

# AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Italian Crusted Fish Macaroni & Cheese Stewed Tomatoes Whole Wheat Roll/Bread Chilled Pineapple Skim Milk
<b>4</b> Spaghetti And Meat Sauce Italian Vegetables Whole Wheat Roll/Bread Orange Sherbet Skim Milk	<b>5</b> Baked Glazed Ham Scalloped Potatoes Boiled Cabbage Applesauce Whole Wheat Roll/Bread Skim Milk	<b>6</b> Sloppy Joe Baked Steak Fries Cole Slaw Apple Crisp Skim Milk	<b>7</b> Chicken Pesto Couscous With Roasted Veg Buttered Spinach Whole Wheat Roll/Bread Cinnamon Pears Skim Milk	<b>8</b> Chicken Tortilla Soup Mexican Chef Salad Fig Cookie Bar Skim Milk
<b>11</b> Dirty Rice Okra And Tomatoes Fresh Fruit Soft Whole Wheat Roll/Bread/Marg Skim Milk	<b>12</b> Turkey Pot Pie Succotash Pineapple W/ Mandarin Oranges Whole Wheat Roll/Bread Skim Milk	<b>13</b> Stuffed Bell Pepper Mashed Red Potatoes Carrots Gelatin Whole Wheat Roll/Bread Skim Milk	<b>14</b> Chicken And Dumplings Collard Greens Whole Wheat Roll/Bread Ice Cream Skim Milk	<b>15</b> Vege Beef Barley Soup Shrimp Caesar Salad Chilled Fruit Cup Whole Wheat Roll/Bread Skim Milk
<b>18</b> Baked Ziti & Meat Sauce Lettuce and Tomato Salad Applesauce Whole Wheat Roll/Bread Skim milk	<b>19</b> Bacon Egg & Cheese Taco American Fried Potatoes Steamed Spinach Fresh Banana Skim Milk	<b>20</b> Swedish Meatballs Buttered Noodles Baby Carrots Whole Wheat Roll/Bread Fruit Of The Day Skim Milk	<b>21</b> Garlic Parmesan Chicken Parmesan Potatoes Basil Zucchini Saute Whole Wheat Roll/Bread Assorted Cookies Skim Milk	<b>22</b> Cream Broccoli Soup Tomato & Tuna Salad Wrap Pickled Beets Mandarin Oranges Skim Milk
<b>25</b> 3 Cheese Lasagna Italian Vegetables Whole Wheat Roll/Bread Chilled Fruit Cup Skim Milk	<b>26</b> Pork Roast/Sauerkraut Mashed Sweet Potatoes Roasted Brussels Sprouts Whole Wheat Roll/Bread Bread Pudding Skim Milk	<b>27</b> Shepherd's Pie Garlic Green Beans Whole Wheat Roll/Bread Fresh Fruit Skim Milk	<b>28</b> Orange Glazed Chicken Brown Rice Pilaf Collard Greens Fruited Gelatin Whole Wheat Roll/Bread Skim Milk	<b>29</b> Corn Chowder Seafood Salad Mixed Green Salad Whole Wheat Roll/Bread Rice Crispy Bar Skim Milk



DELAWARE HEALTH AND SOCIAL SERVICES  
Division of Services for Aging and Adults with Physical Disabilities  
*"This agency receives funding from  
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Menu items subject to change due to availability.



# CHEER

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