

JUNE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dirty Rice Okra And Tomatoes Fresh Fruit Soft Whole Wheat Roll/Bread/Marg Skim Milk	Turkey Pot Pie Succotash Pineapple with Mandarin Oranges Whole Wheat Roll/Bread Skim Milk	Stuffed Bell Pepper Mashed Red Potatoes Carrots Gelatin Whole Wheat Roll/Bread Skim Milk	Chicken And Dumplings Collard Greens Whole Wheat Roll/Bread Ice Cream Skim Milk	Vege Beef Barley Soup Shrimp Caesar Salad Chilled Fruit Cup Whole Wheat Roll/Bread Skim Milk
Baked Ziti & Meat Sauce Lettuce And Tomato Salad Applesauce Whole Wheat Roll/Bread Skim Milk	Bacon, Egg & Cheese Taco American Fried Potatoes Steamed Spinach Fresh Banana Skim Milk	Swedish Meatballs Buttered Noodles Baby Carrots Whole Wheat Roll/Bread Fruit Of The Day Skim Milk	Garlic Parmesan Chicken Parmesan Potatoes Basil Zucchini Saute Whole Wheat Roll/Bread Assorted Cookies Skim Milk	Cream of Broccoli Soup Tomato & Tuna Salad Wrap Pickled Beets Mandarin Oranges Skim Milk
16 3 Cheese Lasagna Italian Vegetables Whole Wheat Roll/Bread Chilled Fruit Cup Skim Milk	Pork Roast/Sauerkraut Mashed Sweet Potatoes Roasted Brussels Sprouts Whole Wheat Roll/Bread Bread Pudding Skim Milk	18 Shepherd's Pie Garlic Green Beans Whole Wheat Roll/Bread Fresh Fruit Skim Milk	CLOSED in Observation of Juneteenth	Corn Chowder Seafood Salad Mixed Green Salad Whole Wheat Roll/Bread Rice Crispy Bar Skim Milk
Hot Dog with Chili Baked Beans Petite Corn On The Cob Fresh Fruit Skim Milk	Cheese Enchilada Casserole Red Beans And Rice Churros Skim Milk	Pork Fried Rice Steamed Asian Blend Vegetables Chilled Fruit Cup Whole Wheat Roll/Bread Skim Milk	Cinnamon Honey Chicken Roasted Sweet Potatoes Winter Mix Vegetables Whole Wheat Roll/Bread Fruited Ambrosia Skim Milk	Lalian Crusted Fish Macaroni & Cheese Stewed Tomatoes Whole Wheat Roll/Bread Chilled Pineapple Skim Milk
Spaghetti And Meat Sauce Italian Vegetables Whole Wheat Roll/Bread Orange Sherbet Skim Milk				



"This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities" Menu items subject to change due to availability.



Over 50 Years Serving Sussex Seniors

