



MILTON CHEER

Activity Center

OCTOBER 2023



2 MONDAY

8:00 Breakfast Snack Cafe
 10:00 Health and Healing w/
 Michelle
 11a –12p Yoga with MaryAnn \$
 11:30 -12:30 Drive Thru
 Pick Up Meals Available
 11:30-12:30 Lunch
 12 center walk

9 MONDAY

8:00 Breakfast Snack Café
 9:00 Delaware Volunteer
 Legal Services
 9:30 GAME DAY!!
 11a –12p Yoga with MaryAnn \$
 11:30 -12:30 Drive Thru
 Pick Up Meals Available
 11:30-12:30 Lunch
 12 center walk

16 MONDAY

8:00 Breakfast Snack Café
 11a –12p Yoga with MaryAnn \$
 11:30 - 12:30 Drive Thru
 Pick Up Meals Available
 11:30 - 12:30 Lunch
 11:00 Birthday
 Month Celebration



3 TUESDAY

8:00 Breakfast Snack Cafe
 9:30 Membership Meeting
 11:00 Positive Music Time
 with Randy!
 11a– 12p Chair Yoga w/
 Maryann\$
 11:30 -12:30 Drive Thru
 Pick Up Meals Available
 11:30-12:30 Lunch

10 TUESDAY

8:00 Breakfast Snack Cafe
 11a– 12p Chair Yoga w/
 Maryann\$
 11:30-12:30 Lunch
 11:30 -12:30 Drive Thru
 Pick Up Meals Available
 12 center walk
 12:30-2:30 BROAD GAMES

17 TUESDAY

8:00 Breakfast Snack Cafe
 10:30 ClearCaptions
 11a– 12p Chair Yoga w/
 Maryann\$
 11:30-12:30 Lunch
 11:30 -12:30 Drive Thru
 Pick Up Meals Available
 12:00 PRIZE BINGO
 12:30-2:30 BROAD GAMES

4 WEDNESDAY

8:00 Breakfast Snack Café
 9:30-11 Arts and Crafts
 11a –12p Yoga with MaryAnn\$
 10:00 BRIDGE
 11:30 -12:30 Drive Thru
 Pick Up Meals Available
 11:30- 12:30 Lunch

11 WEDNESDAY

8:00 Breakfast Snack Café
 9:30-11 Arts and Crafts
 10:00 BRIDGE
 11a –12p Yoga with MaryAnn\$
 11:30 -12:30 Drive Thru
 Pick Up Meals Available
 11:30- 12:30 Lunch
 12 center walk

18 WEDNESDAY

8:00 Breakfast Snack Cafe
 10:00 BRIDGE
 11a –12p Yoga with MaryAnn\$
 11:30 - 12:30 Drive Thru Pick
 Up Meals Available
 11:30- 12:30 Lunch
 12 center walk

5 THURSDAY

8:00 Breakfast Snack Cafe
 9:30-11:30 Memory Café
 10:45 Ken's Korner via
 Zoom
 11a-12p Chair Yoga w/Mary
 Ann\$
 12:30p-2:30 Mahjong
 11:30-12:30 Drive Thru
 11:30- 12:30 Lunch

12 THURSDAY

8:00 Breakfast Snack Cafe
 9:30-11:30 Memory Café
 11a-12p Chair Yoga w/Mary
 Ann\$
 11:30 - 12:30 Lunch
 11:30 - 12:30 Drive Thru
 Pick Up Meals Available
 12 center walk
 12:30p-2:30 Mahjong

19 THURSDAY

8:00 Breakfast Snack Cafe
 9:30-11:30 Memory Café
 11a-12p Chair Yoga w/Mary
 Ann\$
 11:30 - 12:30 Lunch
 11:30 - 12:30 Drive Thru
 Pick Up Meals Available
 12:30p-2:30 Mahjong
 12:30 GAME DAY!!

6 FRIDAY

8:00 Breakfast Snack Cafe
 10:00 am PRIZE BINGO
 11:30 - 12:30 Drive Thru Meals
 11:30 - 12:30 Lunch
 12 center walk

13 FRIDAY

8:00 Breakfast Snack Cafe
 10:00 am Prize Bingo!
 11:30 - 12:30 Drive Thru Meals
 11:30 - 12:30 Lunch
 12 center walk



20 FRIDAY

8:00 Breakfast Snack Cafe
 10:00 am Prize Bingo!
 11:30 - 12:30 Drive Thru Meals
 11:30 - 12:30 Lunch
 12 center walk

MILTON CHEER Activity Center

OCTOBER 2023



23 MONDAY

8:00 Breakfast Snack Café

11:30 - 12:30 Drive Thru
Pick Up Meals Available
11:30 - 12:30 Lunch

11:30 PICNIC IN THE PARK

11a -12pYoga with MaryAnn \$

24 TUESDAY

8:00 Breakfast Snack Cafe
11a-12pChair Yoga w/Mary Ann\$

10:45 am Yoga with Maryann
11:30 -12:30 Drive Thru
Pick Up Meals Available
11:30-12:30 Lunch
12:00 PRIZE BINGO!
12 center walk

12:30-2:30 BROAD GAMES

25 WEDNESDAY

8:00 Breakfast Snack Café
9:30-11 Arts and Crafts
10:00 BRIDGE

11:30 -12:30 Drive Thru
Pick Up Meals Available
11:30- 12:30 Lunch

11a -12pYoga with MaryAnn \$
12 center walk

26 THURSDAY

8:00 Breakfast Snack Cafe
9:30-11:30 Memory Café
11a-12pChair Yoga w/Mary Ann\$

11:30-12:30 Drive Thru
11:30- 12:30 Lunch
12 center walk

12:30p-2:30 Mahjong

27 FRIDAY

8:00 Breakfast Cafe

10:00 am PRIZE BINGO
11:30 - 12:30 Drive Thru Meals
11:30 - 12:30 Lunch
12 center walk



30 MONDAY

8:00 Breakfast Snack Café
9:30 English Dancing w/ Clarence Smith

11:30 - 12:30 Drive Thru
Pick Up Meals Available
11:30 - 12:30 Lunch
12 center walk

31 TUESDAY

8:00 Breakfast Snack Cafe
11a-12pChair Yoga w/Mary Ann\$
11:30-12:30 Lunch
11:30 -12:30 Drive Thru
Pick Up Meals Available
12:00 PRIZE BINGO
12:30-2:30 BROAD GAMES
4:30-6:30HALLOWEEN NIGHT BINGO



JOIN US ON THE
31ST FROM
4:30PM TO
6:00PM FOR OUR
BINGO NIGHT

