



# Greenwood CHEER Activity Center

## NOVEMBER 2023

Phone: 349-5237



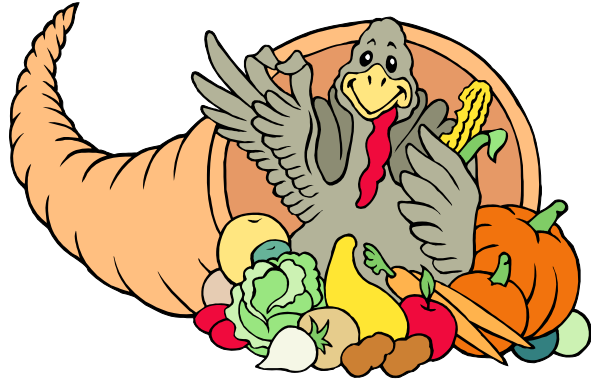
**Mon**

**Tue**

**Wed**

**Thu**

**Fri**



		<p><b>1</b> 8:00 Fitness Center Opens 9:00 <b>CHEERful Morning Coffee Time Cafe</b> 10:30 <b>Penny Bingo. Don't forget to bring your pennies</b> 10:45 Drive Thru Lunches 11:30 Lunch 12:15 <b>Full Card Bingo</b> 12:30 <b>Luncheon Card Club</b> <b>10:00 COVID Vaccine and Booster administered by LaRed-appointment only. Call 349-5237 to register</b></p>	<p><b>2</b> <b>Bus Riders to Bank and Post Office before drop off</b> 8:00 Fitness Center Opens 9:00 <b>CHEERful Morning Coffee Time Cafe</b> <b>10:30 CEO Beckett Wheatley discusses happenings and events at CHEER</b> 10:45 Drive Thru Lunches 11:00 Social Time 11:30 Lunch <b>12:00 "Across these United States" by Mason Dixon.</b> <b>1:00 Memory Cafe</b></p>	<p><b>3</b> 8:00 Fitness Center Opens <b>9:00 –10:15 BREAKFAST</b> 9:00 <b>Lifeway Church of God Ladies Prayer Group</b> 10:30 <b>Georgetown CHEER visiting. Entertainment w/Lisa Miller</b> 10:45 Drive Thru Lunches 11:00 Social Time 11:30 Lunch <b>12:15 Full Card Bingo</b> <b>1:00 Luncheon Card Club</b></p>
<p><b>6</b> 8:00 Fitness Center Opens 9:00 <b>CHEERful Morning Coffee Time Cafe</b> 10:00 <b>Bible Study</b> 10:45 Drive Thru Lunches 11:00 Social Time 11:30 Lunch 12:30 <b>Luncheon Card Club</b></p>	<p><b>7</b> <b>Bus Riders to Bank and Post Office before drop off</b> <b>7:30 to 3:30 Highmark BC/BS Mobile Dental Clinic</b> 8:00 Fitness Center Opens 9:00 <b>CHEERful Morning Coffee Time Cafe</b> 10:30 <b>Prize Bingo</b> 10:45 Drive Thru Lunches 11:30 Lunch 12:15 <b>Prize &amp; Full Card Bingo</b></p>	<p><b>8</b> 8:00 Fitness Center Opens 9:00 <b>CHEERful Morning Coffee Time Cafe</b> 10:30 <b>Positive Music Time w/ Randy</b> 10:45 Drive Thru Lunches 11:30 Lunch 12:30 <b>Luncheon Card Club</b> <b>10:00 COVID Vaccine and Booster administered by LaRed-appointment only. Call 349-5237 to register</b></p>	<p><b>9</b> <b>Bus Riders to Bank and Post Office before drop off</b> 8:00 Fitness Center Opens 9:00 <b>CHEERful Morning Coffee Time Cafe</b> <b>10:30 ThinkFirst Fall Prevention presented by Christiana Care speaker Kate Angermeier</b> 10:45 Drive Thru Lunches 11:00 Social Time 11:30 Lunch 12:00 <b>Wii® Bowling</b> <b>1:00 Memory Cafe</b></p>	<p><b>10</b> 8:00 Fitness Center Opens 9:00 <b>Lifeway Church of God Ladies Prayer Group</b> 10:00 <b>Healthy Heart w/Betty Fletcher. B.P. Self-Monitoring Program</b> ⇒ Manage and understand BP. ⇒ Set and achieve goals. ⇒ Identify BP triggers. ⇒ Adopt healthier eating habits. ⇒ Increase physical activity <b>12:00 "Life Smatters"</b> <b>1:00 Luncheon Card Club</b></p>
<p><b>13</b> 8:00 Fitness Center Opens 9:00 <b>CHEERful Morning Coffee Time Cafe</b> 10:00 <b>Bible Study</b> 10:45 Drive Thru Lunches 11:00 Social Time 11:30 Lunch <b>12:00 Music Ministry w/Pastor Dan &amp; Betsy Taylor.</b> <b>1:00 Luncheon Card Club</b></p>	<p><b>14</b> <b>Bus Riders to Bank and Post Office before drop off</b> 8:00 Fitness Center Opens 9:00 <b>CHEERful Morning Coffee Time Cafe</b> 10:30 <b>Prize Bingo</b> 10:45 Drive Thru Lunches 11:30 Lunch 12:15 <b>Prize &amp; Full Card Bingo</b></p> <div data-bbox="625 1445 766 1559" data-label="Image"> </div>	<p><b>15</b> 8:00 Fitness Center Opens 9:00 <b>CHEERful Morning Coffee Time Cafe</b> <b>9:30 Visiting Georgetown CHEER Center</b> 10:45 Drive Thru Lunches 11:30 Lunch 12:30 <b>Luncheon Card Club</b> <b>10:00 COVID Vaccine and Booster administered by LaRed-appointment only. Please call 349-5237 to register</b></p>	<p><b>16</b> <b>Bus Riders to Bank and Post Office before drop off at Center</b> 8:00 Fitness Center Opens 9:00 <b>CHEERful Morning Coffee Time Cafe</b> 10:30 <b>"Stroll Down Memory Lane" Music, Memories, Trivia w/Mason Dixon</b> 10:45 Drive Thru Lunches 11:30 Lunch <b>1:00 Memory Cafe</b></p>	<p><b>17</b> 8:00 Fitness Center Opens 9:00 <b>CHEERful Morning Coffee Time Cafe</b> 9:00 <b>Lifeway Church of God Ladies Prayer Group</b> 9:30 <b>Visiting Georgetown CHEER Center</b> 10:45 Drive Thru Lunches 11:30 Lunch <b>12:30 Luncheon Card Club</b></p> <div data-bbox="1921 1315 2047 1429" data-label="Image"> </div>

