

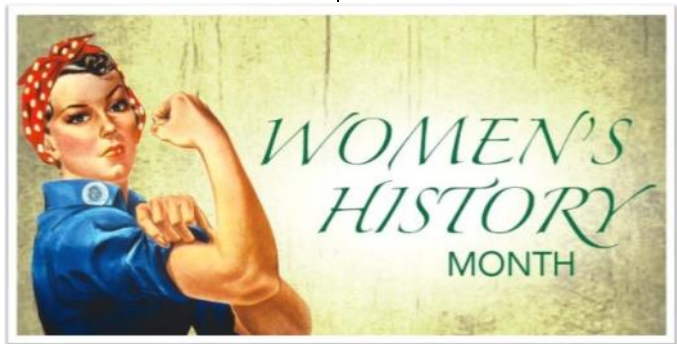





Harbour Lights CHEER Center

34211 Woods Edge Drive
Lewes, DE 19958 • 302.645.9239





March 2023



Monday	Tuesday	Wednesday	Thursday	Friday
		1 8:30 Center Opens 9:00 Catching up with Crissy 9:15 Memory Games 9:30 Chair Exercises 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo	2 Center Closed Visiting Long Neck CHEER Center 	3 8:30 Center Opens 9:00 Catching up with Crissy 9:15 Wordle 9:30 Sit and Be Fit 9:45 New Life Thrift Store 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo 1:00 Mahjongg
	6 8:30 Center Opens 9:00 HL Walking Club 9:00 Mahjongg 9:15 Memory Games 9:45 Wal-Mart and Dollar Tree 10:00 Sequence 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Crissy's Matinee "From Scratch"	7 Center Closed Visiting Long Neck CHEER Center 5:45-8:30 Orchestra Rehearsal 	8 8:30 Center Opens 9:00 Catching up with Crissy 9:30 Chair Exercises 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Defensive Driving Course	9 Center Closed Visiting Long Neck CHEER Center 

"This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities."



Monday	Tuesday	Wednesday	Thursday	Friday
<p>13 8:30 Center Opens 9:00 HL Walking Club 9:00 Mahjongg 9:15 Memory Games 9:45 Goodwill and Big Lots in Milford 10:00 Sequence 10:00 Skip Bo 11:00 Grab and Go 11:30 National Nutrition Month 11:30 Lunch 12:15 <i>Crissy's Matinee "From Scratch"</i></p>	<p>14 Center Closed Visiting Long Neck CHEER Center 5:45-8:30 Orchestra Rehearsal </p>	<p>15 8:30 Center Opens 9:00 Catching up with Crissy 9:15 Memory Games 9:30 Chair Exercises 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 10:15 Rubik's Race 11:00 Grab and Go 11:30 Lunch 12:15 <i>Crissy's Matinee "Shotgun Wedding"</i></p>	<p>16 Center Closed Visiting Long Neck CHEER Center</p>	<p>17 8:30 Center Opens 9:00 Catching up with Crissy 9:15 Memory Games 9:30 Sit and Be Fit 10:00 St. Patrick's Day Party 10:30 Entertainment Provided by DJ Sky Brady 11:00 Grab and Go 11:30 Lunch 12:00 Most Green Competition 12:15 Prize Bingo 1:00 Mahjongg</p> 
<p>20 8:30 Center Opens 9:00 HL Walking Club 9:00 Mahjongg 9:15 Memory Games 10:00 Treasures of the Sea Exhibit in Georgetown 10:00 Sequence 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 <i>Crissy's Matinee "From Scratch"</i></p>	<p>21 Center Closed Visiting Long Neck CHEER Center No Orchestra Rehearsal</p>	<p>22 8:30 Center Opens 9:00 Catching up with Crissy 9:15 Memory Games 9:30 Chair Exercises 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 10:15 Rubik's Race 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo</p>	<p>23 Center Closed Visiting Long Neck CHEER Center</p> 	<p>24 8:30 Center Opens 9:00 Catching up with Crissy 9:00 Breakfast Bash \$2 9:15 Wordle 9:30 Sit and Be Fit 10:00 Beebe Treasure Chest Thrift Shop 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo 1:00 Mahjongg</p>
<p>27 8:30 Center Opens 9:00 HL Walking Club 9:00 Mahjongg 9:15 Memory Games 10:00 Teen Challenge and Lunch at Smith's Restaurant (8) 10:00 Sequence 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 <i>Women's History Documentary Presentation</i></p> 	<p>28 Center Closed Visiting Long Neck CHEER Center No Orchestra Rehearsal</p>	<p>29 8:30 Center Opens 9:00 Catching up with Crissy 9:15 Memory Games 9:30 Chair Exercises 9:45 Grocery Store, Bank, Post Office, and Drug Store 10:00 Skip Bo 10:15 Rubik's Race 11:00 Grab and Go 11:30 Lunch 12:15 Nickel Bingo</p>	<p>30 Center Closed Visiting Long Neck CHEER Center</p>	<p>31 8:30 Center Opens 9:00 Catching up with Crissy 9:15 Wordle 9:30 Sit and Be Fit 9:45 All Saint's Parish Thrift Store 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:15 Prize Bingo 1:00 Mahjongg</p> 