



MILTON CHEER Activity Center

September 2023



1 FRIDAY

8:00 Breakfast Snack Cafe

10:00 am [PRIZE BINGO](#)

11:30 - 12:30 Drive Thru Meals

11:30 - 12:30 Lunch

4 MONDAY



CENTER CLOSED

5 TUESDAY

8:00 Breakfast Snack Cafe

9:30 [Membership Meeting](#)

11:00 [Positive Music Time with Randy!](#)

10:45 am Yoga with Maryann
11:30 -12:30 Drive Thru
Pick Up Meals Available
11:30-12:30 Lunch
12:00 [PRIZE BINGO!](#)

6 WEDNESDAY

8:00 Breakfast Snack Café

9:30-11 [Arts and Crafts](#)

11:30 -12:30 Drive Thru
Pick Up Meals Available

11:30- 12:30 Lunch

7 THURSDAY

8:00 Breakfast Snack Cafe

9:30-11:30 [Memory Café](#)

10:45 [Ken's Korner via Zoom](#)
10:45 Yoga w/Mary Ann

11:30-12:30 Drive Thru
11:30- 12:30 Lunch

8 FRIDAY

**Trap Pond Fall
Festival
10-2
Come Join the fun!!**

11 MONDAY

8:00 Breakfast Snack Café

10:00 [Health and Healing w/ Michelle](#)

11:30 - 12:30 Drive Thru
Pick Up Meals Available

11:30 - 12:30 Lunch
11:00 [Birthday Month Celebration](#)



12 TUESDAY

8:00 Breakfast Snack Cafe

10:45 am Yoga with MaryAnn

11:30-12:30 Lunch

11:30 -12:30 Drive Thru
Pick Up Meals Available

12:00 [PRIZE BINGO](#)

13 WEDNESDAY

8:00 Breakfast Snack Cafe

11:30 - 12:30 Drive Thru
Pick Up Meals Available

11:30- 12:30 Lunch

**10:00AM—6:00PM
OPEN HOUSE**

14 THURSDAY

8:00 Breakfast Snack Cafe

9:30-11:30 [Memory Café](#)

10:45 am Yoga with Mary Ann - \$
11:30 - 12:30 Lunch

11:30 - 12:30 Drive Thru
Pick Up Meals Available

[12:30 GAME DAY!!](#)

15 FRIDAY

8:00 Breakfast Snack Cafe

10:00 am [Prize Bingo!](#)

11:30 - 12:30 Drive Thru Meals

11:30 - 12:30 Lunch

MILTON CHEER Activity Center

September 2023

<p>18 MONDAY 8:00 Breakfast Snack Café 9:30 Intro to English Dancing w/ Clarence Smith 11:30 - 12:30 Drive Thru Pick Up Meals Available 11:30 - 12:30 Lunch</p>	<p>19 TUESDAY 8:00 Breakfast Snack Cafe 10:45 am Yoga with Maryann 11:30 -12:30 Drive Thru Pick Up Meals Available 11:30-12:30 Lunch 12:00 <u>PRIZE BINGO!</u></p>	<p>20 WEDNESDAY 8:00 Breakfast Snack Café <u>9:30 GAME DAY!!</u> 11:30 -12:30 Drive Thru Pick Up Meals Available 11:30- 12:30 Lunch</p>	<p>21 THURSDAY 8:00 Breakfast Snack Cafe 9:30-11:30 <u>Memory Café</u> 10:45 Yoga w/Mary Ann 11:30-12:30 Lunch drive thru 11:30- 12:30 Lunch</p>	<p>22 FRIDAY 8:00 Breakfast Snack Cafe 9:30 English Dancing w/ Clarence Smith 12:30 am <u>Prize Bingo!</u> 11:30 - 12:30 Drive Thru Meals 11:30 - 12:30 Lunch</p>
<p>25 MONDAY 8:00 Breakfast Snack Cafe 10:45 am Yoga with MaryAnn 11:30 -12:30 Drive Thru Pick Up Meals Available 11:30-12:30 Lunch</p>	<p>26 TUESDAY 8:00 Breakfast Snack Cafe 10:45 am Yoga with MaryAnn 11:30 -12:30 Drive Thru Pick Up Meals Available 11:30-12:30 Lunch 12:00 <u>PRIZE BINGO</u></p>	<p>27 WEDNESDAY 8:00 Breakfast Snack Cafe 11:30 - 12:30 Drive Thru Pick Up Meals Available 11:30 - 12:30 Lunch <u>1:00 Trip to Walgreens, Post Office, Bank and Food Lion</u></p>	<p>28 THURSDAY 8:00 Breakfast Snack Cafe 9:30-11:30 <u>Memory Café</u> 10:45 am Yoga with Mary Ann - \$ 11:30 - 12:30 Lunch 12:30 <u>Ice Cream Social</u> <u>11:30 - 12:30 Drive Thru Pick Up Meals Available</u></p>	<p>29 FRIDAY 9:00 am <u>Breakfast Café</u> 10:00 am <u>Prize Bingo!</u> 11:30- 12:30 Drive Thru Meals 1:30 - 12:30 Lunch</p>

PLEASE JOIN US FOR OUR OPEN HOUSE ON THE 13TH 10:00 AM TO 6:00PM

