




# MARCH



Monday		Tuesday		Wednesday		Thursday		Friday	
 <p><b>DELAWARE HEALTH AND SOCIAL SERVICES</b> Division of Services for Aging and Adults with Physical Disabilities</p> <p><i>"This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities."</i></p>				<p><b>1</b> Cheese Ravioli and Marinara Sautéed Zucchini Whole Wheat Roll/Bread Fresh Fruit Skim Milk</p>		<p><b>2</b> BBQ Chicken Baked Sweet Potato Wedges Steamed Broccoli Whole Wheat Roll/Bread Assorted Cookies Skim Milk</p>		<p><b>3</b> Corn Chowder Tuna Salad Sandwich on Wheat Cucumber Onion Sour Cream Mandarin Oranges Skim Milk</p>	
<p><b>6</b> Sloppy Joe on Bun Baked Sweet Potato Fries Cole Slaw Poached Pears Skim Milk</p>		<p><b>7</b> Chef Salad w/Turkey Corn Salad Whole Wheat Roll/Bread Strawberries w/Whipped Topping Skim Milk</p>		<p><b>8</b> Chicken Monterey Baked Potato w/Sour Cream Brussels Sprouts Cinnamon Applesauce Whole Wheat Roll/Bread Skim Milk</p>		<p><b>9</b> Sweet Sour Pork Steamed or Baked Rice California Vegetables Whole Wheat Roll/Bread Fresh Banana Skim Milk</p>		<p><b>10</b> Baked Cod w/Lemon Sauce Au Gratin Potatoes Collard Greens Whole Wheat Roll/Bread Pineapple Cubes Skim Milk</p>	
<p><b>13</b> Salisbury Steak Mashed Potatoes Peas Whole Wheat Roll/Bread Boston Cream Pie Skim Milk</p>		<p><b>14</b> Chicken and Pasta Alfredo Steamed Broccoli Whole Wheat Roll/Bread Fresh Fruit Skim Milk</p>		<p><b>15</b> BBQ Meatballs Sweet Potato Halves Vegetable Whole Wheat Roll/Bread Fruit Mix Skim Milk</p>		<p><b>16</b> Chicken Gumbo Soup Whole Kernel Corn Cornbread Pudding Skim Milk</p>		<p><b>17</b> Oven Fried Tilapia Macaroni and Cheese Stewed Tomatoes Ambrosia Deluxe Whole Wheat Roll/Bread Skim Milk</p>	
<p><b>20</b> Spaghetti w/Meat Sauce Italian Vegetables Whole Wheat Roll/Bread Orange Sherbet Skim Milk</p>		<p><b>21</b> Grilled Lemon Pepper Fish Brown Rice Pilaf Spinach Whole Wheat Roll/Bread Fresh Fruit Skim Milk</p>		<p><b>22</b> Shepherd's Pie Steamed Capri Vegetable Blend Whole Wheat Roll/Bread Caramel Peach Crisp Skim Milk</p>		<p><b>23</b> Chicken Cacciatore Penne Pasta French Style Green Beans Whole Wheat Roll/Bread Cinnamon Pears Skim Milk</p>		<p><b>24</b> Chicken Rice Soup Egg Salad Sandwich Pickled Beets Rice Crisp Bar Skim Milk</p>	
<p><b>27</b> Sweet and Sour Chicken Steamed or Baked Rice Peas Whole Wheat Roll/Bread Raspberry Peaches Skim Milk</p>		<p><b>28</b> Stuffed Cabbage Garlic Mashed Potatoes California Vegetables Whole Wheat Roll/Bread Apricots Skim Milk</p>		<p><b>29</b> Stuffed Pasta Shells Italian Vegetables Whole Wheat Roll/Bread Peaches Skim Milk</p>		<p><b>30</b> Pulled Pork Fried Baked Potato Wedges Confetti Cole Slaw Applesauce Whole Wheat Roll Skim Milk</p>		<p><b>31</b> Beef Vegetable Soup Chicken Caesar Salad Whole Wheat Roll/Bread Assorted Cookies Skim Milk</p>	