



Long Neck CHEER Center March 2023 Activities Calendar

302-945-3551 to reserve your spot for lunch and activities.



Monday

Tuesday

Wednesday

Thursday

Friday



6
8:00 Gym
8:00 Weight Watchers
11:30 Lunch
12:00 Knitting and Crocheting
12:30 Penny Bingo
1:30 Cards



Long Neck CHEER Center will be represented by
Nick Varrato –CHEER Board Member
and
Mark Schaeffer County Council District 3

1 Share a Smile Day
8:00 Gym
8:00 Breakfast
8:15 Texercise
9:00 Michigan Rummy
9:30 Bank, PO, and Drug-Store
9:45 New Scrabble Game
11:30 - Lunch
12:30 Prize Bingo
1:00 Bunco

2
7:30 Ruth Briggs-King Housing Survey
8:00 Gym
9:00 Zumba
10:15 Tai Chi
10:30 Ken's Corner
11:30 Lunch
12:30 Nickel Poker

3
8:00 Gym
8:15 Texercise
9:00 Quilting Club
10:00 Dollar Tree
11:30 Lunch
12:30 Penny Bingo



7
8:00 Gym
8:15 Texercise
9:00 Zumba
10:15 Tai Chi
11:30 Lunch
1:00 Mahjongg
1:00 Memory Café

8
8:00 Gym
8:00 Breakfast
8:15 Texercise
9:00 Michigan Rummy
9:30 Bank, PO, and Drug-Store
9:45 New Scrabble Game
10:30 Membership Board Meeting
11:30 Lunch
12:30 Prize Bingo
1:00 Bunco

9 Popcorn Lover's Day
8:00 Gym
9:00-Zumba
10:15 Tai Chi
11:00 Bible study
11:30 Lunch
12:30 Nickel Poker



10
8:00-Gym
8:15 Texercise
9:00 Quilting Club
10:00 Dollar Tree
11:30 Lunch
12:30 Penny Bingo

Daylight Saving Time goes Forward Sunday, March 12th

13
8:00 Gym
8:00 Weight Watchers
11:30 Lunch
12:00 Knitting & Crocheting
12:30 Penny Bingo
1:30 Cards



14
8:00 Gym
8:15 Texercise
9:00 Zumba
10:15 Tai Chi
11:30 Lunch
1:00 Mahjongg
1:00 Memory Café

15
8:00 Gym
8:00 Breakfast
8:15 Texercise
9:00 Michigan Rummy
9:30 Bank and PO, and Drug Store
9:45 New Scrabble Game
11:30 Lunch
12:30 Prize Bingo
1:00 Bunco

16
8:00 Gym
9:00 Zumba
10:15 Tai Chi
11:00 Stand By Me Financial Literacy
11:30 Lunch
12:30 Nickel Poker
1:00 Blind Sight Delaware

17
8:00 Gym
8:15 Texercise
9:00 Quilting Club
10:30 **St. Patrick's Day Celebration with "The BAYTONES"**
11:30 Lunch
12:30 Penny Bingo





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<div>20</div> <div>International Day of Happiness</div> <div>8:00 Gym 8:00 Weight Watchers 11:30 Lunch 12:00 Knitting and Crocheting 12:30 Penny Bingo 1:30 Cards</div>	<div>21</div> <div>8:00 Gym 8:15 Texercise 9:00 Zumba 10:15 Tai Chi 11:30 Lunch 1:00 Mahjongg 1:00 Memory Café</div>	<div>22</div> <div>8:00– Gym 8:00 Breakfast 8:15 Texercise 9:00 Michigan Rummy 9:30 Bank, PO and Drug Store 9:45 New Scrabble Game 11:30 Lunch 12:30 Nickel Poker 12:30 Prize Bingo</div>	<div>23</div> <div>8:00 Gym 9:00 Zumba 9:30 Trip to Byler’s Market Lunch at Cheddars 10:15 Tai Chi 11:30 Lunch 12:30 Nickel Poker</div>	<div>24</div> <div>8:00 Gym, 8:15 Texercise 9:00 Quilting Club 10:00 Dollar Tree 11:30 Lunch 12:30 Penny Bingo</div> <div></div>
<div>27</div> <div>8:00 Gym 8:00 Weight Watchers 11:30 Lunch 12:00 Knitting & Crocheting 12:30 Penny Bingo 1:30 Cards</div> <div></div>	<div>28</div> <div>8:00 Gym 8:15 Texercise 9:00 Zumba 10:15 Tai Chi 11:30 Lunch 1:00 Mahjongg 1:00 Memory Café</div>	<div>29 National Vietnam War Veterans Day</div> <div>8:00 Gym 8:00 Breakfast 8:15 Texercise 9:00 Michigan Rummy 9:30 Bank, PO and Drug Store 9:45 New Scrabble Game 11:30 Lunch 12:30 Nickel Poker 12:30 Prize Bingo</div>	<div>30</div> <div>8:00 Gym 9:00 Zumba 10:15 Tai Chi 11:00 Bible study 11:30 Lunch 12:30 Nickel poker</div>	<div>31</div> <div>8:00 Gym 8:15 Texercise 9:00 Quilting Club 10:00 Dollar Tree 10:15 Trip to DTCC Treasure of the Sea Exhibit 11:30 Lunch 12:30 Penny Bingo</div>
<div><div></div><div>Join Senator Brian Pettyjohn & Reps. Ruth Briggs King & Jeff Hilovsky for Coffee & Conversation</div></div> <div><div>Thursday, March 2nd 7:30 a.m. - 8:30 a.m. Long Neck CHEER Center <small>26089 Long Neck Road, Millsboro, DE 19966</small></div><div>The coffee will be their treat!</div></div>	<div><div></div><div><div>Please join the Long Neck CHEER on Friday, March 17, 2023 Starting at 10:30 For our annual</div><div>St. Patrick’s Day Celebration with “The BAYTONES”</div></div></div>			<div></div>