



Café Salud

Actividades/Activities
September– Septiembre 2025



Lunes/Monday	Martes/Tuesday	Miercoles/Wednesday	Jueves/Thursday	Viernes/Friday
	2. 4:00 - BINGOCIZE 4:30 - BILINGUAL CLASS 5:30 - La Cena 6:15-7:00 - Spanish Practice 7-8:00 - LOTERIA	3. 4:00 - Yoga Ensilla Chair Yoga 5:30 - La Cena 6:15 -7:00 - Spanish Practice 7-8:00 - Bingosize		
	9. 4:00 - Socialize Socializar 4:30 - BILINGUAL CLASS 5:30 - La Cena 6:15-7:00 - Spanish Practice 7-8:00 - BINGOCIZE	10. 4:00 - ARTS AND CRAFTS 5:30 - La Cena 6:15-7:00 - Spanish Practice 7-8:00 - Bingosize		



Café Salud

September – Septiembre 2025
Calendario de Actividades



Lunes/Monday	Martes/Tuesday	Miercoles/Wednesday	Jueves/Thursday	Viernes/Friday
	16 4:00 - Zumba 5:30 - La Cena 6:15-7:00 - BINGOCIZE	17 4:00 -Socialize Socializar 4:30 - ARTS AND CRAFTS 5:30 - La Cena 6:15-7:00 - Spanish Practice 7-8:00 - LOTERIA		
	23 4:00 - ZUMBA 5:30 - La Cena 6:15-7:00 - Spanish Practice 7-8:00 - LOTERIA	24 4:00 - Socialize Socializar 4:30 - Arts And Crafts 5:30 - La Cena 6:15-7:00 - Spanish Practice 7-8:00 - BINGOCIZE		
	30 4:00 - Ruthy Sewing Class 5:30 - La Cena 6:15-7:00 - Spanish Practice 7-8:00 - BINGOCIZE			