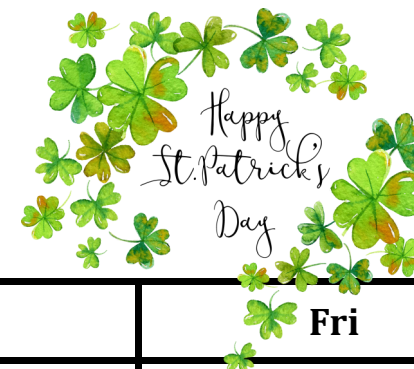



**Roxana CHEER Center**  
**34314 Pyle Center Road**  
**Frankford, DE 19945**  
**302.732.3662**

**MARCH**



Mon	Tue	Wed	Thu	Fri
<p><b>** Meals, Bus &amp; Bingo Are Donations</b></p> 		<p><b>1</b>  9:30 Morning Chat,  Snack and Socialize</p> <p>10:00 <b>Chair Yoga</b></p> <p>10:45 <b>"This is Us!" Group Chat</b></p> <p>11:30 Lunch \$</p> <p>12:00 Puzzles,  Games, Cards, Trivia  and/or Gnome-man</p>	<p><b>2</b>  9:30 Morning Chat,  Snack and Socialize</p> <p>10:30 <b>Ken's Corner</b></p> <p>11:30 <b>Lunch Out— Group Choice \$</b></p>	<p><b>3</b>  9:30 Morning Chat,  Snack and Socialize</p> <p>10:00 <b>Chair Dancing</b></p> <p>10:30 <b>Reading Club</b></p> <p>11:30 Lunch, \$</p> <p>12:15 Memory Café</p>
<p><b>6</b>  9:30 Morning Chat, Snack  and Socialize</p> <p>10:00 <b>Sit &amp; Fit Exercises</b></p> <p>10:45 <b>Weekend Update/ Current Events</b></p> <p>11:30 Lunch, \$</p> <p>12:15 <b>Reading Club</b></p> <p>1:00 <b>SHOPPING</b>  <b>Grocery, Bank, PO &amp;/or Drug Store</b></p>	<p><b>7</b>  9:30 Morning Chat,  Snack and Socialize</p> <p>10-11:30 <b>Bingo</b></p> <p>11:30 Lunch, \$</p> <p>12:00 <b>Walk about</b></p> <p>12:30 Arts &amp; Crafts</p>	<p><b>8</b>  9:30 Morning Chat,  Snack and Socialize</p> <p>10:00 <b>Chair Yoga</b></p> <p>10:45 <b>"This is Us!" Group Chat</b></p> <p>11:30 Lunch \$</p> <p>12:00 Puzzles,  Games, Cards, Trivia  and/or Gnome-man</p>	<p><b>9</b>  9:30 Morning Chat,  Snack and Socialize</p> <p>10:15AM <b>TRIP</b></p> <p><b>ACTS THRIFT STORE</b></p> <p>11:30 <b>Lunch Out— Group Choice \$</b></p>	<p><b>10</b>  9:30 Morning Chat,  Snack and Socialize</p> <p>10:00 <b>Chair Dancing</b></p> <p>10:30 <b>Reading Club</b></p> <p>11:30 Lunch, \$</p> <p>12:15 Memory Café</p>

Mon	Tue	Wed	Thu	Fri
<b>13</b> 9:30 Morning Chat, Snack and Socialize 10:00 <b>Sit &amp; Fit Exercises</b> 10:45 <b>Weekend Update/ Current Events</b> 11:30 Lunch, \$ 12:15 <b>Reading Club</b> 1:00 <b>SHOPPING</b> <i>Grocery, Bank, PO &amp;/or Drug Store</i>	<b>14</b> 9:30 Morning Chat, Snack and Socialize 10-11:30 <b>Bingo</b> 11:30 Lunch, \$ 12:00 <b>Walk about</b> 12:30 Arts & Crafts	<b>15</b> 9:30 –11:00 <b>**BB**</b> <b>BREAKFAST &amp; BINGO @ OV CHEER CTR.</b> 11:30 Lunch \$ @ RX 12:00 Puzzles, Games, Cards, Trivia and/or Gnome-man	<b>16</b> 9:30 Morning Chat, Snack and Socialize 10:15AM <b>TRIP DAY!</b> SUPER WALMART IN GEORGETOWN 12:00 <b>Lunch Out Group Choice \$</b>	<b>17</b> 9:30 Morning Chat, Snack and Socialize  <i><b>St. Patrick's Day Party w/Ken Huff Ventriloquist</b></i> 
<b>20</b> 9:30 Morning Chat, Snack and Socialize 10:00 <b>Sit &amp; Fit Exercises</b> 10:45 <b>Weekend Update/ Current Events</b> 11:30 Lunch, \$ 12:15 <b>Reading Club</b> 1:00 <b>SHOPPING</b> <i>Grocery, Bank, PO &amp;/or Drug Store</i>	<b>21</b> 9:30 Morning Chat, Snack and Socialize 10-11:30 <b>Bingo</b> 11:30 Lunch, \$ 12:00 <b>Walk about</b> 12:30 Arts & Crafts	<b>22</b>  <b>**TRIP DAY**</b> 10-11:30 <b>DELAWARE TECH</b> <b>"Treasures of the Sea" Exhibit.</b> 12:00 <b>Lunch Out Group Choice \$</b>	<b>23</b> 9:30 Morning Chat, Snack and Socialize 10:00 <b>Chair Yoga</b> 10:45 <b>"This is Us!" Group Chat</b> 11:30 Lunch \$ 12:00 Puzzles, Games, Cards, Trivia and/or Gnome-man	<b>24</b> 9:30 Morning Chat, Snack and Socialize 10:00 <b>Chair Dancing</b> 10:30 <b>Reading Club</b> 11:30 Lunch, \$ 12:15 <b>Memory Café</b>
<b>27</b> 9:30 Morning Chat, Snack and Socialize 10:00 <b>Sit &amp; Fit Exercises</b> 10:45 <b>Weekend Update/ Current Events</b> 11:30 Lunch, \$ 12:15 <b>Reading Club</b> 1:00 <b>SHOPPING</b> <i>Grocery, Bank, PO &amp;/or Drug Store</i>	<b>28</b> 9:30 Morning Chat, Snack and Socialize 10-11:30 <b>Bingo</b> 11:30 Lunch, \$ 12:00 <b>Walk about</b> 12:30 Arts & Crafts	<b>29</b> 9:30 Morning Chat, Snack and Socialize 10:00 <b>Chair Yoga</b> 10:45 <b>"This is Us!" Group Chat</b> 11:30 Lunch \$ 12:00 Puzzles, Games, Cards, Trivia and/or Gnome-man	<b>30</b> 9:30 Morning Chat, Snack and Socialize  <b>MARCH BIRTHDAY CELEBRATIONS</b> <b>PASTOR DAN &amp; BETSY Music Ministry</b> Lunch\$ <b>Ice Cream Social with Homemade Cupcakes</b>	<b>31</b> 9:30 Morning Chat, Snack and Socialize 10:00 <b>Chair Dancing</b> 10:30 <b>Reading Club</b> 11:30 Lunch, \$ 12:15 <b>Memory Café</b>