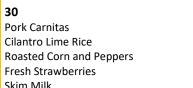




## Menu items subject to change due to availability.

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Hot Dog on Bun	Cheese Quiche	Baked Ziti and Meat Sauce	Chicken w/Curry Dill Sauce	Beef Vegetable Soup
Baked Beans	American Fried Potatoes	Italian Vegetables	Yellow Rice	Tuna Pasta Salad
Cole Slaw	Steamed Spinach	Whole Wheat Roll/Bread	Steamed Cauliflower	Pickled Beets
Italian Ice	Whole Wheat Roll/Bread	Fresh Fruit	Whole Wheat Roll/Bread	Mandarin Oranges
Skim Milk	Greek Yogurt Parfait w/Granola	Skim Milk	Assorted Cookies	Skim Milk
	Skim Milk		Skim Milk	
8	9	10	11	12
Cheese Ravioli and Marinara	Turkey Tetrazzini	Baked Stuffed Chicken Breast	Beef Stroganoff	Cream of Tomato Soup
Tossed Garden Salad	Green Beans Mushroom	Brussels Sprouts	Buttered Noodles	Cottage Cheese w/Fruit
Whole Wheat Roll/Bread	Whole Wheat Roll/Bread	Cinnamon Applesauce	Five-Way Mixed Vegetables	3-Bean Salad
Chilled Fruit Cup	Blueberry Cobbler	Whole Wheat Roll/Bread	Whole Wheat Roll/Bread	Whole Wheat Roll/Bread
Skim Milk	Skim Milk	Skim Milk	Fresh Banana	Strawberry Crème Pie
			Skim Milk	Skim Milk
15	16	17	18	19
Turkey Divan	Salisbury Steak w/Brown Gravy	Pork Sliders	Chicken Cacciatore	Oven Fried Tilapia
Steamed or Baked Rice	Garlic Mashed Potatoes	Baked Sweet Potato Wedges	Penne Pasta	Macaroni and Cheese
Whole Wheat Roll/Bread	Baby Carrots	Confetti Cole Slaw	Italian Cut Green Beans	Stewed Tomatoes
Fresh Fruit	Whole Wheat Roll/Bread	Chilled Fruit Cup	Whole Wheat Roll/Bread	Boston Cream Pie
Skim Milk	Ice Cream Sandwich	Skim Milk	Cinnamon Applesauce	Whole Wheat Roll/Bread
	Skim Milk		Skim Milk	Skim Milk
22	23	24	25	26
Pasta Carbonara w/Turkey	Baked Fish Mediterranean	Chicken Marsala	Kielbasa	Taco Salad
Italian Vegetables	Couscous	Mashed Red Potatoes	Potato and Cheese Pierogies	Black Bean and Corn Salad
Whole Wheat Roll/Bread	Steamed Spinach	Asparagus Spears	Steamed Cabbage	Garnished Watermelon Slice
Orange Sherbet	Fresh Fruit	Whole Wheat Roll/Bread	Whole Wheat Roll/Bread	Skim Milk
Skim Milk	Skim Milk	Cinnamon Pears	Apple Crisp	
		Skim Milk	Skim Milk	
29	30			
Fish Sandwich	Pork Carnitas	DELAWARE HI	EALTH AND SOCIAL SERVICE	S 2 2 A A
French Fries Baked	Cilantro Lime Rice			
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Cole Slaw **Pineapple Slices** Skim Milk



Skim Milk

Division of Services for Aging and Adults with Physical Disabilities

"This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities."

