



# Harbour Lights CHEER Center


34211 Woods Edge Drive  
Lewes, DE 19958 • 302.645.9239

## August 2022



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>8:30 Center Opens 9:00 HL Walking Club <b>9:00 Mahjongg</b> 9:15 Memory Games <b>9:45 and That! And Aldi's</b> 9:45 Corn Hole 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch <b>12:30 Crissy's Matinee</b> <i>"Father of the Bride"</i></p>	<p>2</p> <p><b>Center Closed</b></p> <p><b>9:30 Visiting Milton CHEER Center</b></p> <p><b>No Orchestra Rehearsal</b></p>	<p>3</p> <p>8:30 Center Opens 9:00 Catching up with Crissy 9:30 Chair Exercises <b>9:45 Grocery Store, Bank, Post Office, and Drug Store</b> 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Tech Hour With Crissy 12:30 Corn Hole</p>	<p>4</p> <p><b>Center Closed</b></p> <p><b>Visiting Milton CHEER Center</b></p> <p><b>9:30 Memory Café</b> <b>11:30 Lunch</b></p>	<p>5</p> <p>8:30 Center Opens 9:00 Catching up with Crissy 9:30 Sit and Be Fit <b>9:45 New Life Thrift Store</b> 10:00 Skip Bo 10:30 Brain Teasers 11:00 Grab and Go 11:30 Lunch 12:30 Prize Bingo</p>
<p>8</p> <p>8:30 Center Opens 9:00 HL Walking Club <b>9:00 Mahjongg</b> 9:15 Memory Games <b>9:45 Genny Gems</b> 9:45 Corn Hole 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch <b>12:30 Cooking with Crissy</b></p>	<p>9</p> <p><b>Center Closed</b></p> <p><b>9:30 Visiting Milton CHEER Center</b></p> <p><b>No Orchestra Rehearsal</b></p>	<p>10</p> <p>8:30 Center Opens 9:00 Catching up with Crissy 9:30 Chair Exercises <b>9:45 Grocery Store, Bank, Post Office, and Drug Store</b> 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Tech Hour With Crissy <b>12:30 Crissy's Matinee "A Journal for Jordan"</b></p>	<p>11</p> <p><b>Center Closed</b></p> <p><b>Visiting Milton CHEER Center</b></p> <p><b>9:30 Memory Café</b> <b>11:30 Lunch</b></p>	<p>12</p> <p>8:30 Center Opens 9:00 Catching up with Crissy 9:00 \$tand by Me <b>9:45 Wal-Mart &amp; Dollar Tree</b> 9:30 Sit and Be Fit 11:00 Grab and Go 11:30 Lunch 12:00 Root Beer Floats \$1.00 12:30 Prize Bingo</p>



Monday	Tuesday	Wednesday	Thursday	Friday
<p>15 8:30 Center Opens 9:00 HL Walking Club <b>9:00 Mahjongg</b> 9:15 Memory Games <b>9:30 Save-A-Lot and Family Dollar in Millsboro</b> 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch <b>12:30 Crissy's Matinee "Persuasion"</b></p>	<p>16 <b>Center Closed</b>  <b>9:30 Visiting Milton CHEER Center</b>  <b>5-8:30 Orchestra Rehearsal</b></p>	<p>17 8:30 Center Opens 9:00 Catching up with Crissy 9:15 Memory Games 9:30 Chair Exercises <b>9:45 Grocery Store, Bank, Post Office, and Drug Store</b> 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch <b>12:00 Ice Cream at Hopkins Farm</b> 12:30 Corn Hole</p>	<p>18 <b>Center Closed</b>  <b>Visiting Milton CHEER Center</b>  <b>9:30 Memory Café</b> <b>11:30 Lunch</b></p>	<p>19 8:30 Center Opens 9:00 Catching up with Crissy 9:15 Memory Games 9:30 Sit and Be Fit 9:30 Skip Bo <b>9:45 and That! and Aldi's</b> 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Prize Bingo</p>
<p>22 8:30 Center Opens 9:00 HL Walking Club <b>9:00 Mahjongg</b> 9:15 Memory Games <b>9:30 Roses &amp; Goodwill</b> 9:45 Corn Hole 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Cornhole</p>	<p>23 <b>Center Closed</b>  <b>9:30 Visiting Milton CHEER Center</b>  <b>5-8:30 Orchestra Rehearsal</b></p>	<p>24 8:30 Center Opens 9:00 Catching up with Crissy 9:15 Memory Games 9:30 Chair Exercises <b>9:45 Grocery Store, Bank, Post Office, and Drug Store</b> 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:00 <b>Crissy's Matinee "Something's Gotta Give"</b></p>	<p>25 <b>Center Closed</b>  <b>Visiting Milton CHEER Center</b>  <b>9:30 Memory Café</b> <b>11:30 Lunch</b></p>	<p>26 8:30 Center Opens 9:00 Catching up with Crissy <b>9:00 Breakfast Bash</b> 9:15 Memory Games 9:30 Sit and Be Fit 9:30 Skip Bo <b>9:30 Wal-Mart &amp; Dollar Tree</b> 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Prize Bingo</p>
<p>29 8:30 Center Opens 9:00 HL Walking Club <b>9:00 Mahjongg</b> 9:15 Memory Games <b>9:30 Milton Family Dollar and Food Lion</b> 9:45 Corn Hole 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch <b>12:00 Trivia</b></p>	<p>30 <b>Center Closed</b>  <b>9:30 Visiting Milton CHEER Center</b>  <b>5-8:30 Orchestra Rehearsal</b></p>	<p>31 8:30 Center Opens 9:00 Catching up with Crissy 9:15 Memory Games 9:30 Chair Exercises <b>9:45 Grocery Store, Bank, Post Office, and Drug Store</b> 10:00 Skip Bo 11:00 Grab and Go 11:30 Lunch 12:30 Tech Hour With Crissy 12:30 Corn Hole</p>		

**"This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities."**