






Harbour Lights CHEER Center

34211 Woods Edge Drive
Lewes, DE 19958 • 302.645.9239

October 2025



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>“This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities.”</p>  <p><i>Over 50 Years Serving Sussex Seniors</i></p> | | <p>1 8:00 Center Opens 8:00 Fitness Room Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bingo</p>  | <p>2 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Acme, Marshalls, and Staples 10:00 Chair Yoga 10:45 Pet Therapy with Paris 11:00 Grab and Go 11:30 Lunch 12:15 Soul Collage with Dee</p> | <p>3 8:00 Center Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Uno 10:30 Blood Pressure Checks with PAM Rehab 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo 12:30 Fitness Center Opens</p> |
| <p>6 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Milford Wal-Mart 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Nickel Bingo 12:30 Fitness Center Opens</p>  | <p>7 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Redner's 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Bible Study with Angela 12:30 Fitness Center Opens</p> | <p>8 8:00 Center Opens 8:00 Fitness Room Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 AARP Defensive Driving Course 12:15 Sweet Frog</p> | <p>9 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 American Veteran's Thrift Store 10:00 Chair Yoga 11:00 Grab and Go 11:30 Lunch 12:15 Diamond Painting with Crissy</p> | <p>10 Center Closed for Hispanic Heritage Celebration at the CHEER Community Center Please see Crissy for Tickets</p> |

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| 13 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Prize Bingo 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo 12:30 Fitness Center Opens | 14 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Rehoboth Boardwalk 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bible Study with Angela 12:30 Fitness Center Opens | 15 8:00 Center Opens 8:00 Fitness Room Opens 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 11:30 September Birthday's 12:15 Nickel Bingo | 16 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:15 Wordle/Memory Games 9:45 5 Below and Barnes Noble 10:00 Chair Yoga 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Soul Collage with Dee | 17 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Mingo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo 12:30 Fitness Center Opens |
| 20 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Milton Food Lion and Family Dollar 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo 12:30 Fitness Center Opens | 21 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Wal-Mart and Dollar Tree 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bible Study with Angela 12:30 Fitness Center Opens | 22 8:00 Center Opens 8:00 Fitness Center Opens 9:15 Memory Game 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo | 23 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle/Memory Games 9:45 Dover Mall Trip Lunch on your own 10:00 Chair Yoga 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Games | 24 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Uno 11:00 Grab and Go 11:30 Lunch 11:45 Gambling Problems Speaker 12:15 Nickel Bingo 12:30 Fitness Center Opens |
| 27 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 TJ Maxx, Aldi's and HomeSense 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo 12:30 Fitness Center Opens | 28 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bible Study with Angela 12:30 Fitness Center Opens 3:00 Uno 5:00 -7:00 Dinner and Prize Bingo | 29 8:00 Center Opens 8:00 Fitness Center Opens 9:15 Memory Game 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo | 30 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:00 Puzzle Corner 9:15 Wordle/Memory Games 9:45 Bethany Beach 10:00 Chair Yoga 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Abstract Art with Michael | 31 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Halloween Costume Party 10:30 Entertainment provided by DJ Carroll Shmitt 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo 12:30 Fitness Center Opens |