

MILTON CHEER CENTER September ACTIVITIES 2025

24855 Broadkill Rd, Milton DE



Center is Closed Labor Day



2 TUESDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 9:30 Word Search/ Crosswords

10:00 Nutrition Education with Marv

11am Chair YOGA

11:30 Lunch 12:00 Bingo

3 WEDNESDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize

10:00 Bible Study

10:30 Arts and Crafts

11:00am YOGA

11:30 Lunch 12:00 Wordle

12:30 Bank PO, & Drug Store 1:00 Bridge Club

4 THURSDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize

10am-3pm Pickleball

9:30 Memory Café

10:00 Becketts Bulletin

11am Chair YOGA

11:30 Lunch 12:00 Movie

12:30 Mahjong

5 FRIDAY

TRAP POND **FESTIVAL CENTER CLOSED** 10:00 am - 2:00 pm Laurel, DE

8 MONDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize

9:00 Tai Chi

9:30 Membership Meeting 10am-3pm Pickleball

(sign in inside) 11:00 Yoga

11:30 Lunch

12:00 Mingo w/ Dan Feth

9 TUESDAY

8-3:30 Fitness Room Open 9:00 Morning Chat. Snack and Socialize

10:00 Nutrition Education with Mary

11am Chair YOGA

11:30 Lunch

12:00 Bingo

10 WEDNESDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize

10:00 Bible Study

11:00am YOGA 11:30 Lunch

12:00 Wordle

12:30 Bank PO, & Drug Store 1:00 Bridge Club

11 THURSDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize

9:30 Memory Café

10am-3pm Pickleball (sign in inside)

11am Chair YOGA

11:30 Lunch

12:00 Birthday Celebrations

12:30 Mahjong

12 FRIDAY

8-3:30 Fitness Room Open 9:00 Breakfast Café 9:30 Morning Chat. Snack.

and Socialize

10:00 Prize Bingo

11:30 Lunch

12:30 Prize Bingo

1:00 Dollar General

15 MONDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize

9:00 Tai Chi

10am-3pm Pickleball (sign in inside)

11:00 Yoga

11:30 Lunch

12:00 Mingo w/ Dan Feth

16 TUESDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize

10:00 Nutrition Education with Marv

11am Chair YOGA 11:30 Lunch

12:00 Bingo

17 WEDNESDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize

10:00 Bible Study

10:30 Arts and Crafts

11:00am YOGA 11:30 Lunch

12:30 Bank PO, & Drug Store 1:00 Bridge Club

> Dinner and Bingo w/ **Entertainment** 4:00-6:00pm

18 THURSDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize

9:30 Memory Café

10am-3pm Pickleball (sign in inside)

11am Chair YOGA 11:30 Lunch

12:30 Mahjong

19 FRIDAY

8-3:30 Fitness Room Open 9:00 Breakfast Café

9:30 Morning Chat. Snack. and Socialize

10:00 Prize Bingo

11:30 Lunch

12:30 Prize Bingo

1:00 Dollar General



MILTON CHEER

September 2025

24855 BROADKILL ROAD, MILTON DE Tel # 302-684-4819



22 MONDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 9:00 Tai Chi 10am-3pm Pickleball (sign in inside) 11:00 Yoga

12:00 Mingo w/ Dan Feth

23 TUESDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize

10:00 Nutrition Education with Mary

11am Chair YOGA

11:30 Lunch 12:00 Bingo **24 WEDNESDAY**

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize

10:00 Bible Study

11:00am YOGA 11:30 Lunch

12:30 Bank PO, & Drug

Store 1:00 Bridge Club

1:00 Bridge Club
1:00 Quilting Club

25 THURSDAY

8am- 9am Milton Chamber Mixer

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize

9:30 Memory Café

10am-3pm Pickleball (sign in inside)

11am Chair YOGA

11:30 Lunch 12:00 Movie

12:30 Mahjong

26 FRIDAY

8-3:30 Fitness Room Open 9:00 Breakfast Café 9:30 Morning Chat, Snack, and Socialize 10:00 Prize Bingo 11:30 Lunch

12:30 Prize Bingo

1:00 Dollar General

29 MONDAY

11:30 Lunch

8-3:30 Fitness Room Open
9:00 Morning Chat, Snack and socialize
9:00 Tai Chi
10am-3pm Pickleball (sign in inside)
11:00 Yoga
11:30 Lunch
12:00 Mingo w/ Dan Feth

30 TUESDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize

10:00 Nutrition Education with Mary
11am Chair YOGA

11:30 Lunch

12:00 Bingo

If you are interested in playing pickleball, we have paddles and pickleballs.

Please sign in and sign out, returning borrowed equipment.

Computer and Smartphone clinics every Thursday by Appointment Only.

Call to get your time.



Lets All Please use the TOUCH SCREEN in the Lobby Area and don't forget to choose socialize, and morning chat!

