






Harbour Lights CHEER Center

34211 Woods Edge Drive
Lewes, DE 19958 • 302.645.9239

September 2025



Monday	Tuesday	Wednesday	Thursday	Friday
1  Center Closed	2 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Georgetown Wal-Mart 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Bible Study with Angela 12:30 Fitness Center Opens	3 8:00 Center Opens 8:00 Fitness Room Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bingo	4 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Rehoboth Boardwalk 11:00 Grab and Go 11:30 Lunch 12:15 Soul Collage with Dee	5 Center closed Trap Pond Fall Festival Ticket Prices: \$7 Seniors 60+ \$9 Under 60 Please see Crissy for tickets!
8 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 New Life Thrift Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Nickel Bingo 12:30 Fitness Center Opens	9 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Acme, Marshalls and Staples 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Bible Study with Angela 12:30 Fitness Center Opens	10 8:00 Center Opens 8:00 Fitness Room Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 AARP Defensive Driving Course 12:15 Hopkins Farm Creamery 	11 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:30 Chair Yoga with Brenda 10:00 Murder Mystery Meeting 10:30 Pet Therapy with Paris 11:00 Grab and Go 11:30 Lunch 12:15 Diamond Painting with Crissy	12 8:00 Center Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Uno 10:30 Blood Pressure Checks with PAM Rehab 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo 12:30 Fitness Center Opens 

Monday	Tuesday	Wednesday	Thursday	Friday
15 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 All Saint's Parish 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo 12:30 Fitness Center Opens	16 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 TJ Maxx and Aldi's 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bible Study with Angela 12:30 Fitness Center Opens	17 8:00 Center Opens 8:00 Fitness Room Opens 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 11:30 September Birthday's 12:15 Nickel Bingo	18 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:15 Wordle and Memory Games 9:45 The Grocery Outlet 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Soul Collage with Dee	19 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 American Veteran's Thrift Store 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo 12:30 Fitness Center Opens
22 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 HomeSense 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo 12:30 Fitness Center Opens	23 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bible Study with Angela 12:30 Fitness Center Opens 1:00 Bus pick-up's begin 3:00 Uno 5:00 –7:00 Dinner and Prize Bingo	24 8:00 Center Opens 8:00 Fitness Center Opens 9:15 Memory Game 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo	25 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Conley Chapel Thrift Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Abstract Art Painting with Michael	26 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Uno 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo 12:30 Fitness Center Opens
29 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Wal-Mart and Dollar Tree 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo 12:30 Fitness Center Opens	30 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Dover Mall Lunch on your own 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Bible Study with Angela 12:30 Fitness Center Opens			 <i>Over 50 Years Serving Sussex Seniors</i> <p>“This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities.”</p>