

## **Harbour Lights CHEER Center**

34211 Woods Edge Drive Lewes, DE 19958 • 302.645.9239





Monday	Tuesday	Wednesday	Thursday	Friday
2 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Skip Bo 10:00 Kings in a Corner 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Nickel Bingo 12:30 Fitness Center Opens	3 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:30 Georgetown Wal-Mart 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Uno 12:30 Fitness Center Opens	4 8:00 Center Opens 8:00 Fitness Room Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo	5 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 American Veteran's Thrift Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Garden Therapy	6 8:00 Center Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Cornhole 10:30 Virtual Chair Yoga 11:00 Grab and Go 11:00 Blood Pressure Checks with PAM Rehab 11:30 Lunch 12:15 Prize Bingo 12:30 Fitness Center Opens
9 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Skip Bo 10:00 Kings in a Corner 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Nickel Bingo 12:30 Fitness Center Opens	10 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Acme, Marshall's and Staples 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Connect 8 12:30 Fitness Center Opens	8:00 Center Opens 8:00 Fitness Room Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Dairy Queen 12:15 AARP-Defensive Driving	8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 8:30 Father's Day Breakfast 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Rehoboth Boardwalk 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Mingo	13 8:00 Center Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Cornhole 10:30 Virtual Chair Yoga 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo 12:30 Fitness Center Opens

Monday	Tuesday	Wednesday	Thursday	Friday
16 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Skip Bo 10:00 Juneteenth Video 11:00 Grab and Go	17 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Label Shoppers and Teen Challenge Lunch at Smith's Café 10:00 Skip Bo	18 8:00 Center Opens 8:00 Fitness Room Opens 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch	Juneteenth Center Closed	20 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Cornhole 10:30 Virtual Chair Yoga 11:00 Grab and Go 11:30 Lunch
11:30 Lunch 12:15 Nickel Bingo 12:30 Fitness Center Opens	11:00 Grab and Go 11:30 Lunch 12:15 Connect 8 12:30 Fitness Center Opens	12:15 Nickel Bingo	JUNE TEENTH	11:45 Stand By Me Presentation with Janet 12:15 Prize Bingo 12:30 Fitness Center Opens
23 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Skip Bo 10:00 Kings in a Corner 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo 12:30 Fitness Center Opens	24 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Games 12:30 Fitness Center Opens 1:30 Bus Pick-ups begin 3:00 Uno 5:00 FREE Membership Dinner	25 8:00 Center Opens 8:00 Fitness Center Opens 9:15 Memory Game 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 11:30 May Birthday's 12:15 Floral Bar with Erin	26 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Wal-Mart and Dollar Tree 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Soul Collage with Dee	9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Cornhole 10:30 Virtual Chair Yoga 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo 12:30 Fitness Center Opens
30 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Skip Bo 10:00 Kings in a Corner 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo 12:30 Fitness Center Opens	JUN	ETEENTH REEDOM DAY JUNE 19	<b>CHEER</b>	"This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities."

Over 50 Years Serving Sussex Seniors