

MILTON CHEER Activity Center

2024 January 2024

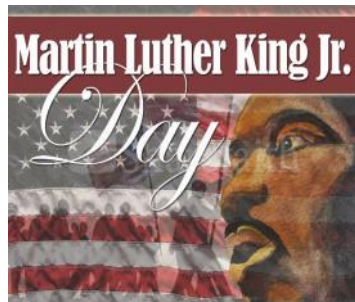
1 MONDAY CLOSED



8 MONDAY

8:00 Breakfast Snack Café
10:00 Health and Healing w/ Michelle
 11:00 Yoga with Mary Ann -
 11:30 Drive Thru Available
 11:30 Lunch
 Puzzles available

15 MONDAY CLOSED



2 TUESDAY

8:00 Breakfast Snack Cafe
9:30 Positive Music Time with Randy!
 11:00 Chair Yoga with Maryann
 11:30 Lunch
 11:30 Drive Thru
 Pick Up Meals Available
 12:00 **PRIZE BINGO!**

9 TUESDAY

8:00 Breakfast Snack Cafe
 11:00 Chair Yoga with Maryann
 11:30 Lunch
 11:30 Drive Thru Pick Up Meals Available
 12:00 **PRIZE BINGO!**
12:30-2:30 BROAD GAMES

16 TUESDAY

8:00 Breakfast Snack Cafe
 11:00 Chair Yoga with Maryann
 11:30 Lunch
 11:30 Drive Thru Pick Up Meals Available
 12:00 **PRIZE BINGO!**
12:30-2:30 BROAD GAMES

3 WEDNESDAY

8:00 Breakfast Snack Café
9:00 ARTS AND CRAFTS
10:00am BRIDGE
11am YOGA w/ MaryAnn
 11:30 Drive Thru
 Pick Up Meals Available
 11:30 Lunch

10 WEDNESDAY

8:00 Breakfast Snack Café
9:00 ARTS AND CRAFTS
10:00am BRIDGE
11am YOGA w/ MaryAnn
 11:30 Drive Thru
 Pick Up Meals Available
 11:30 Lunch

17 WEDNESDAY

8:00 Breakfast Snack Café
9:00 ARTS AND CRAFTS
10:00 BRIDGE
 11:30 Drive Thru
 Pick Up Meals Available
 11:30 Lunch
1:00 Trip to Walgreens, Post Office, Bank and Food Lion

4 THURSDAY

8:00 Breakfast Snack Cafe
 9:30-10:20 **Memory Café**
10:00 Beckett's Bulletin
 11:00 Yoga w/Mary Ann
 11:30 Drive Thru
 Pick Up Meals Available
 11:30 Lunch
12:30 Mahjong

11 THURSDAY

8:00 Breakfast Snack Cafe
 9:30-10:20 **Memory Café**
11 TRAVEL Q&A
 10:45 Yoga w/Mary Ann
 11:30 Drive Thru
 Pick Up Meals Available
 11:30 Lunch
12:30 Mahjong

18 THURSDAY

8:00 Breakfast Snack Cafe
 9:30-10:20 **Memory Café**
 10:45 Yoga w/Mary Ann
 10:30 departure from center for Georgetown Public Library (bag lunch)
 11:30 Drive Thru
 Pick Up Meals Available
 11:30 Lunch
12:30 Mahjong

5 FRIDAY

8:30 am **Breakfast Café**
 10:00 am **Prize Bingo!**
 11:30 Drive Thru Meals
 11:30 Lunch

12 FRIDAY

8:30 am **Breakfast Café**
 10:00 am **Prize Bingo!**
 11:30 Drive Thru Meals
 11:30 Lunch

19 FRIDAY

8:30 am **Breakfast Café**
 10:00 am **Prize Bingo!**
 11:30 Drive Thru Meals
 11:30 Lunch

MILTON CHEER Activity Center

2024 January 2024

22 MONDAY

8:00 Breakfast Snack Café
11:00 Yoga with Mary Ann - \$
11:30 Drive Thru Available
11:30 Lunch
Puzzles available

23 TUESDAY

8:00 Breakfast Snack Café
11:00 Chair Yoga with Maryann
11:30 Lunch
11:30 Drive Thru Pick Up Meals Available
12:00 PRIZE BINGO!
12:30-2:30 BROAD GAMES

24 WEDNESDAY

8:00 Breakfast Snack Café
9:00 ARTS AND CRAFTS
10:00am BRIDGE
11am YOGA w/ MaryAnn
11:30 Drive Thru
Pick Up Meals Available
11:30 Lunch
12:00 Quilting group

25 THURSDAY

8:00 Breakfast Snack Café
9:30-10:20 Memory Café
11 MUSIC Q&A
10:45 Yoga w/Mary Ann
11:30 Drive Thru
Pick Up Meals Available
11:30 Lunch
12:30 Mahjong

26 FRIDAY

8:30 am Breakfast Café
10:00 am Prize Bingo!
11:30 Drive Thru Meals
11:30 Lunch

29 MONDAY

8:00 Breakfast Snack Café
11:00 Yoga with Mary Ann - \$
11:30 Drive Thru Available
11:30 Lunch
Puzzles available

30 TUESDAY

8:00 Breakfast Snack Café
11:00 Chair Yoga with Maryann
11:30 Lunch
11:30 Drive Thru Pick Up Meals Available
12:00 PRIZE BINGO!
12:30-2:30 BROAD GAMES

31 WEDNESDAY

8:00 Breakfast Snack Café
9:00 ARTS AND CRAFTS
10:00am BRIDGE
11am YOGA w/ MaryAnn
11:30 Drive Thru
Pick Up Meals Available
11:30 Lunch



**MILTON
CHEER
CENTER**

24855 BROADKILL RD
MILTON DE

Tel: (302) 684-4819
Check out our FB Page!

