



"This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities."

Menu items subject to change due to availability.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Egg Sandwich American Fried Potatoes Steamed Spinach Fresh Banana Skim Milk	2 Chicken Linguine w/Spinach Herb Pesto Steamed Cauliflower Whole Wheat Roll/Bread Assorted Cookies Skim Milk	3 Glazed Meatloaf w/Brown Gravy Garlic Mashed Potatoes Baby Carrots Whole Wheat Roll/Bread Rice Pudding Skim Milk	4 Tuna Noodle Casserole Steamed Broccoli Whole Wheat Roll/Bread Mandarin Oranges Skim Milk
	7 Stuffed Pasta Shells Italian Vegetables Whole Wheat Roll/Bread Chilled Fruit Cup Skim Milk	8 Hot Turkey Sandwich Mashed Sweet Potatoes French Style Green Beans Apple and Peach Cobbler Skim Milk	9 Chicken Cordon Bleu Mashed Red Potatoes Brussels Sprouts Fruited Gelatin Whole Wheat Roll/Bread Skim Milk	10 Beef Stew Five-Way Mixed Vegetables Chilled Blushing Pears Biscuit Skim Milk
14 Turkey Chili Steamed or Baked Rice Winter Mix Vegetables Whole Wheat Roll/Bread Fresh Fruit Skim Milk	15 Beef Pot Roast Roasted Red Potatoes Steamed Carrots Whole Wheat Roll/Bread Apple Pie Skim Milk	16 Honey Glazed Pork Chop Baked Sweet Potato Half Steamed Cabbage Chilled Fruit Cup Whole Wheat Roll/Bread Skim Milk	17 Bourbon Chicken Brown Rice Pilaf California Vegetables Whole Wheat Roll/Bread Fruited Ambrosia Skim Milk	18 Dijon Crusted Fish Macaroni and Cheese Stewed Tomatoes Whole Wheat Roll/Bread Chilled Pineapple Skim Milk
21 Pasta Primavera Italian Vegetables Whole Wheat Roll/Bread Orange Sherbet Skim Milk	22 Seafood Gumbo Steamed or Baked Rice Collard Greens Whole Wheat Roll/Bread Fresh Fruit Skim Milk	23 Greek Roasted Chicken Couscous w/Roasted Vegetables Asparagus Spears Whole Wheat Roll/Bread Cinnamon Pears Skim Milk	24 French Dip Sandwich Baked Steak Fries Pickled Beets Apple Crisp Skim Milk	25 Split Pea Soup Egg Salad Sandwich Macaroni Salad Fig Cookie Bar Skim Milk
28 Fish Patty Scalloped Potatoes Cole Slaw Banana Cream Pudding Whole Wheat Roll/Bread Skim Milk	29 Pork and Vegetable Stir Fry Steamed or Baked Rice Sugar Snap Peas Asian Blend Pineapple w/Mandarin Oranges Whole Wheat Roll/Bread Skim Milk	30 Tamale Pie Chuckwagon Corn Gelatin Skim Milk	31 Chicken Alfredo w/Pasta Cucumber Tomato Salad Whole Wheat Roll/Bread Ice Cream Skim Milk	