



## Menu items subject to change due to availability.

| Monday   | Tuesday  | Wednesday   | <b>Thursday</b>  | Friday  |
|--|--|---|--|---|
| DELAWARE HEALTH AND SOCIAL Division of Services for Aging and Adults with Physic "This agency receives funding from the DHSS Services for Aging and Adults with Physical I | MEALS WHEELS Division of   | 1 Hamburger on Bun Baked Beans Lettuce, Tomato, Onion Salad Fruited Gelatin Skim Milk                   | 2<br>Chicken Parmesan<br>Rigatoni Noodles<br>Italian Vegetables<br>Whole Wheat Roll/Bread<br>Ice Cream<br>Skim Milk              | 3 Dilly Turkey Pasta Salad Cucumber Dill Salad Chilled Fruit Cup Skim Milk  |
| <b>6</b><br>Hot Dog on Bun<br>Baked Beans<br>Cole Slaw<br>Italian Ice<br>Skim Milk   | 7 Cheese Quiche American Fried Potatoes Steamed Spinach Whole Wheat Roll/Bread Greek Yogurt Parfait w/Granola Skim Milk  | 8 Baked Ziti and Meat Sauce Italian Vegetables Whole Wheat Roll/Bread Fresh Fruit Skim Milk             | 9<br>Chicken w/Curry Dill Sauce<br>Yellow Rice<br>Steamed Cauliflower<br>Whole Wheat Roll/Bread<br>Assorted Cookies<br>Skim Milk | 10 Beef Vegetable Soup Tuna Pasta Salad Pickled Beets Mandarin Oranges Skim Milk                                  |
| 13<br>Cheese Ravioli and Marinara<br>Fossed Garden Salad<br>Whole Wheat Roll/Bread<br>Chilled Fruit Cup<br>Skim Milk   | 14 Turkey Tetrazzini Green Beans with Mushrooms Whole Wheat Roll/Bread Blueberry Cobbler Skim Milk                       | 15 Baked Stuffed Chicken Breast Brussels Sprouts Cinnamon Applesauce Whole Wheat Roll/Bread Skim Milk   | 16 Beef Stroganoff Buttered Noodles Five-Way Mixed Vegetables Whole Wheat Roll/Bread Fresh Banana Skim Milk                      | 17 Cream of Tomato Soup Cottage Cheese w/Fruit 3 Bean Salad Whole Wheat Roll/Bread Strawberry Crème Pie Skim Milk |
| <b>20</b><br>Furkey Divan<br>Steamed or Baked Rice<br>Whole Wheat Roll/Bread<br>Fresh Fruit<br>Skim Milk   | 21 Salisbury Steak w/Brown Gravy Garlic Mashed Potatoes Baby Carrots Whole Wheat Roll/Bread Ice Cream Sandwich Skim Milk | Pork Sliders Baked Sweet Potato Wedges Confetti Cole Slaw Skim Milk                                     | 23 Chicken Cacciatore Penne Pasta Italian Cut Green Beans Whole Wheat Roll/Bread Cinnamon Applesauce Skim Milk                   | Older Americans Day at the Community Center.  |
| Memorial Day. All CHEER Center Closed.  MEMORIAL  DAY  DAY  DAY  | 28 Baked Fish Mediterranean Couscous Steamed Spinach Fresh Fruit Skim Milk   | 29 Chicken Marsala Mashed Red Potatoes Asparagus Spears Whole Wheat Roll/Bread Cinnamon Pears Skim Milk | 30 Kielbasa Potato and Cheese Pierogies Steamed Cabbage Whole Wheat Roll/Bread Apple Crisp Skim Milk                             | <b>31</b> Taco Salad Black Bean and Corn Salad Garnish Watermelon Slice Skim Milk                                 |