









Roxana CHEER Center  
34314 Pyle Center Road  
Frankford, DE 19945  
302-732-3662






MON	TUES	WED	THURS	FRI
		<p>August is like the Sunday of the year</p>	<p>BECOME A <b>MEMBER</b> JOIN TODAY!</p>	<p><b>1 CHEERful Café</b></p> <p>9:30 Snacks and Social 9:30 Music Jam 10:00 "National Play Ball Day" 10:00 Chair Exercise 11:00 Word of Word 11:30 Lunch, \$ donation 12:15 Memory Café</p> 
<p><b>4 CHEERful Café</b></p> <p>9:30 Shopping —Bank and Pharmacy/Post Office 9:30 Music, Snacks and Social 10:00 Word of Word 10:00 Group Choice: Movie 10:30 UNO Challenge 11:30 Lunch, \$ donation 12:00 Shopping—Grocery Store and Dollar Tree</p>	<p><b>5 CHEERful Café</b></p> <p>9:30 Snacks and Social 10:00 Prize Bingo, \$1 11:30 Lunch, \$ donation 12:00 Word Games 12:30 Uno Challenge 1:00 Group Trivia</p>	<p><b>6 CHEERful Café</b></p> <p>9:30 Snacks and Socializing 10:00 Breakfast, \$2.50 10:30 Blood Pressure with Erin (PAM Health) 11:30 Lunch, \$ donation 12:00 Jay Cooking Club – Oreo Dessert Cups 1:00 Games: Hand &amp; Foot, Cards, Dominos, Connect 4,</p> 	<p><b>7 TRIP DAY</b> **Please sign up—Thanks!**</p> <p>9:30 Snacks and Music 9:30 Movie Social 10:00 Ice Cream &amp; Water Ice Store 10:00 Dollar Tree 11:30 Lunch, \$ donation 12:00 MOVIE 12:30 Wordle 1:00 General Trivia</p> 	<p><b>8 CHEERful Café</b></p> <p>9:30 Snacks with Social 9:30 Music Jam 10:00 Word Games 10:30 Chair Yoga w/ Barb 11:30 Lunch, \$ donation 12:15 Memory Café</p> 



# CHEER



MON	TUES	WED	THURS	FRI
<b>11 CHEERful Café</b> 9:00 Shopping— Bank and Pharmacy/Post Office 9:30 Snacks and Social 9:30 Inspirational Music 10:00 Wordle 10:00 Bible Wordsearch 10:30 Book Club: Reading Bible Verse 10:30 Word Boggle 11:00 Group Discussion 11:00 Word of Words 11:30 Lunch, \$ donation 12:00 Shopping—Grocery Store and Dollar Store	<b>12 CHEERful Café</b> 9:00 Snacks and Socializing 9:30 Prize Bingo, \$1 11:30 Lunch, \$ donation 11:30 Roxana Visit Oceanview 12:00 \$3.00 Expressive Watercolor Art Project @ OV Center 12:00 Movie 	<b>13 CHEERful Café</b> 9:00 Breakfast, \$2.50 9:25 Self-Management Program 10:00 Snacks and Social 11:30 Lunch, \$ donation 12:00 Member Meeting 12:30 Games: Hand & Foot, Dominos, Connect 4, Yahtzee	<b>14 Day TRIP</b> <b>**Please sign up—Thanks! **</b> 9:30 Snacks and Music 10:00 Movie Social 10:00 Parsons Farm 11:00 Four Acres Living—Alpacas 11:30 Lunch, \$ donation 12:00 Word Games	<b>15 CHEERful Café</b> 9:30 Snacks with Music 10:00 Arts And Crafts With Patricia 10:30 Word Puzzles: Arts and Crafts 11:30 Lunch, \$ donation 12:15 Memory Café
<b>18 CHEERful Café</b> 9:00 Shopping— Bank and Pharmacy/Post Office 9:30 Snacks and Social 9:30 Inspirational Music 10:00 Book Club: Reading Bible Verse 10:30 Pastor Dan and Betsy Taylor: Bible Study 11:00 Word of Words 11:30 Lunch, \$ donation 12:00 Shopping—Grocery Store and Dollar Store	<b>19 CHEERful Café</b> 9:00 Snacks and Social 9:30 Wordle 10:30 Prize Bingo, \$1 11:30 Lunch, \$ donation 12:00 Jay Cooking Club—Banana Pudding 1:00 UNO Challenge 	<b>20 CHEERful Café</b> 9:00 Breakfast, \$2.50 9:25 Self-Management Program 10:00 Snacks and Social 11:30 Lunch, \$ donation 12:00 Movie 12:30 Games: Hand & Foot, Dominos, Connect 4, Yahtzee	<b>21 Day TRIP</b> <b>**Please sign up—Thanks! **</b> 9:30 Snacks and Music 9:30 Movie Social 10:00 Botanic Gardens 11:00 Restaurant Choice 11:30 Lunch, \$ donation 12:00 Games: Hand & Foot, Dominos, Connect 4, Yahtzee	<b>22 CHEERful Café</b> 9:00 Morning Chat Social 9:30 Snacks with Music 10:00 Word Games 10:30 Chair Yoga w/ Barb 11:30 Lunch, \$ donation
<b>25 CHEERful Café</b> 9:00 Shopping— Bank and Pharmacy/Post Office 9:30 Snacks and Social 9:30 Inspirational Music 10:00 Coastal Gardener—Watercolor Painting—Bookmarks 11:30 Lunch, \$ donation 12:00 Shopping—Grocery Store and Dollar Store	<b>26 CHEERful Café</b> 9:00 Snacks and Social 9:30 Wordle 10:00 Prize Bingo, \$1 11:30 Lunch, \$ donation 12:00 UNO Challenge 1:00 Memory Game: 2Truths & A Lie 	<b>27 CHEERful Café</b> 9:00 Breakfast, \$2.50 9:25 Self-Management Program 10:00 Snacks and Social 11:30 Lunch, \$ donation 12:00 Group Trivia 12:30 Group Board Games	<b>28 TRIP DAY</b> <b>**Please sign up—Thanks! **</b> 9:30 Snacks and Music 10:00 Movie Social 10:00 Walmart 11:00 Group Choice of Restaurant 11:30 Lunch, \$ donation 12:00 Game: Hand & Foot, Dominos, Connect 4, UNO 1:00 Word Games	<b>29 CHEERful Café</b> 9:30 Snacks with Music 10:00 Arts and Crafts w/ Patricia 10:30 Word Puzzles 11:30 Lunch, \$ donation 12:15 Memory Café