

MILTON CHEER CENTER **APRIL ACTIVITIES 2025**



24855 BROADKILL ROAD, MILTON DE Tel # 302-684-4819



April showers bring May flowers!

1 TUESDAY

9:00 Morning Chat, Snack and Socialize 9:30 Word Search & Crosswords DMV GO 10am- 2pm

8-3:30 Fitness Room Open

10:00 Wii Bowling 11am Chair YOGA 11:30 Lunch

12:00 Bingo

2 WEDNESDAY

8-3:30 Fitness Room Open 9:00 Morning Chat. Snack and Socialize 10:00 Bible Study 11:00am YOGA 11:30 Lunch 12:30 Bank PO, & Drug

Store

1:00 Bridge Club

3 THURSDAY

8-3:30 Fitness Room Open 9:00 Morning Chat. Snack and Socialize 9:30 Memory Café 11am Chair YOGA 11:30 Lunch

12:00 Movie 12:30 Mahiong

Computer and Smartphone clinics every Thursday by Appointment Only Call to get your time.

4 FRIDAY

8-3:30 Fitness Room Open 9:00 Breakfast Café 9:30 Morning Chat, Snack, and Socialize 10:00 Prize Bingo

11:30 Lunch 12:30 Prize Bingo 1:00 Dollar General

7 MONDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 9:00 Tai Chi 9:30 Trip to Dunkin Donuts (Departure at 8:00a.m.) 11:00 Yoga

11:30 Lunch

12:00 Mingo w/ Dan Feth

8 TUESDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize DMV GO 10am-2pm 10:00 Trivia Games 11am Chair YOGA

11:30 Lunch 12:00 Bingo

9 WEDNESDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize

9:30-11:00 Stand By Me **Janet Hoskins**

10:00 Bible Study 11:00am YOGA

11:30 Lunch

12:30 Bank PO, & Drug Store

10 THURSDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize

9:30 Memory Café 11am Chair YOGA

11:30 Lunch

12:00 Birthday **Celebrations** 12:30 Mahjong

Computer and Smartphone clinics every Thursday by

11 FRIDAY

8-3:30 Fitness Room Open 9:00 Breakfast Café 9:30 Morning Chat, Snack, and Socialize

10:00 Wake Up and Move w/ Steven PT

11:30 Lunch 12:30 Prize Bingo 1:00 Dollar General

14 MONDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and **Socialize** 9:00 Tai Chi 11:00 Yoga 11:30 Lunch 12:00 Mingo w/ Dan Feth

15 TUESDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize DMV GO 10am-2pm 10:00 Wii Bowling 11am Chair YOGA 11:30 Lunch 12:00 Bingo

16 WEDNESDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 10:00 Bible Study 11:00am YOGA

11:30 Lunch

12:30 Bank PO, & Drug Store 1:00 Bridge Club

> Dinner and Bingo w/ **Entertainment** 4:00-6:00pm

17 THURSDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize 9:30 Memory Café 11am Chair YOGA 11:30 Lunch 12:30 Mahiong

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18 FRIDAY



GOOD FRIDAY CENTER CLOSED



MILTON CHEER

April 2025

24855 BROADKILL ROAD, MILTON DE Tel # 302-684-4819



21 MONDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize

9:00 Tai Chi 10:00-11:00 Arts and Crafts

11:00 Yoga 11:30 Lunch

12:00 Mingo w/ Dan Feth



22 TUESDAY

8-3:30 Fitness Room Open 8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize

DMV GO 10am-2pm 10:00 Soil education with

Kim from Soil Conservation District

11am Chair YOGA

11:30 Lunch 12:00 Bingo **EARTH DAY**



23 WEDNESDAY

9:00 Morning Chat, Snack and Socialize

10:00 Bible Study 11:00am YOGA

11:30 Lunch

12:30 Bank PO, & Drug Store

1:00 Bridge Club 1:00 Quilting Club

24 THURSDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize

9:30 Memory Café 11am Chair YOGA

11:30 Lunch 12:00 Movie

12:30 Mahjong

Computer and Smartphone clinics every Thursday by Appointment Only Call to get vour time.

25 FRIDAY

8-3:30 Fitness Room Open 9:00 Breakfast Café 9:30 Morning Chat, Snack, and Socialize

10:00 EASTER EGG **DECORATING PARTY**

11:30 Lunch 12:30 Prize Bingo 1:00 Dollar General

28 MONDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and 9:00 Tai Chi Socialize 11:00 Yoga 11:30 Lunch

12:00 Mingo w/ Dan Feth

29 TUESDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize DMV GO 10am- 2pm 10:00 Wii Bowling 11am Chair YOGA

11:30 Lunch 12:00 Bingo

30 WEDNESDAY

8-3:30 Fitness Room Open 9:00 Morning Chat, Snack and Socialize

10:00 Bible Study 11:00am YOGA

11:30 Lunch

12:30 Bank PO, & Drug Store

1:00 Bridge Club



VOLUNTEERS NEEDED at the **Milton CHEER** Center! Stop in for more Information.



JOIN US APRIL 17TH 12:00 p.m. **EASTER EGG DECORATING**



Milton **CHEER** Center Welcomes you!!

Lets All Please use the **TOUCH SCREEN** in the **Lobby Area and don't** forget to choose socialize, and morning chat!