












Long Neck November 2023 Activities Calendar



Mon	Tue	Wed	Thurs	Fri
<p>CHEER Veterans Day Dinner Dance Friday Nov. 9th 5pm-9pm Buffet Dinner Free for Veterans Spouses & Guests \$10</p>	<p>CHEER Holiday Feast CHEER Community Center 10AM See Front Desk for Tickets Bus Transportation Available <u>All Centers Closed</u></p>	<p>1 8:00 - Gym Opens 8:00 - Morning Chat 8-4 Open Computer Use in Library 8:00 - Texercise 9:45 - Walk Fitness 10:30 - Prize Bingo 11:30 - Lunch 12:30 - "Creativity Unleashed" w/Angela Clemons 1:00 - Bunco</p>	<p>2 8:00 - Gym Opens 8:00 - Morning Chat 8-4 Open Computer Use in Library 8:00 - Texercise 9:00 - ZUMBA 10:15 - Tai Chi 11:30 - Lunch 12-4 Open Computer Lab 1:00 Nickel Poker</p>	<p>3 8:00 - Gym Opens 8:00 -Morning Chat 8-4 Open Computer Use in Library 8 :00 -Texercise 9:00 - Quilting Club 10:30 Penny Bingo 11:30 - Lunch 12-4 Open Computer Lab 1:00 - Trip to Bank, PO, Pharmacy, Grocery Store</p>
<p>6 8:00 - Gym Opens 8:00 - Morning Chat 9:00 - Knitting and Crocheting Club 8:30 - Weight Watchers 10:00 -Walking Club to Wal-Mart 11:30 - Lunch 12-4 Open Computer Use in Library 1:00 Table Tennis 1:00 Penny Bingo</p> 	<p>7 8:00 - Gym Opens 8:00 - Morning Chat 8-4 Open Computer Use in Library 8:00 - Texercise 9:00 - ZUMBA 9:00 - Trip to Dover Mall & Produce Junction 10:15 - Tai Chi 10:30 - "Creativity Unleashed" w/Angela Clemons 11:30 - Lunch</p>	<p>8 8:00 -Gym Opens 8:00 - Morning Chat 8-4 Open Computer Use in Library 8:00 - Texercise 9:45 Walk Fitness 10:30 Prize Bingo 11:30 - Lunch 1:00 - Bunco</p> 	<p>9 8:00 - Gym Opens 8:00 - Morning Chat 8-4 Open Computer Use in Library 8:00 -Texercise 9:00 - ZUMBA 10:15 Tai Chi 11:30 - Lunch 12-4 Open Computer Lab 1:00 - Nickel Poker</p>	<p>10 8:00 - Gym Opens 8:00 - Morning Chat 8:00 - Texercise 9:00 - Quilting Club 10:30 - Penny Bingo 11:30- Lunch 5 - 9 CHEER Veterans Dinner Dance at the Community Center. FREE to all Vets - \$10 for spouse and/or guest.</p> 
<p>13 8:00 - Gym Opens 8:00 - Morning Chat 8:30 Knitting and Crocheting Club 8:30 Weight Watchers 10:00 - Walking Club to Wal-Mart 11:30 - Lunch 12-4 Open Computer Use in Library 1:00 - Table Tennis 1:00 - Penny Bingo</p>	<p>14 8:00 - Gym Opens 8:00 - Morning Chat 8-4 Open Computer Use in Library 8:00 - Texercise 9:00 - ZUMBA 10:15 Tai Chi 11:30 - Lunch 1:00 - Memory Café</p> 	<p>15 8:00 - Gym Opens 8:00 -Morning Chat 8-4 Open Computer Use in Library 8:00 - Texercise 9:00 - Christmas Bead Craft 10:30 - "Creativity Unleashed" w/Angela Clemons 11:30 - Lunch 12:00 - Membership Meeting 1:00 - Bunco</p>	<p>16 8:00 - Gym Opens 8:00 - Morning Chat 8:00 - Texercise 8:30 - Woodcarving 9:00 - ZUMBA 10:15 - Tai Chi 11:30 - Lunch 12-4 Open Computer Lab 1:00 - Nickel Poker <i>1:00 - Visually Impaired Support Group in Library</i></p>	<p>17 8:00 - Gym Opens 8:00 - Morning Chat 8-4 Open Computer Use in Library 8:00 - Texercise 9:00 - Quilting Club 10:30 - Penny Bingo 11:30- Lunch 2:00 - Trip to Bank, PO, Pharmacy, Grocery Store</p> 

Mon	Tue	Wed	Thurs	Fri
<p>20 Center Piece Activity and Decoration 8:00 - Gym Opens 8:00 - Morning Chat 9:00 - Knitting and Crocheting Club 8:30 - Weight Watchers 10:00 - Walking Club Wal-Mart 11:30- Lunch 12-4 Open Computer Use in Library 1:00 - Penny Bingo 1:00 - Table Tennis</p>	<p>21 CHEER Holiday Feast CHEER Community Center 10AM See Front Desk for Tickets Bus Transportation Available <u>All Centers Closed</u></p> 	<p>22 8:00 - Gym Opens 8:00 - Morning Chat 8-4 Open Computer Use in Library 8:00 - Texercise 10:30-12:00 - Prize Bingo 11:30 - Lunch 1:00 - Bunco 1:00 - Crafts and Chat in Library 1:00 - Trip to Bank, PO, Pharmacy, Grocery Store</p>	<p>23 24 CENTER CLOSED CENTER CLOSED</p> 	
<p>27 8:00 - Gym Opens 8:00 - Morning Chat 8:30 - Knitting and Crocheting Club 8:30 - Weight Watchers 10:00 - Walking Club to Wal-Mart 11:30 - Lunch 12-4 Open Computer in Library 1:00 - Table Tennis 1:00 - Penny Bingo</p> 	<p>28 8:00 - Gym Opens 8:00 - Morning Chat 8-4 Open Computer Use in Library 8:00 - Texercise 9:30 - Trip to Byler's/Produce Junction 10:15 - Tai Chi 10:30 - "Creativity Unleashed" w/Angela Clemons 11:30 - Lunch 1:00 - Memory Café</p>	<p>29 8:00 - Gym Opens 8:00 - Morning Chat 8-4 Open Computer Use in Library 8:00 - Texercise 9:45 - Walk Fitness 10:30 - 12:00 - Prize Bingo 11:30 - Lunch 12:00 - November Birthday Celebration 1:00 - Bunco 1:00 - Crafts and Chat in Library 1:00 - Trip to Bank, PO, Pharmacy, Grocery Store</p>	<p>30 8:00 - Gym Opens 8:00 - Morning Chat 8-4 Open Computer Use in Library 8:00 - Texercise 8:30 - Woodcarving 9:00 - ZUMBA 10:15 - Tai Chi 11:30 - Lunch 12-4 Open Computer Lab 1:00 - Nickel Poker</p> 	

Veterans Day Dinner Dance
Friday, November 10, 2023
5pm-9pm
Veterans: FREE Spouses & Guests:\$10



CHEER Annual Holiday Feast
Tues., November 21, 2023 10AM
\$6.00 for seniors 60 and older
\$8.00 for guest under 60 years old