

MILTON CHEER CENTER MAY 2025 ACTIVIES

24855 BROADKILL ROAD, MILTON DE Tel # 302-684-4819

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<div>Older Americans</div> <div>\$1.00 Lunch for 60 and over, All Month!</div>	<div>1</div> <div>8-3:30 Fitness Room Open</div> <div>9:00 Morning Chat, Snack, Socialize</div> <div>9:30 Memory Café</div> <div>11am Chair YOGA</div> <div>11:30 Lunch</div> <div>12:00 Movie</div> <div>12:30 Mahjong</div> <div>Computer and Smartphone clinics every Thursday by</div>	<div>2</div> <div>8-3:30 Fitness Room Open</div> <div>9:00 Breakfast Café</div> <div>9:30 Morning Chat, Snack, and Socialize</div> <div>10:00 Women Mamo Clinic w/ Parker Boots</div> <div>11:30 Lunch</div> <div>12:30 Prize Bingo</div> <div>1:00 Dollar General</div>
<div>5</div> <div>8-3:30 Fitness Room Open</div> <div>9:00 Morning Chat, Snack and Socialize</div> <div>9:00 Tai Chi</div> <div>9:30 Matching Games</div> <div>11:00 Yoga</div> <div>11:30 Lunch</div> <div>12:00 Mingo w/ Dan Feth</div> <div>CINCO DE MAYO</div>	<div>6</div> <div>8-3:30 Fitness Room Open</div> <div>9:00 Morning Chat, Snack and Socialize</div> <div>9:30 Word Search & Crosswords</div> <div>10:00 Blood Pressure Check and Chair Exercise</div> <div>DMV GO 10am– 2pm</div> <div>11am Chair YOGA</div> <div>11:30 Lunch</div> <div>12:00 Bingo</div>	<div>7</div> <div>8-3:30 Fitness Room Open</div> <div>9:00 Morning Chat, Snack and Socialize</div> <div>10:00 Bible Study</div> <div>11:00am YOGA</div> <div>11:30 Lunch</div> <div>12:30 Bank PO, & Drug Store</div> <div>1:00 Bridge Club</div>	<div>8</div> <div>8-3:30 Fitness Room Open</div> <div>9:00 Morning Chat, Snack and Socialize</div> <div>9:30 Memory Café</div> <div>11am Chair YOGA</div> <div>11:30 Lunch</div> <div>12:00 Birthday Celebrations</div> <div>12:30 Mahjong</div> <div>Computer and Smartphone clinics every Thursday by Appointment Only.</div>	<div>9</div> <div>8-3:30 Fitness Room Open</div> <div>9:00 Breakfast Café</div> <div>9:30 Morning Chat, Snack, and Socialize</div> <div>10:00 Prize Bingo</div> <div>11:30 Lunch</div> <div>12:30 Prize Bingo</div> <div>1:00 Dollar General</div>	
<div>12</div> <div>8-3:30 Fitness Room Open</div> <div>9:00 Tai Chi</div> <div>9:00 Trip to Bylers - Lunch out! Bus Departs from center at 8:00am</div> <div>11:00 Yoga</div> <div>11:30 Lunch</div> <div>12:00</div>	<div>13</div> <div>8-3:30 Fitness Room Open</div> <div>9:00 Morning Chat, Snack and Socialize</div> <div>10:00 Membership Meeting</div> <div>DMV GO 10am– 2pm</div> <div>11am Chair YOGA</div> <div>11:30 Lunch</div> <div>12:00 Bingo</div>	<div>14</div> <div>8-3:30 Fitness Room Open</div> <div>9:00 Morning Chat, Snack and Socialize</div> <div>9:30– 11:00 Stand By Me Janet Hoskins</div> <div>10:00 Bible Study</div> <div>11:00am YOGA</div> <div>11:30 Lunch</div> <div>12:30 Bank PO, & Drug Store</div> <div>1:00 Bridge Club</div>	<div>15</div> <div>8-3:30 Fitness Room Open</div> <div>9:00 Morning Chat, Snack and Socialize</div> <div>9:30 Memory Café</div> <div>11am Chair YOGA</div> <div>11:30 Lunch</div> <div>12:00 Jeopardy</div> <div>12:30 Mahjong</div> <div>Computer and Smartphone clinics every Thursday by Appointment Only.</div>	<div>16</div> <div>8-3:30 Fitness Room Open</div> <div>9:00 Breakfast Café</div> <div>9:30 Morning Chat, Snack, and Socialize</div> <div>10:00 Mothers Day Celebration!</div> <div>10:00 MaryKay Skin Care with Ruthann</div> <div>11:30 Lunch</div> <div>12:30 Prize Bingo</div> <div>1:00 Dollar General</div>	

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>19</p> <p>8-3:30 Fitness Room Open</p> <p>9:00 Morning Chat, Snack and Socialize</p> <p>9:00 Tai Chi</p> <p>11:00 Yoga</p> <p>11:30 Lunch</p> <p>12:00 Mingo w/ Dan Feth</p>	<p>20 Graduation</p> <p>8-3:30 Fitness Room Open</p> <p>9:00 Morning Chat, Snack and Socialize</p> <p>DMV GO 10am– 2pm</p> <p>10:00 Wii Bowling</p> <p>11am Chair YOGA</p> <p>11:30 Lunch</p> <p>12:00 Bingo</p>	<p>21</p> <p>8-3:30 Fitness Room Open</p> <p>9:00 Morning Chat, Snack and Socialize</p> <p>10:00 Bible Study</p> <p>11:00am YOGA</p> <p>11:30 Lunch</p> <p>12:30 Bank PO, & Drug Store</p> <p>1:00 Bridge Club</p> <p>Dinner and Bingo w/ Entertainment</p> <p>4:00– 6:00pm</p>	<p>22 Ashlyns Not here</p> <p>8-3:30 Fitness Room Open</p> <p>9:00 Morning Chat, Snack and Socialize</p> <p>9:30 Memory Café</p> <p>11am Chair YOGA</p> <p>11:30 Lunch</p> <p>12:00 Jeopardy</p> <p>12:30 Mahjong</p> <p>Computer and Smartphone clinics every Thursday by Appointment</p>	<p>23 Ashlyns Not Here</p> <p>8-3:30 Fitness Room Open</p> <p>9:00 Breakfast Café</p> <p>9:30 Morning Chat, Snack, and Socialize</p> <p>10:00 Prize Bingo</p> <p>11:30 Lunch</p> <p>12:30 Prize Bingo</p> <p>12:30 Dollar General</p>
<p>26</p> <p>CENTER CLOSED</p> <p>MEMORIAL DAY</p> 	<p>27</p> <p>8-3:30 Fitness Room Open</p> <p>9:00 Morning Chat, Snack and Socialize</p> <p>DMV GO 10am– 2pm</p> <p>10:00 Trivia Games</p> <p>11am Chair YOGA</p> <p>11:30 Lunch</p> <p>12:00 Bingo</p>	<p>28</p> <p>8-3:30 Fitness Room Open</p> <p>9:00 Morning Chat, Snack and Socialize</p> <p>10:00 Bible Study</p> <p>11:00 am YOGA</p> <p>11:30 Lunch</p> <p>12:30 Bank PO, & Drug Store</p> <p>1:00 Bridge Club</p>	<p>29</p> <p>8-3:30 Fitness Room Open</p> <p>9:00 Morning Chat, Snack and Socialize</p> <p>9:30 Memory Café</p> <p>11am Chair YOGA</p> <p>11:30 Lunch</p> <p>12:30 Mahjong</p> <p>Computer and Smartphone clinics every Thursday by Appointment Only Call to get</p>	<p>30 Ashlyn's not here</p> <p>Older Americans CHEER Celebration</p> <p>10am– 2pm at Georgetown Community Center</p> <p>*Milton Center Closed</p>
<p>VOLUNTEERS NEEDED at the Milton CHEER Center!</p> <p>Stop in for more Information.</p>	<p>Lets All Please use the TOUCH SCREEN in the Lobby Area and don't forget to choose socialize, and morning chat!</p>	<p>Milton CHEER Center Welcomes you!!</p>		