



SEPTEMBER

Roxana CHEER Center
34314 Pyle Center Road
Frankford, DE 19945
302-732-3662



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Center Closed!!! 	2 CHEERful Café 9:00 Snacks and Social 9:30 Prize Bingo, \$1 11:30 Lunch, \$ donation 12:00 Member of the Week: Choice of Group Activity	3 CHEERful Café 9:30 Snacks and Socializing 10:00 Breakfast, \$2.50 10:30 Blood Pressure with Erin (PAM Health) 11:30 Lunch, \$ donation 12:00 Safety Bingo 1:00 Games: Hand & Foot, Cards, Dominos, Connect 4, 	4  Day TRIP **Please sign up—Thanks!** 9:30 Snacks and Music 10:00 Movie Social 10:00 Harris Teeter 11:00 East Coast Garden Center 11:30 Lunch, \$ donation 12:00 Virtual Entertainment	5 CENTER CLOSED!!! 
12 CHEERful Café 9:30 Shopping - Bank and Pharmacy/Post Office 9:30 Music, Snacks and Social 10:00 Cooking Club- Public Health Natasha 11:30 Lunch, \$ donation 12:00 Shopping - Grocery Store and Dollar Tree	9 CHEERful Café 9:00 Snacks and Social 9:30 Prize Bingo, \$1 11:30 Lunch, \$ donation 12:00 Member of the Week: Choice of Group Activity 	10 CHEERful Café 9:00 Self-Management Program 9:30 Snacks and Social 10:00 Breakfast, \$2.50 11:30 Lunch, \$ donation 12:00 Workshop Overview 1:00 Games: Hand & Foot, Cards, Dominos, Connect 4,	11 **Please sign up ** 9:30 Snacks and Music 9:30 Movie Social 10:00 Nanticoke Indian Center 10:00 Group Choice Food 11:30 Lunch, \$ donation 12:00 Virtual Entertainment  Day TRIP	12 CHEERful Café 9:00 Morning Chat Social 9:30 Parsons Farm 10:30 Chair Yoga w/ Barb 11:30 Lunch, \$ donation 12:15 Memory Café





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>15</p> <p>CHEERful Café</p> <p>9:00 Shopping— Bank and Pharmacy/Post Office</p> <p>9:30 Snacks and Social</p> <p>9:30 Inspirational Music</p> <p>10:00 Pastor Dan and Betsy Taylor: Bible Study</p> <p>11:00 Group Discussion</p> <p>11:30 Lunch, \$ donation</p> <p>12:00 Shopping - Grocery Store and Dollar Store</p> 	<p>16</p> <p>CHEERful Café</p> <p>9:00 Snacks and Social</p> <p>9:30 Prize Bingo, \$1</p> <p>11:30 Lunch, \$ donation</p> <p>11:30 Selbyville Library</p> <p>Trip: AAUW Book Discussion or <i>Specialist: Employment, Health, and Social Support</i></p> <p>12:00 Games: Hand & Foot, Dominos, Connect 4, Yahtzee</p>	<p>17</p> <p>CHEERful Café</p> <p>9:00 Self-Management Program</p> <p>9:30 Snacks and Social</p> <p>10:00 Breakfast, \$2.50</p> <p>11:30 Lunch, \$ donation</p> <p>12:00 Member Meeting</p> <p>1:00 Games: Hand & Foot, Cards, Dominos, Connect 4</p>	<p>18</p> <p></p> <p>**Please sign up—Thanks!**</p> <p>9:00 Snacks and Music</p> <p>9:30 Movie Social</p> <p>10:00 Walmart</p> <p>11:00 Group Choice Restaurant</p> <p>11:30 Lunch, \$ donation</p> <p>12:00 Virtual Games</p>	<p>19</p> <p>CHEERful Café</p> <p>9:00 Morning Chat</p> <p>9:00 Music, Snacks and Social</p> <p>9:30 Exercise Wordsearch</p> <p>10:30 Chair Yoga w/ Barb</p> <p>11:30 Lunch, \$ donation</p> <p>12:15 Memory Café</p>
<p>22</p> <p>CHEERful Café</p> <p>9:00 Shopping - Bank and Pharmacy/Post Office</p> <p>9:30 Morning Chat</p> <p>9:30 Snacks and Social</p> <p>10:00 September Birthday Celebration</p> <p>10:30 Dan Feth- Stump The DJ</p> <p>11:30 Lunch, \$ donation</p> <p>12:00 Shopping - Grocery Store and Dollar Store</p> 	<p>23</p> <p>CHEERful Café</p> <p>9:00 Snacks and Social</p> <p>9:30 Prize Bingo, \$1</p> <p>11:30 Lunch, \$ donation</p> <p>12:00 Hand and Foot Cards</p> <p>12:00 Member Of The Week: Choice of Group Activity</p> 	<p>24</p> <p>CHEERful Café</p> <p>9:00 Self-Management Program</p> <p>9:30 Snacks and Social</p> <p>10:00 Breakfast, \$2.50</p> <p>11:30 Lunch, \$ donation</p> <p>12:00 Workshop Overview</p> <p>1:00 Games: Hand & Foot, Cards, Dominos, Connect 4</p>	<p>25</p> <p></p> <p>**Please sign up—Thanks!**</p> <p>9:00 Snacks and Music</p> <p>9:30 Movie Social</p> <p>10:00 Pontoon Boat Ride</p> <p>12:00 Trap Pond Picnic</p> <p>Packed Lunch, \$ donation</p> <p>12:00 Games: Hand & Foot, Dominos, Connect 4, Yahtzee</p> <p>1:00 Virtual Trivia</p>	<p>26</p> <p>CHEERful Café</p> <p>9:00 Morning Chat & Social</p> <p>9:30 Snacks with Music</p> <p>10:00 Crossword Puzzles</p> <p>10:00 Dan Feth- Water Color Painting (Sign -Up Required)</p> <p>11:30 Lunch, \$ donation</p> <p>12:15 Memory Café</p> 
<p>29</p> <p>CHEERful Café</p> <p>9:00 Shopping— Bank and Pharmacy/Post Office</p> <p>9:30 Snacks and Social</p> <p>9:30 Inspirational Music</p> <p>10:00 Pastor Dan and Betsy Taylor: Bible Study</p> <p>11:30 Lunch, \$ donation</p> <p>11:30 Group Discussion</p> <p>12:00 Shopping—Grocery Store and Dollar Store</p>	<p>30</p> <p>CHEERful Café</p> <p>12:00 Morning Chat Arrival</p> <p>1:00 Lunch and Social</p> <p>2:15 Oceanview CHEER Center</p> <p>3:00 Enjoy Entertainment</p>  <p>3:30- 4:00 Departure Snack</p>			<p>You ARE THE Bonnie FO-my CLYDE WITHOUT all of the CRIME</p>