	18 8-4:00 Fitness Room 9:00 Morning Chat, Snack and Socialize 10:00 Food Snap Benefit Info w/Madison 11 Chair YOGA 11:30 Lunch 12:00 Bingo 1:00 Tai Chi/ Qigong w/Deb	19 8-4:00 Fitness Room 9:00 Morning Chat, Snack and Socialize 10:30 Bible Study 11:00 YOGA 11:30 Lunch 12:30 Bank PO, & Drug Store 1:00 Bridge Club Dinner and Bingo w/ Entertainment 4:00 - 6:00pm	20 8-4:00 Fitness Room 9:00 Morning Chat, Snack and Socialize 9:30 Memory Café 11 Chair YOGA 11:30 Lunch 12:00 Arts & Crafts 12:30 Mahjong	21 8-4:00 Fitness Room 9:00 Breakfast Café 9:30 Morning Chat, Snack, and Socialize 10:00 Prize Bingo 11:30 Lunch 12:30 Prize Bingo 1:00 Dollar General

MILTON CHEER CENTER NOVEMBER ACTIVITIES 2025

27

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

24
8-4:00 Fitness Room
9:00 Morning Chat,
Snack and Socialize
9:00 Tai Chi w/ Deb
10:00 penny bingo
11:00 Yoga
11:30 Lunch
12:00 Mingo w/Dan Feth
1:30 Seated Tai Chi/

Seated Qigong w/Deb

CENTER CLOSED
Holiday Feast
At Georgetown
10a.m.—2p.m.
\$6 for seniors 60+
\$8 for under age 60

26 8-4:00 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 10:30 Bible Study 11:00am YOGA 11:30 Lunch 12:30 Bank PO, & Drug Store 1:00 Bridge Club

1:00 Quilting Club

THANKSGIVING BREAK
CENTERS
CLOSED

28

HONORING ALL WHO-SERVED To be a veteran one must know and determine one's price for freedom! VETERANS DAY DINNER DANCE

Friday, November 7 • 5 to 9 p.m.

CHEER Community Center

20520 Sand Hill Road

Georgetown, DE

FREE to all Veterans

Spouse and Guests \$10 Call your local CHEER Center for

tickets or contact

Robin Greene, 302-853-4199, rgreene@cheerde.com YOU ARE INVITED TO CHEER'S

Holiday Feast

Tuesday, November 25, 2025 10 a.m. to 2 p.m.

Warren L. and Charles C. Allen, Jr.

CHEER Community Center

20520 Sand Hill Road . Georgetown, Delaware

Traditional Thanksgiving Turkey Dinner

Entertainment • Contests • Prizes

Tickets: \$6 for seniors over age 60 \$8 for under age 60



Lets All Please use the TOUCH SCREEN in the Lobby Area and don't forget to choose socialize, and morning chat!

THERE IS ALWAYS

SOMETHING TO BE

THANKFUL FOR