





# MILTON CHEER Activity Center

## September 2022

MON	TUE	WED	THU	FRI
			<p><b>1</b>  8:00 <a href="#">Fitness Center Open</a>  8:00 Breakfast Snack Café  9:30-11:30 <a href="#">Memory Café</a>  10:30 <a href="#">Ken's Corner Virtual</a>  10:45 <a href="#">Yoga w/Mary Ann \$</a>  11:00 <a href="#">Kathleen Rupert - Free Financial Counseling</a>  11:00 - 12:00 Drive Thru  Pick Up Meals Available  11:00-12:15 Lunch  1:00 <a href="#">Mahjong</a></p>	<p><b>2</b>  <b><u>Closed!</u></b>    <b><u>Trap Pond Festival</u></b></p>
<p><b>5</b>  <b>Center Closed !!!!</b></p> 	<p><b>6</b>  8:00 <a href="#">Fitness Center Open</a>  8:00 Breakfast Snack Café  9:30 Membership Meeting  10:45 <a href="#">Yoga with Mary Ann\$</a>  11:00 - 12:00 Drive Thru Meals  11:00-12:15 Lunch  12:00 <a href="#">PRIZE BINGO!</a>  1:00 <a href="#">Board Games with MaryAnn!</a></p>	<p><b>7</b>  8:00 <a href="#">Fitness Center Open</a>  8:00 Breakfast Snack Café  10:00 <a href="#">Bridge Group</a>  10:00 <a href="#">Mr GoodWood—entertainment</a>  11:00 - 12:00 Drive Thru  Pick Up Meals Available  11:00 - 12:15 Lunch  12:00 <a href="#">Bible Study Fr. Vern</a>  1:00 <a href="#">Trip to Walgreens, Post Office, Bank and Food Lion</a></p>	<p><b>8</b>  8:00 <a href="#">Fitness Center Open</a>  8:00 Breakfast Snack Café  8:00 <a href="#">Trip to Georgetown CHEER</a>  9:30-11:30 <a href="#">Memory Café</a>  10:45 <a href="#">Yoga w/Mary Ann \$</a>  11:00 - 12:00 Drive Thru  Pick Up Meals Available  11:00-12:15 Lunch  12:00 <a href="#">Board Games</a>  12:30 <a href="#">Let's Play Cornhole!</a></p>	<p><b>9</b>  8:00 <a href="#">Fitness Center Open</a>  9:00 am <a href="#">Breakfast Café</a>  10:00 am <a href="#">PRIZE BINGO!</a>  10:00-12:00 <a href="#">LaRed Covid Vaccine Clinic- appt required</a>  11:00 - 12:00 Drive Thru  Pick Up Meals Available  11:00 - 12:15 Lunch  12:00 <a href="#">Train your brain- Carol Pollio</a>  12:30 <a href="#">Let's Play Cornhole!</a></p>
<p><b>12</b>  8:00 <a href="#">Fitness Center Open</a>  8:00 Breakfast Snack Café  8:15 am <a href="#">Dance Toning and Core with Henri At Center &amp; Zoom \$</a>  10:00 <a href="#">Senior Support Group</a>  11:00 - 12:00 Drive Thru  Pick Up Meals Available  11:00 - 12:15 Lunch  11:30 <a href="#">AmeriHealth Speaker</a>  12:00 <a href="#">Crafts</a>  1:00 <a href="#">"Learn Pickleball" Court Open!</a></p>	<p><b>13</b>  8:00 <a href="#">Fitness Center Open</a>  8:00 Breakfast Snack Café  10:30 <a href="#">Smart 911 presentation</a>  10:45 <a href="#">Yoga with Mary Ann\$</a>  11:00 - 12:00 Drive Thru Meals  11:00-12:15 Lunch  12:00 <a href="#">PRIZE BINGO!</a>  1:00 <a href="#">Board Games with MaryAnn!</a></p>	<p><b>14</b>  8:00 <a href="#">Fitness Center Open</a>  8:00 Breakfast Snack Café  9:30 Chair Exercise  10:00 <a href="#">Bridge Group</a>  11:00 - 12:00 Drive Thru  Pick Up Meals Available  11:00 - 12:15 Lunch  12:00 <a href="#">Bible Study Fr. Vern</a>  1:00 <a href="#">Trip to Walgreens, Post Office, Bank and Food Lion</a></p>	<p><b>15</b>  8:00 <a href="#">Fitness Center Open</a>  8:00 Breakfast Snack Café  8:00 <a href="#">Trip to Parson's Farms</a>  9:30-11:30 <a href="#">Memory Café</a>  10:45 <a href="#">Yoga w/Mary Ann \$</a>  Pick Up Meals Available  11:00-12:15 Lunch  12:00 <a href="#">Board Games</a>  12:30 <a href="#">Let's Play Cornhole!</a>  1:00 <a href="#">Mahjong</a></p>	<p><b>16</b>  8:00 <a href="#">Fitness Center Open</a>  9:00 am <a href="#">Breakfast Café</a>  10:00 am <a href="#">PRIZE BINGO!</a>  10:00-12:00 <a href="#">LaRed Covid Vaccine Clinic- appt required</a>  11:00 - 12:00 Drive Thru Pick Up Meals Available  11:00 - 12:15 Lunch  12:30 <a href="#">Let's Play Cornhole!</a></p>

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<p><b>19</b>            8:00 <a href="#">Fitness Center Open</a>            8:00 Breakfast Snack Café            8:00 <a href="#">Picnic at the Milton Park</a>            8:15 <a href="#">Dance-Toning-Core w/ Henri \$</a>  <b>10:00 Movie Day</b>            11:00 - 12:00 Drive Thru Meals            11:00 - 12:15 Lunch            11:30 <a href="#">Trivia!!</a>            1:00 <a href="#">"Learn Pickleball" Court Open!</a></p>	<p><b>20</b>            8:00 <a href="#">Fitness Center Open</a>            8:00 Breakfast Snack Café            10:00 –11 <a href="#">Positive Music</a> Time            10:45 <a href="#">Yoga w/Mary Ann \$</a>            11:00-12:15 Lunch/ Ice Cream Social            12:30 <a href="#">PRIZE BINGO!</a>            1:00 <a href="#">Board Games w/MaryAnn!</a>            1:00 <a href="#">Drop in Knitting Class</a></p>	<p><b>21</b>            8:00 <a href="#">Fitness Center Open</a>            8:00 Breakfast Snack Café            9:30 Chair Exercise            10:00 <a href="#">Bridge Group</a>            11:00 - 12:00 Drive Thru Pick Up Meals Available            11:00 - 12:15 Lunch            12:00 <a href="#">Bible Study w/Fr Vern</a>            1:00 <a href="#">Pickleball Court Open! Call Center for Info</a></p>	<p><b>22</b>            8:00 <a href="#">Fitness Center Open</a>            8:00 Breakfast Snack Café            9:30-11:30 <a href="#">Memory Café</a>            10:45 <a href="#">Yoga w/Mary Ann \$</a>            11:00 - 12:00 Drive Thru Pick Up Meals Available            11:00-12:15 Lunch            12:00 <a href="#">Games</a>            12:30 <a href="#">Let's Play Cornhole!</a></p>	<p><b>23</b>            8:00 <a href="#">Fitness Center Open</a>            9:00 am <a href="#">Breakfast Café</a>            10:00 am <a href="#">PRIZE BINGO!</a>            10:00-12:00 <a href="#">LaRed Covid Vaccine Clinic- appt required</a>            11:00 - 12:00 Drive Thru Pick Up Meals Available            11:00 - 12:15 Lunch            12:30 <a href="#">Let's Play Cornhole!</a></p>
<p><b>26</b>            8:00 <a href="#">Fitness Center Open</a>            8:00 Breakfast Snack Café            8:15 <a href="#">Dance Toning and Core with Henri At Center &amp; Zoom \$</a>  <b>10:00 Movie Day !</b>            11:00 - 12:00 Drive Thru Meals            11:00 - 12:15 Lunch            11:30 <a href="#">Trivia!!</a>            1:00 <a href="#">" Learn Pickleball Court Open!</a></p>	<p><b>27</b>            8:00 <a href="#">Fitness Center Open</a>            8:00 Breakfast Snack Café            8:00 <a href="#">Trip to Greenwood CHEER</a>            10:45 <a href="#">Yoga with Mary Ann \$</a>            11:00-12:15 Lunch            12:00 TRIVIA            1:00 <a href="#">Games with Mary Ann!</a>            4:00 <a href="#">Dinner and Prize Bingo</a></p>	<p><b>28</b>            8:00 <a href="#">Fitness Center Open</a>            8:00 Breakfast Snack Café            9:30 Chair Exercise            10:00 <a href="#">Bridge Group</a>            11:00 - 12:00 Drive Thru Pick Up Meals Available            11:00 - 12:15 Lunch            12:00 <a href="#">Bible Study w/Fr Vern</a>            1:00 <a href="#">Pickleball Court Open! Call Center for Info</a></p>	<p><b>29</b>            8:00 <a href="#">Fitness Center Open</a>            8:00 Breakfast Snack Café            9:30-11:30 <a href="#">Memory Café</a>            10:45 <a href="#">Yoga w/Mary Ann \$</a>            11:00 - 12:00 Drive Thru Pick Up Meals Available            11:00-12:15 Lunch            12:00 <a href="#">Games</a>            12:30 <a href="#">Let's Play Cornhole!</a>            1:00 <a href="#">Mahjong Play</a></p>	<p><b>30</b>            8:00 <a href="#">Fitness Center Open</a>            9:00 am <a href="#">Breakfast Café</a>            10:00 am <a href="#">PRIZE BINGO!</a>            10:00-12:00 <a href="#">LaRed Covid Vaccine Clinic- appt required</a>            11:00 - 12:00 Drive Thru Pick Up Meals Available            11:00 - 12:15 Lunch            12:00 <a href="#">September's Birthday Party</a>            12:30 <a href="#">Let's Play Cornhole!</a></p>



**MILTON CHEER CENTER**  
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 MILTON DE  
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 Check out our FB Page!

