

Long Neck CHEER Center August 2025 Activities Calendar



Monday	Tuesday	Wednesday	Thursday	Friday
		a tologist		1 8:00 - Gym opens 8:00 - Computer Lab Opens 8:00 - Texercise 10:00 - Penny Bingo 10:00 - Dollar Tree 10:00 - Bible Study 10:30 Music and Memories 11:30 - Lunch
8:00 - Gym opens 8:00 - Computer Lab Opens 8:30 - Weight Watchers 9:30 Wal-Mart 9:30 Water Color painting workshop \$3.00 11:30 - Lunch 12:00 - Nickel Poker 12:00 - Knitting & Crocheting 12:30 Penny Bingo 1:30 - Cards 1:30 Table Tennis	5 8:00 - Gym opens 8:00 - Computer Lab Opens 8:00 - Texercise 9:00 - Zumba 9:15 Parsons 10:15 - Tai Chi 11:30 - Lunch 12:00 Nickel Poker 1:00 - Mahjongg 1-3:00 - Memory Café	6 8:00 - Gym opens 8:00 - Computer Lab Opens 8:00 - Texercise 9:00 - Michigan Rummy 9:30 -Bank, P.O., Drug Store 11:30 - Lunch 12:30 Prize Bingo 1:00 Bunco	7 8:00 - Gym opens 8:00 - Computer Lab Opens 9:00 - Zumba 10:15 -Tai Chi 11:30 -Lunch 12:00 - Nickel Poker 12:30 -Nickel poker	8 8:00 - Gym opens 8:00 - Computer Lab Opens 8:00 - Texercise 10:00 - Penny Bingo 10:00 - Dollar Tree 10:00 - Bible Study 11:30 - Lunch

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11 8:00 - Gym opens 8:00 - Computer Lab Opens 8:30 Weight Watchers 9:30 Wal-Mart 11:30 Lunch 12:00 Knitting & Crocheting 12:00 - Nickel Poker 12:30 Penny Bingo 1:30 Cards 1:30 Table Tennis	12 8:00 - Gym opens 8:00 - Computer Lab Opens 8:00 Texercise 9:00 Zumba 10:15 Tai Chi 11:30 Lunch 12:00 Nickel Poker 1:00 Mahjongg 1-3:00 Memory Café	13 8:00 - Gym opens 8:00 - Computer Lab Opens 8:00 - Texercise 9:00 - Michigan Rummy 9:30 -Bank, P.O., Drug Store 11:30 - Lunch 12:00 Membership meeting 12:30 Prize Bingo 1:00 Bunco	14 8:00 - Gym opens 8:00 - Computer Lab Opens 9:00 Zumba 9:15 Teen Challenge Thrift Store and Smiths Cafe 10:15 Tai Chi 11:30 Lunch 12:00 - Nickel Poker 12:30 Nickel 1:00 Peer Support DE	15 8:00 - Gym opens 8:00 - Computer Lab Opens 8:00 Texercise 10:00 Dollar Tree 10:00- Bible Study 10:30 Music and Memories 11:30 Lunch 12:30 Penny Bingo
18 8:00 - Gym opens 8:00 - Computer Lab Opens 8:30 Weight Watchers 9:30 Wal-Mart 11:30 Lunch 12:00 - Nickel Poker 12:00 Knitting & Crocheting 12:30 Penny Bingo 1:30 Cards 1:30 Table Tennis	19 8:00 - Gym opens 8:00 - Computer Lab Opens 8:00 Texercise 9:00 Zumba 9:15 Dupont Nature Center and Shell craft 10:15 Tai Chi 11:30 Lunch 12:00 Nickel Poker 1:00 Mahjongg 1-3:00 Memory Café	20 8:00 - Gym opens 8:00 - Computer Lab Opens 8:00 - Texercise 9:00 - Michigan Rummy 9:30 -Bank, P.O., Drug Store 11:30 - Lunch 12:30 Prize Bingo 1:00 Bunco	21 8:00 - Gym opens 8:00 - Computer Lab Opens 9:00 Zumba 9:15 Art Exhibition to view paintings from workshop on 8/4 12:30 - Penny Bingo 10:15 Tai Chi 11:30 Lunch 12:00 - Nickel Poker 12:30 Nickel poker 4:00 Evening Event	22 8:00 - Gym opens 8:00 - Computer Lab Opens 8:00 Texercise 10:00 Dollar Tree 10:00 - Bible Study 11:30 Lunch 12:30 Penny Bingo
25 8:00 - Gym opens 8:00 - Computer Lab Opens 8:30 Weight Watchers 9:30 Wal-Mart 10:00 Suzette Pritchard music 11:30 Lunch 12:00 - Nickel Poker 12:00 Knitting & Crocheting 12:30 Penny Bingo 1:30 Cards 1:30 Table Tennis	26 8:00 - Gym opens 8:00 - Computer Lab Opens 8:00 Texercise 9:00 Zumba 10:15 Tai Chi 11:30 Lunch 12:00 Nickel Poker 1:00 Mahjongg 1-3:00 Memory Café	27 8:00 - Gym opens 8:00 - Computer Lab Opens 8:00 - Texercise 9:00 - Michigan Rummy 9:30 -Bank, P.O., Drug Store 11:30 - Lunch 12:30 Prize Bingo 12:30 Birthday Celebtation 1:00 Bunco	28 8:00 - Gym opens 8:00 - Computer Lab Opens 9:00 Zumba 10:15 Tai Chi 11:30 Lunch 12:00 - Nickel Poker 12:30 Nickel poker	29 8:00 - Gym opens 8:00 - Computer Lab Opens 8:00 Texercise 10:00 Dollar Tree 10:00 - Bible Study 10:30 Music and Memories 11:30 Lunch 12:30 Penny Bingo