

# JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> Baked Glazed Ham Scalloped Potatoes Boiled Cabbage Applesauce Whole Wheat Roll/Bread Skim Milk	<b>2</b> Sloppy Joe Baked Steak Fries Cole Slaw Apple Crisp Skim Milk	<b>3</b> Chicken Pesto Couscous With Roasted Veg Buttered Spinach Whole Wheat Roll/Bread Cinnamon Pears Skim Milk	<b>4</b> <b>CLOSED</b> <b>in Observance of</b> <b>INDEPENDENCE</b> <b>DAY</b>
<b>7</b> Dirty Rice Okra And Tomatoes Fresh Fruit Soft Whole Wheat Roll/Bread/Marg Skim Milk	<b>8</b> Turkey Pot Pie Succotash Pineapple with Mandarin Oranges Whole Wheat Roll/Bread Skim Milk	<b>9</b> Stuffed Bell Pepper Mashed Red Potatoes Carrots Gelatin Whole Wheat Roll/Bread Skim Milk	<b>10</b> Chicken And Dumplings Collard Greens Whole Wheat Roll/Bread Ice Cream Skim Milk	<b>11</b> Vege Beef Barley Soup Shrimp Caesar Salad Chilled Fruit Cup Whole Wheat Roll/Bread Skim Milk
<b>14</b> Baked Ziti & Meat Sauce Lettuce And Tomato Salad Applesauce Whole Wheat Roll/Bread Skim Milk	<b>15</b> Bacon Egg & Cheese Taco American Fried Potatoes Steamed Spinach Fresh Banana Skim Milk	<b>16</b> Swedish Meatballs Buttered Noodles Baby Carrots Whole Wheat Roll/Bread Fruit Of the Day Skim Milk	<b>17</b> Garlic Parmesan Chicken Parmesan Potatoes Basil Zucchini Saute Whole Wheat Roll/Bread Assorted Cookies Skim Milk	<b>18</b> Cream Broccoli Soup Tomato & Tuna Salad Wrap Pickled Beets Mandarin Oranges Skim Milk
<b>21</b> 3 Cheese Lasagna Italian Vegetables Whole Wheat Roll/Bread Chilled Fruit Cup Skim Milk	<b>22</b> Pork Roast/Sauerkraut Mashed Sweet Potatoes Roasted Brussels Sprouts Whole Wheat Roll/Bread Bread Pudding Skim Milk	<b>23</b> Shepherd's Pie Garlic Green Beans Whole Wheat Roll/Bread Fresh Fruit Skim Milk	<b>24</b> Orange Glazed Chicken Brown Rice Pilaf Collard Greens Fruited Gelatin Whole Wheat Roll/Bread Skim Milk	<b>25</b> Corn Chowder Seafood Salad Mixed Green Salad Whole Wheat Roll/Bread Rice Crispy Bar Skim Milk
<b>28</b> Hot Dog W/Chili Baked Beans Petite Corn On The Cob Fresh Fruit Skim Milk	<b>29</b> Cheese Enchilada Casserole Red Beans And Rice Churros Skim Milk	<b>30</b> Pork Fried Rice Steamed Asian Blend Vegetables Chilled Fruit Cup Whole Wheat Roll/Bread Skim Milk	<b>31</b> Cinnamon Honey Chicken Roasted Sweet Potatoes Winter Mix Vegetables Whole Wheat Roll/Bread Fruited Ambrosia Skim Milk	



DELAWARE HEALTH AND SOCIAL SERVICES  
Division of Services for Aging and Adults with Physical Disabilities  
*"This agency receives funding from  
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Menu items subject to change due to availability.



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