Fresh & Ready Meals Only \$6

Available at all CHEER Centers!

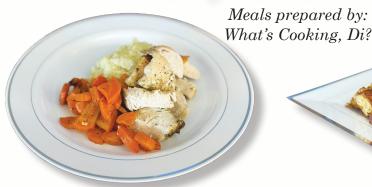


Featuring Meals
Prepared by
Area Chefs!
Featured Meals
Change Regularly

Try Them All!



Chef Diane Corsi What's Cooking, Di?



Golden Harvest Chicken Bowl

Roasted chicken breast with seasoned rice and honey-glazed carrots. A warm, gently sweet trio that's comforting and nutrient-rich.



Homestyle Pulled Pork Plate

Slow-cooked pulled pork with roasted herb potatoes and green beans.

A hearty, classic combo with balanced textures and flavors.



Sussex County
Food
Partnership



Over 50 Years Serving Sussex Seniors

For more information: (302) 515-0001

cheerde.com/fresh-and-ready-meals