




| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
| <p>2</p> <p>8:00 - Gym opens 8:00 – Computer Lab Opens 8:30 - Weight Watchers 9:30 Wal-Mart 11:30 -Lunch 12:00 - Nickel Poker 12:00 - Knitting & Crocheting 12:30 - Penny Bingo 1:30 - Cards 1:30 Table Tennis</p> | <p>3</p> <p>8:00 - Gym opens 8:00 – Computer Lab Opens 8:00 - Texercise 9:00 -Zumba 9:15 East Coast Garden Center 10:15 - Tai Chi 11:30 - Lunch 12:00 Nickel Poker 1:00 - Mahjongg 1-3:00 - Memory Café</p> | <p>4</p> <p>8:00 - Gym opens 8:00 – Computer Lab Opens 8:00 - Texercise 9:00 - Michigan Rummy 9:30 -Bank, P.O., Drug Store 11:30 - Lunch 12:30 Prize Bingo 1:00 Bunco 4:30 - 6:30 Delaware Sea Grant –Emergency Preparedness Workshop</p> | <p>5</p> <p>8:00 - Gym opens 8:00 – Computer Lab Opens 9:00 - Zumba 9:15 Produce Junction and Bylers in Dover 10:15 -Tai Chi 11:30 -Lunch 12:00 - Nickel Poker 12:30 -Nickel poker</p> | <p>6</p> <p>8:00 - Gym opens 8:00 – Computer Lab Opens 8:00 - Texercise 10:00 - Penny Bingo 10:00 - Dollar Tree 10:30 Music and Memories 10:00– Bible Study 11:30 - Lunch</p> |
| <p>9</p> <p>8:00 - Gym opens 8:00 – Computer Lab Opens 8:30 - Weight Watchers 9:30 Wal-Mart 11:30 -Lunch 12:00 - Nickel Poker 12:00 - Knitting & Crocheting 12:30 - Penny Bingo 1:30 - Cards 1:30 Table Tennis</p> | <p>10</p> <p>8:00 - Gym opens 8:00 – Computer Lab Opens 8:00 - Texercise 9:00 -Zumba 10:15 - Tai Chi 11:30 - Lunch 12:00 Nickel Poker 1:00 - Mahjongg 1-3:00 - Memory Café</p> | <p>11</p> <p>8:00 - Gym opens 8:00 – Computer Lab Opens 8:00 - Texercise 9:00 - Michigan Rummy 9:30 -Bank, P.O., Drug Store 11:30 - Lunch 12:00 - Membership Meeting 12:30 Prize Bingo 1:00 Bunco</p> | <p>12</p> <p>8:00 - Gym opens 8:00 – Computer Lab Opens 9:00 - Zumba 10:15 -Tai Chi 11:30 -Lunch 12:00 - Nickel Poker 12:30 -Nickel poker 1:00 Peer Support DE 4:00 - 6:00 Radio Theater and Dinner</p> | <p>13</p> <p>8:00 - Gym opens 8:00 – Computer Lab Opens 8:00 - Texercise 10:00 - Penny Bingo 10:00 - Dollar Tree 10:00– Bible Study 11:30 - Lunch</p>  |

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|---|---|---|---|---|
| 16 8:00 - Gym opens 8:00 – Computer Lab Opens 8:30 Weight Watchers 9:30 Wal-Mart 11:30 Lunch 12:00 Knitting & Crocheting 12:00 - Nickel Poker 12:30 Penny Bingo 1:30 Cards 1:30 Table Tennis | 17 8:00 - Gym opens 8:00 – Computer Lab Opens 8:00 Texercise 9:00 Zumba 10:15 Tai Chi 11:30 Lunch 12:00 Nickel Poker 1:00 Mahjongg 1-3:00 Memory Café | 18 8:00 - Gym opens 8:00 – Computer Lab Opens 8:00 - Texercise 9:00 - Michigan Rummy 9:30 -Bank, P.O., Drug Store 11:30 - Lunch 12:30 Prize Bingo 1:00 Bunco | 19 Center Closed Juneteeth | 20 8:00 - Gym opens 8:00 – Computer Lab Opens 8:00 Texercise 10:00 Dollar Tree 10:00– Bible Study 10:30 Music and Memories 11:30 Lunch 12:30 Penny Bingo |
| 23 8:00 - Gym opens 8:00 – Computer Lab Opens 8:30 Weight Watchers 9:30 Wal-Mart 11:30 Lunch 12:00 - Nickel Poker 12:00 Knitting & Crocheting 12:30 Penny Bingo 1:30 Cards 1:30 Table Tennis | 24 8:00 - Gym opens 8:00 – Computer Lab Opens 8:00 Texercise 9:00 Zumba 9:15 Dupont Nature Center Trip w/ shell presentation and craft 10:15 Tai Chi 11:30 Lunch 12:00 Nickel Poker 1:00 Mahjongg 1-3:00 Memory Café | 25 8:00 - Gym opens 8:00 – Computer Lab Opens 8:00 - Texercise 9:00 - Michigan Rummy 9:30 -Bank, P.O., Drug Store 11:30 - Lunch 12:30 Prize Bingo 1:00 Bunco | 26 8:00 - Gym opens 8:00 – Computer Lab Opens 9:00 Zumba 9:15 Conley Thrift Shop, American Veterans Thrift Shop, Cracker Barrel 10:15 Tai Chi 11:30 Lunch 12:00 - Nickel Poker 12:30 Nickel poker 3:15 Texas Roadhouse | 27 8:00 - Gym opens 8:00 – Computer Lab Opens 8:00 Texercise 10:00 Dollar Tree 10:00– Bible Study 11:30 Lunch 12:30 Penny Bingo |
| 30 8:00 - Gym opens 8:00 – Computer Lab Opens 8:30 Weight Watchers 9:30 Wal-Mart 11:30 Lunch 12:00 - Nickel Poker 12:00 Knitting & Crocheting 12:30 Penny Bingo |   | | | |