

## **Harbour Lights CHEER Center**

34211 Woods Edge Drive Lewes, DE 19958 • 302.645.9239





m May~2025						
Monday	Tuesday	Wednesday	Thursday	Friday		
"This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities."  CHEER  Over 50 Years Serving Sussex Seniors			1 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 East Coast Garden Center 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Soul Collage with Dee	2 8:00 Center Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 New Life Thrift Store 10:30 Virtual Chair Yoga 11:00 Grab and Go 11:00 Blood Pressure Checks with PAM Rehab 11:30 Lunch 12:15 Safety Presentation and Prize Bingo with PAM Rehab		
5 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:30 Milford Wal-Mart 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Nickel Bingo	6 8:00 Center Opens 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Visiting Gilbert at Delaware Bay Rehab 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Fitness Room Opens 12:15 Rebus	7 8:00 Center Opens 8:00 Fitness Room Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo	8 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Acme and Marshall's 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Crafts with Crissy	9 8:00 Center Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Mother's Day Tea 10:30 Virtual Chair Yoga 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo		

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12 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Safeway 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo	13 8:00 Center Opens 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 CHEER Fundraiser Dine to Donate Lunch at Abbott's on Broad Creek 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Connect 8	14 8:00 Center Opens 8:00 Fitness Room Opens 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Hopkins Farm Creamery 12:15 AARP-Defensive Driving	15 8:00 Center Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Rehoboth Boardwalk 11:00 Grab and Go 11:30 Lunch 12:15 Hangman	16 8:00 Center Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 American Veteran's Thrift Store 10:30 Virtual Chair Yoga 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo
19 8:00 Center Opens 9:00 Mahjongg 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Redner's 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo	20 8:00 Center Opens 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Games 1:30 Bus Pick-ups begin 3:00 Games  5:00 Dinner and Prize Bingo	21 8:00 Center Opens 8:00 Fitness Room 9:15 Memory Games 10:00 Pet Therapy with Paris 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 11:30 May Birthday's 12:15 Nickel Bingo	22 8:00 Center Opens 8:00 Fitness Room Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Soul Collage with Dee	23 8:00 Center Opens 9:00 Catching up with Crissy 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Wal-Mart and Dollar Tree 10:30 Virtual Chair Yoga 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo
Memorial Day Center Closed	27 8:00 Center Opens 8:30 Open Computer Lab 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 Five Below 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Mingo	28 8:00 Center Opens 8:00 Fitness Room Opens 9:15 Memory Games 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo	29 8:00 Center Opens 8:30 Open Computer Lab 8:30 Breakfast Bash \$ 9:00 Puzzle Corner 9:15 Wordle and Memory Games 9:45 All Saint's Parish Thrift Shop 11:00 Grab and Go 11:30 Lunch 12:15 Hangman	Center Closed Older American's Day at the Community Center