

# PROTECT YOUR BRAIN WITH ANITA COSTALES BSN



DID YOU KNOW THAT ADDICTIONS TO GAMBLING, VIDEO GAMES,  
SOCIAL MEDIA, AND CELL PHONES CAN AFFECT PEOPLE OF ALL  
AGES, INCLUDING OLDER ADULTS?

JOIN US TO EXPLORE THE IMPACT OF TECHNOLOGY ON OUR MENTAL  
AND EMOTIONAL HEALTH.

WEDNESDAY, APRIL 30TH AT 6:00 PM  
LOCATED AT CHEER COMMUNITY CENTER  
20520 SAND HILL RD.  
GEORGETOWN, DE 19947



DELAWARE COUNCIL ON GAMBLING  
PROBLEMS, INC

\*THIS PROJECT IS SUPPORTED BY THE ADMINISTRATION FOR COMMUNITY LIVING (ACL), US DEPARTMENT OF HEALTH  
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